

etCetera

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Self-taught novice finds identity in art

By Beth Kaufmann

Rosalyn Dias, 24, didn't take her artistic capabilities seriously until she was 15. Even at that age, she said, it was "more therapeutic than anything else."

"It was actually my mother who discovered my ability in first grade. She's been pushing me ever since," Dias said.

Although Dias said she doesn't know where her ideas for projects come from now, she said that going to Europe in 1974 was "the first big step. There's an enormous amount of information there," she said.

In 1976, Dias designed two sets of stained glass windows for Barbra Streisand. Dias said that Streisand was pleased with the

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ROSALYN DIAS

Photo by Marty Tristan



ROSALYN DIAS

Print-making is her focus

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seven windows but probably felt she could take advantage of the young artist by paying her at just above production cost.

"I really don't respect her that much," she said of Streisand. "She's really stingy with her money."

Dias said she has "more or less given up stained glass because of the expense. It is more strongly a craft and takes a lot of work," she said.

A Nordan Fine Arts scholar in her second year at TCU, Dias has been pleased with the art education she has received here so far.

"The professors let you grow in your own direction. They instruct and guide you, yet take each student individually," she said.

Of the Moudy Building, Dias said that she has not seen anything lacking. "It's the best."

Dias added, however, that "it's the teaching and your peer group," not just its facilities, that determine the quality of an art department.

Although accomplished in many areas, including drawing, mask-making and stained glass, Dias has concentrated on print-making while at TCU. "In print-making, there is a lot of technique involved. You use your drawing skills and color ideas," she said, adding that it is the most lucrative art medium to be in right now.

Although a wife, mother and employee, Dias has found that fitting in the extra classes required for her degree causes her biggest time conflict. She plans to attend

graduate school and would eventually like to teach art at the college level.

Dias said that she enjoys living in Fort Worth. Compared with where she was raised in Southern California, she said, she thinks that the Fort Worth area is "a lot slower, more genuine. People in California are much more flighty."

Dias is especially fond of the Hip Pocket Theatre, where she has sculpted masks for a number of productions. "It incorporates artists from all different kinds of media," she said.

The "self-taught novice" said that art has been her life. "I couldn't live without that whole creative process," she said. "I need to do it. As with any artist, it's an identity."

Skinny Haven - refuge for dieters

By Lola Howle

The Skinny Haven Restaurant on Camp Bowie Boulevard delivers much more than its name suggests.

The restaurant, situated near Swensen's and the Ridglea Theater, conjured pictures of a dimly lit refuge for calorie-conscious dieters who could enjoy their low-calorie meals together and avoid watching others dining on fattening meals.

Instead, the tan and green tones and brass ceiling fans of the airy new restaurant create a comfortable atmosphere. Green plants hung against honey-colored wood are not for embarrassed dieters with their tiny salad bowls to hide behind.

Food portions are large but disappear quickly. The dishes are tasty and filling.

Some even look conspicuously like junk food.

Skinny Haven, which specializes in healthy, low-calorie dishes, had its grand opening Thursday.

Bill Schaad, owner of Skinny Haven, said he heard of the restaurant in California.

"I had a good friend, a doctor, and all he talked about was 'Skinny Haven, Skinny Haven.' He wanted me to try it, but I was turned off by the health food aspect of it," Schaad said. "When I did try it, I was amazed at the different kinds of food and the ice cream."

Last March, Schaad began Skinny Haven operations for the Texas area. There are 24 Skinny Haven operations around the country, but the restaurant originated in Anaheim, Calif.

Schaad said he hopes the restaurant is not mistaken for one of the radical health food fad shops associated with Southern California.

"This is not a health food restaurant; it shouldn't be confused with those," Schaad said. "We just have healthy food."

Skinny Haven advertises low-calorie, great tasting, healthy food that is never deep-fried. For those who hear that and picture cold, all-vegetarian dishes with bean sprouts for dessert, Skinny Haven's menu will be a pleasant surprise.

Manicotti is one of the most popular items on the menu, Schaad said. Skinny Haven's ice cream-type dessert, the Skinny Delicious, takes a close second.

This dessert tastes much like frozen yogurt. The difference is that one-ounce servings of yogurt or ice cream contain about 60

calories each, while the Skinny Delicious has 20.

Only a hearty eater could sample everything from the restaurant's salad bar. Fresh fruits such as melon, cantaloupe, strawberries and watermelon are among the salad ingredients. Patrons top their salads with a choice of five dressings, bacon bits, sunflower seeds and raisins.

Another surprise at Skinny Haven is its chili. The word *healthy* seldom appears in a description of a good chili, but the Skinny Haven chili is all-natural and low fat.

It won second place in a California chili cookoff, Schaad said.

Making it even harder to remember that Skinny Haven is a restaurant of low-calories foods, other items on the menu are taco salad, quiche, pizza, enchiladas, beef strips in barbecue sauce, pocket sandwiches, hot fudge cake, pie and huge floats.

"This is one of the few places you can eat a big meal with a dessert as well and not feel guilty," Schaad said.

A store section in front of the restaurant sells frozen dessert, Weight-Watcher products and frozen take-out Skinny Haven meals.

The restaurant hours are 11 a.m. to 10 p.m. seven days a week.



Photo by Fred Bartz

HAVEN EMPLOYEES - New employees at Skinny Haven are briefed before the restaurant's grand opening.

Gerard Cote, district manager for Skinny Haven Restaurants, is giving the instructions.

Californian's traditions travel to Texas

Prof offers happy office hours

By Sharon Metroka

Not included in one TCU philosophy teacher's syllabus are his "happy office hours" held at a local tavern on Friday afternoons.

Richard Galvin, visiting assistant professor, brought his idea of extra office hours to TCU this fall when he took a job with the university.

"I have regularly scheduled office hours just like any other prof," Galvin said. He holds regular hours three days a week or by appointment.

Galvin, 29, who did his graduate studies at the University of California at Santa Barbara, began holding his "happy office hours" so his students could get to know each other.

"What happened was, when I was at the University of California, I decided that since I was usually going to head over to our campus pub every Friday afternoon and have a beer ... I would just let my students know they could always find me there," he said.

While teaching at UCSB, Galvin said, his smallest class would be about 200 students. Students would come to his office and recognize each other and find out later they had several classes together.

"This is ridiculous; education is becoming too impersonal," Galvin said. "Generally



Photos by Phillip Mosier

what happens (at the extra office hours) is people get to know each other."

Galvin is also interested in getting the students to think. He tells the students that "they have views on all of these topics, whether they want to admit it or not."

Galvin said that the courses he teaches should be of interest to anybody and are not irrelevant to their lives.

"My job as a teacher ... is to be able to relay that to the student," he said.

Galvin's specialty is ethics. He uses applied ethics in his classes, but his dissertation includes more than ethics—specifically the philosophy of actions.

Philosophy of actions deals with what it means to perform an action and how we can identify actions to individuate them. "A good part of my dissertation is trying to argue that your views on action theory influence your views on ethical theory, whether you like it or not," he said.

Galvin decided on philosophy as a career while he was an undergraduate at Macalester College in St. Paul, Minn. After taking an introductory course in logic, he said, he was hooked.

"Everybody else always looks at you a little bit crazy when you tell them that you're interested in philosophy," he said. "I tell everyone I'm a philosopher."

Most people have no idea what philosophers do, and they don't realize there are different kinds of philosophers, Galvin said. Philosophy is not all speculative—there are logicians, philosophers of science and philosophers of economics.

"People do lots of different things—very rigorous thinking, very controlled, very disciplined ... technical stuff."

Galvin was attracted to TCU by its philosophy department. "I find the people in my department to be a pretty unique set of individuals," he said. The professors see teaching as a responsibility, and they are active, he said.

"They publish in journals and they go to conferences. We talk about philosophy," Galvin said. "These guys are in it because they like it, and that I found to be a really rare combination. That doesn't happen very often."



RICHARD GALVIN

Professors in the philosophy department are excellent teachers, he said. The teachers have their own way of doing things and their own personality, but, Galvin said, he would swear by any of them.

The students are fortunate to have such a diverse department, he said.

The students of TCU seem much better motivated than the students at UCSB, he said. UCSB is a good school, but TCU has a good atmosphere, which makes a difference, he said.

Galvin found a difference between people in Fort Worth and people in Santa Barbara. "People are less obsessed with being hip here than they were ... in Santa Barbara."

Fort Worth is also more affordable, he said, and Texans drink more beer than Californians, because of the heat.

"The people (in Texas) are friendly," he said.

Outside of the classroom, Galvin is a musician and an athlete. He plays guitar, piano and bass and writes songs. "I've been known to perform on occasions," he said.

Galvin runs daily, but he said he has found it difficult to choose a specific time to run because of the Texas heat. He also likes baseball.

Galvin lived in New York for 19 years, until he left for college. He left partly because he was tired of the urbanization.

Student Life responsible for serving students

By Beth Kaufmann

"We are here to serve you," is how Dean of Students Libby Proffer defined her role in the TCU Student Life Office.

Student Life encompasses all those areas outside the formal academic program, from residential living to student activities to the counseling center, said Proffer, whose office is on the first floor of Sadler Hall. She serves as top administrator over all of these areas.

Proffer said she thinks problems should be handled at the "lowest possible levels." When a student circumvents the structure of Student Life and goes immediately to the top, "We get more work than we want to do."

"We do a lot of what we call 'problem counseling,'" Proffer said. "We work to solve the immediate problem."

After that, referrals are made to the appropriate office for continued assistance, like the counseling center, for example.

"I feel that we are pretty successful in dealing with the problems that we see," Proffer said. "We work together to help students achieve what they can in a responsible manner."

Vaughan Braden, past president of the Student House of Representatives, said, "Libby commands the respect of students as a disciplinarian and because of who she is."

"Probably the hardest problems we deal with are the deaths of

young people," Proffer said. She said this was especially true with students who are killed in accidents.

Proffer also said that a "fair number of suicide gestures" have to be dealt with.

Aside from these "emotionally draining" problems, Proffer said that the office deals with a number of "vexing" problems, including roommate quarrels, students who will not pay their bills, boyfriends who beat their girlfriends and students with alcohol problems.

Another important responsibility of the Student Life Office is the "safety and security of the campus," Proffer said. Along with cases of a "severe disciplinary nature," this area is handled by Assistant Dean of Student Life

Buck Beneze.

Such "severe" cases, Beneze said, include those dealing with thefts, burglaries, narcotics, assaults, alcohol and visitation problems that are referred from housing.

Students are often referred to Beneze's office as an attention-getting device. "It's kind of like sending someone to the principal's office," he said.

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Susan Bridges, Editor
Mari Rapela, Assistant

Tucker's pet missed but replaced

By Kelli Bolf

Baylor University has its live bear. The University of Houston has its live cougar. SMU has its live mustang.

And now, once again, TCU has a real live horned frog.

It was a sad occasion when Miss Froggy, Chancellor Bill Tucker's office pet, died.

"We called the doctor when we saw she was ailing," said Toni Newton, administrative assistant to Tucker.

Gary Ferguson, chairman of the pre-med program, came over to look at her and brought her some "vitamin powder," Newton said. Newton said she called Ferguson

because the horned frog was in the biology department's "jurisdiction."

Ferguson had kept Miss Froggy all winter in special quarters and said that she had withstood the winter better than most horned frogs.

The late Miss Froggy was housed in Tucker's office, Newton said, and was fed by Jack Cobb and Dale Worthington, who work at TCU's physical plant.

Beth DeMarco, secretary of the biology department, said she frequently brought Miss Froggy "baby crickets covered with vitamin powder."

Newton said she was in touch with the biology department every

week to report on the frog's condition.

But, alas, a couple of days after Ferguson made his emergency visit, Miss Froggy died.

Newton could not remember the exact date but said that it must have been the "middle of the summer."

Ferguson said the death could have been caused by "old age or some disease."

But as time passes, traditions are passed to younger generations, and so a new frog has replaced Miss Froggy.

"The new horned frog was discovered in a TCU student's back yard and was then brought to us," said Darla Smith, a staff member of the biology department.

Ferguson then arranged the current home of the horned frog: the office of Student House of Representatives President Eddie Weller. The frog's aquarium-like container has been placed in the window of Weller's office so students can view their mascot.

Unless, of course, he is completely buried in the sand, which he often is.

Matt Fels, House secretary, said the new horned frog eats between 100 and 300 ants a day. "Anybody

can bring by ants for the frog," Fels said. "We get some of them ourselves from the mall area between Sadler and Reed." All ants are covered in vitamin powder before they are fed to the frog.

There aren't more horned frogs around TCU because chemical sprays were developed to kill harvester ants, the horned frogs' main food supply. Urbanization also hurt horned frogs because their homes were destroyed.

Another problem was that in the 1950s and 1960s many Texas highway workers sold horned frogs as Texas souvenirs. Most of the frogs did not live because they were taken out of their natural environment.

In 1967, Texas began protecting the horned frog. People cannot have individual ownership of a frog or keep him in captivity.

But TCU's new horned frog is not illegal. "Through my permit, TCU has permission to have one," Ferguson said.

But the new frog doesn't have a name. After the sex of the frog is determined, a contest will probably be held to select a name, Fels said.

In the mean time, horned frog, welcome home!



TCU'S NEW MASCOT

events etc.

Monday 20

Brown Bag noon, Student Center Lounge
Interview Tapes 1:15 p.m., Student Center Lounge
United Way Steering Committee 2 p.m., Student Center Room 205&6
Panhellenic 3:30 p.m., Student Center Room 222
IFC 3:30 p.m., Student Center Room 220
Campus Crusade 8:30 p.m., Student Center Room 205&6

Tuesday 21

Time Management 8 a.m., Student Center Room 207&9
Brite Chapel 11 a.m., Robert Carr Chapel
United Way 11:30 a.m., Student Center Room 214
Time Management noon, Student Center Ballroom
TCU Tarrant Co. Campaign noon, Student Center Room 208
Washington Interns 2:30 p.m., Student Center Room 218
Parent's Weekend 3:30 p.m., Student Center Room 204
Creative Programming 4:30 p.m., Student Center Room 215
House 5 p.m., Student Center Room 222
Angel Flight 5:30 p.m., Student Center Room 203
Spirit Wranglers 6 p.m., Student Center Room 207&9
Campus Chest 6:30 p.m., Student Center Room 202
Alpha Phi Alpha 7 p.m., Student Center Room 205&6
"Vaniities" 8 p.m., University Theater

Wednesday 22

Faculty Pictures 11:30 a.m., Student Center Room 218
University Chapel noon, Robert Carr Chapel
Lunch 12:30 p.m., Wesley Foundation
Study Skills 2:30 p.m., Student Center Room 203
Programming Council 5 p.m., Student Center Room 211
Bryson Club 5 p.m., Student Center Rooms 215&218
Student Foundation 5:30 p.m., Student Center Room 222
Canterbury worship, dinner, program 5:30 p.m., Trinity Episcopal Church
Catholic Community dinner and program, 5:30 p.m., Wesley Foundation
Circle K 6 p.m., Student Center Room 205&6
ICTHUS 7 p.m., Student Center Room 207&9

Thursday 23

Hispanic Students 4 p.m., Student Center Room 203
Arnold Air Society 4:30 p.m., Student Center Room 205&6
Angel Flight 5:30 p.m., Student Center Room 207&9
Tau Beta Sigma 6:45 p.m., Student Center Room 203
Church of Christ 7:30 p.m., Student Center Room 202
Kappa Alpha Psi 7:30 p.m., Student Center Room 216
Lutheran Ministries 8 p.m., Student Center Room 204

Friday 24

Student Life Staff 8:30 a.m., Student Center Room 214
Alumni 2 p.m., Student Center Room 202
Free Supper 5:45 p.m., Wesley Foundation
BSU Friday Night Club 5:45 p.m., Student Center Lounge
Film "On Golden Pond," Student Center Ballroom
DSF Fellowship 7 p.m., University Christian Church
Cornerstone 7 p.m., Student Center Room 205&6

Saturday 25

Epilepsy Association 9 a.m., Student Center Room 205&6
Alpha Kappa Alpha 11 a.m., Student Center Room 207&9
Film "The Fox and the Hound," Student Center Ballroom

Sunday 26

Angel Flight 4 p.m., Student Center Room 207&9
Roman Catholic Mass 8:30 p.m., UCC 244

Monday 27

Panhellenic 3:30 p.m., Student Center Room 218
IFC 3:30 p.m., Student Center Room 222
Angel Flight 7:30 p.m., Student Center Room 207&9
Campus Crusade 8:30 p.m., Student Center Room 205&6

Tuesday 28

United Way noon, Student Center Room 207&9

Cabinet Meeting noon, Student Center Room 208
Arm Chair Tour 12:30 p.m., Student Center Room 222
Parent's Weekend 3:30 p.m., Student Center Room 204
Creative Programming 4:30 p.m., Student Center Room 215
Spirit Wranglers 6 p.m., Student Center Room 207&9
Campus Chest 6:30 p.m., Student Center Room 202
Koinenia 6:30 p.m., University Ministries

Wednesday 29

History of Fort Worth 10 a.m., Student Center Room 205&6
Book Discussion 1 p.m., Student Center Room 222
Study Skills 2:30 p.m., Student Center Room 202
Interviewing Anxiety 3 p.m., Student Center Room 216
Programming Council 5 p.m., Student Center Room 211
Student Foundation 5:30 p.m., Student Center Room 222
Circle K 6 p.m., Student Center Room 205&6
Campus Ministers 7 p.m., Student Center Rooms 215&216
ICTHUS 7 p.m., Student Center Room 207&9

Thursday 30

Collins Scholarship Program 2:30 p.m., Student Center Room 215
Arnold Air Society 4:30 p.m., Student Center Room 205&6
Class of '84 5:30 p.m., Student Center Room 207&9
Tau Beta Sigma 6:45 p.m., Student Center Room 203
Lutheran Ministries 8 p.m., Student Center Room 204