

# TCU THIS WEEK



EVENTS AND INFORMATION FOR THE TCU COMMUNITY

VOL. 15 NO. 19

JANUARY 26, 2009

## Sustainability-themed semester concludes today with free film *Nobility*

THE UNIVERSITY WILL CONCLUDE ITS sustainability-themed semester with a showing of the film *Nobility* this afternoon at 5 p.m. in the University Union ballroom.

The film, by director Turk Pipkin, offers a look at the world's most pressing problems through the eyes of nine Nobel Laureates. Filmed in five countries, the Nobelists offer a first-person view of world problems and the children who are most challenged by them. For more information on the film, visit <http://www.nobilitythemovie.com/index.html>.

Through its sustainability-themed semester, the TCU community has been encouraged to "Think Purple, Live Green" and to find ways to support the Chancellor's signature on the President's Climate Commitment. For more information about the theme semester, visit [www.themesemester.tcu.edu](http://www.themesemester.tcu.edu). To learn more about what TCU is doing to support the President's Climate Commitment and achieve climate neutrality at TCU, visit <http://www.newsevents.tcu.edu/1414.asp>.

For more information on the event, call ext. 7855 or e-mail **Henry Musoma** at [h.musoma@tcu.edu](mailto:h.musoma@tcu.edu). ♦

## 2009 Pedometer Challenge kicks off on Feb. 9

THE FOURTH ANNUAL TCU FACULTY/STAFF Pedometer Challenge begins at noon, Monday, Feb. 9 at the University Recreation Center. The challenge is a friendly competition between departments designed to encourage fitness in a fun way. The six-week challenge ends Sunday, March 22.

The kick-off event will include a special presentation and water bottles to participants in attendance.

Each campus department fields its own team and all team members will receive a free pedometer to monitor their steps. Teams must have a minimum of eight members and a maximum of 20 members (graduate students are eligible to join). If you are interested in serving as a team captain, e-mail **Marla McClung** at [m.mcclung@tcu.edu](mailto:m.mcclung@tcu.edu) or **Cristie Carpenter** at [c.carpenter@tcu.edu](mailto:c.carpenter@tcu.edu). A free lunch for team captains is set for Wednesday, Jan. 28.

It has been shown that the benefits of walking regularly increased overall health, losing weight, strengthening your heart, decreasing stress and improving teamwork. Additionally, prizes will be awarded for individual and team performance.

Serious health risks are associated with being overweight, including Type 2 diabetes, stroke,

heart disease, high blood pressure and several types of cancer. Being physically active, along with healthy eating, will improve participants' overall health and other benefits.

More than 1,000 faculty and staff members have participated in each of the last three Pedometer Challenge events. ♦

## TCU Wellness Program's February Event & Challenge

WE ALL HAVE STRESS AND GETTING YOUR body to relax is a great way to cope with everyday stress that comes from work, home, the environmental situations such as traffic or noise, and self stress that comes from perfectionist tendencies, unrealistic expectations, negative attitude or poor health.

Symptoms can include feeling tense, nervous or tired, headaches due to muscle tension in the neck and scalp, migraines, palpitations, breathlessness, dizziness and chest pains, usually due to muscle spasms, nausea, stomach pain or upset, anxiety or depressive thoughts. Make time for yourself by setting aside 10 minutes a day to relax and focus on your inner self.

Here are some tips on ways to relax:

1. Be realistic – avoid extreme thoughts. Learn to take things one day at a time.
2. Learn to say no – don't add additional stress in your life by overbooking your time.
3. Find a quiet place - outdoors is preferable - where you can enjoy your surroundings and all of the things we see in nature.
4. Focus your thoughts on the present - the past is gone, forget about it. Don't worry about the future.

5. Make sure you are getting enough sleep - seven to eight hours is recommended.

6. Don't stay angry at someone - learn to forgive.

Be sure and check the training classes offered by Human Resources. Many are geared toward ways to help you relieve stress. This month try taking a Ch'i Kung class. Give yourself one point for every day you make an effort to spend 10 minutes relaxing. These points can be redeemed during a wellness bingo game later on in the year. ♦

## Margrét H. Blöndal/Lars Laumann exhibition coming to new gallery

FORT WORTH CONTEMPORARY ARTS, THE University's newest gallery at 2900 W. Berry, will soon feature a two-person exhibition of work by Icelandic sculptor Margrét H. Blöndal and Norwegian video artist Lars Laumann. Dates are

## EVENTS

### Now - Feb. 1

*Warhol and The Shared Subject* exhibition, Fort Worth Contemporary Arts, 2900 W. Berry St. Call ext. 2588 for more information.\*

*Insights*: Exhibition of works by Art Dept. faculty, Moudy Gallery.\*

### Today - Jan. 30

Feed Your Body and Soul Week, events to raise awareness body image and healthy living. Visit [www.counseling.tcu.edu](http://www.counseling.tcu.edu) for more information.

Screening of *Nobility*, 5 p.m. University Union ballroom.

### Jan. 26

Faculty Recital Series with **Jon Burgess** (trumpet), 7:30 p.m., PepsiCo Recital Hall.\*\*

### Jan. 27

Koehler Center workshop, eCollege Drop Box & MS Word, 9-10:30 or 2-2:30 p.m., CIS.\*\*\*\*

### Jan. 28

*What's on Your Bookshelf?* with **Nowell Donovan**, noon-1 p.m., Kelly Center, Cox C.\*\*\*\*

Women's Basketball vs. San Diego State, 6:30 p.m., Daniel-Meyer Coliseum.\*\*\*

### Jan. 29

Koehler Center workshop, Threaded Discussion-Creating, Grading and Engaging, 1:30-3 p.m., CIS.\*\*\*\*

TCU Weight Watchers @ Work Meeting, 4:45 p.m., University Christian Church, room 206. A 17-week session with free e-tools and "Momentum" program, \$186. Call ext. 6054 or e-mail [y.mann@tcu.edu](mailto:y.mann@tcu.edu) for more information.

RTVF Film Series presents *Ninotchka* (1939), 7 p.m., Moudy 1645.

### Jan. 30

Koehler Center workshop, eCollege Gradebook, 9-11 a.m. or 2-4 p.m., CIS.\*\*\*\*

### Feb. 2

Koehler Center workshop, Faculty Open Lab, 9 a.m.-noon, CIS.\*\*\*\*

\*Call art and art history at ext. 7643

\*\*Call the School of Music at ext. 7602.

\*\*\*Call the athletic ticket office at ext. 7967.

\*\*\*\*Call ext. 7434 or visit [www.cte.tcu.edu/](http://www.cte.tcu.edu/)

Feb. 14 - March 29, with the opening reception set for 6 to 9 p.m. Feb. 13.

Blöndal's work most often utilizes found domestic elements to create installations that suggest quixotic reference or function. In their materiality they are most often light and somewhat ephemeral, evoking an existence in a marginal space or uncompleted form. The use of remnants from society to create these structures necessarily allows a continuum of reference from their previous function to how they exist within the sculptural space.

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For source material, Lars Laumann has repeatedly turned to popular culture, mining the Internet for material and content for his videos. The topics in two of his most significant works — *Morrissey Foretelling the Death of Diana* (2006) and *Berlinmuren* (2008) — utilize individuals with a personal interest in reconfiguring commonplace meaning. Laumann simultaneously confronts the audience with the instability of meaning within society and art, but also humanizes the edges of society.

At noon Feb. 14 **Gavin Morrison** (exhibition curator) and the two artists will lead a free walk-through of the gallery as they discuss the work and answer questions from the audience. ♦

## "Feed Your Body and Soul Week" has special events Wednesday

TODAY THROUGH THURSDAY HAS BEEN tagged "Feed Your Body and Soul Week" on campus, designed to promote awareness about body image issues as well as healthy lifestyles.

A special event for faculty and staff will be a free T'ai Chi session at noon Wednesday outside Mary Coats Burnett Library. Feel free to attend in street clothes and get a lesson from representatives of Fort Worth T'ai Chi. This ancient Asian exercise form is an excellent stress reducer.

Wednesday night at 7 p.m., there will be a Town Hall meeting in the University Union auditorium to discuss how body image issues are affecting the TCU community. There will be a panel discussion with faculty, staff and students offering their own perspectives.

For more information, visit [www.counseling.tcu.edu](http://www.counseling.tcu.edu). ♦

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## Schieffer School and CSIS host dialogue on steps toward a nuclear free world

TCU GRADUATE BOB SCHIEFFER, ALONG with four legislative experts will gather in Washington, DC, Thursday, Jan. 29 at 6:30 p.m. (EST) to discuss taking steps toward a world free of nuclear weapons. The discussion also will be broadcast live on the Schieffer School Web site at [www.schiefferschool.tcu.edu](http://www.schiefferschool.tcu.edu) at 5:30 p.m. (CST).

In addition to Schieffer, dialogue participants include The Honorable Sam Nunn, co-chairman, Nuclear Threat Initiative, former U.S. Senator and CSIS Board Chairman; The Honorable George P. Shultz, Distinguished Fellow, Hoover Institution, Stanford University and former U.S. Secretary of State; Sidney D. Drell, Senior Fellow, Hoover Institution and emeritus professor of theoretical physics, Stanford University; and David Sanger, chief Washington correspondent of *The New York Times*. Individuals wishing to attend the event must RSVP to the Center for Strategic and International Studies (CSIS) at 202-775-3141 or to [schiefferseries@csis.org](mailto:schiefferseries@csis.org).

Dialogues in Public Policy program is a partnership of TCU's Schieffer School of Journalism and the Center for Strategic and International Studies (CSIS) in Washington, D.C. Dialogues feature top public policy experts, government officials, leading think tank scholars, and prominent journalists discussing issues related to national security, foreign policy and global challenges. ♦

## Spring Film Series announced

THE RADIO/TV/FILM DEPT. HAS ANNOUNCED the lineup for its series of free, classic movies this spring. The films are screened on Thursday nights at 7 p.m. in rm. 164S of the Moudy Bldg., south entrance.

**Joan McGettigan** (RTVF) introduces each movie with brief background notes. For more information, call ext. 7630 or ext. 6690. The schedule:

**Jan. 29** *Ninotchka* (1939)

**Feb. 5** *Action in the North* (1943)

**Feb. 12** *Royal Wedding* (1951)

**Feb. 19** *Escape from Fort Bravo* (1953)

**Feb. 26** *Captain Blood* (1935)

**March 5** *Vertigo* (1958)

**March 26** *Breaker Morant* (1980)

**April 2** *Take me Out to the Ballgame* (1949)

**April 9** *Touch of Evil* (1958)

**April 16** *The Thing From Another World* (1951)

**April 23** *His Girl Friday* (1940)

## RESEARCH

The Office of Research and Sponsored Projects, headed by **Janis Morey**, acts as a clearinghouse for the following information. Facts are given in the following order: principal investigator, department, title, amount, sponsor:

### New Awards

**Paulette Burns** (nursing), Professional Nursing Shortage Reduction Program, \$281,772, Texas Higher Education Coordinating Board

**Carolyn Cagle** (nursing), Spirituality in Mexican American Cancer Caregivers, \$9,993, Oncology Nursing Society Foundation

**Elizabeth Flowers** (religion), Workshop on Teaching College Introductory Religion Courses, \$2,000, Wabash Center

**Melanie Harris** (religion), Women of Faith: Scholarship, Activism and the Next Generation, \$14,000, The Sister Fund

**Rebecca Sharpless** (history), Texas Women/American Women: Fresh Historical Scholarship and New Approaches, \$500, Humanities Texas

## BIRTH

Congratulations to **Dustin Carroll** (physical plant) and **Brandi Zamora** (printing services) on the birth of their son, Zeven Dale, born Jan. 15. Zeven weighed 7 lbs., 9 oz. and was 21 inches long.

## DEATH

Sympathy is extended to the family of **Kay Westendorf** (advancement) on the death of her mother, Jean Porter, on Dec. 22 in Fort Worth. Services were held Dec. 31 in Cedar Falls, IA.

Condolences are extended to the family of **Mazie Perkins Varley** (athletics) who passed away on Jan. 15 in Fort Worth. Her funeral was Jan. 19 at First Presbyterian Church with interment at Greenwood Memorial Park.

## CLASSIFIED

FOR SALE: 1,905 square foot house in TCU area, 2 bedroom, 2 baths, hardwoods throughout, central heat and air, sprinkler and security systems, \$260,000. Call Charlie Schulz at 817-988-7005 for more information.

## JOB OPPORTUNITIES

The Human Resources office lists the following vacancies as of Jan. 21. For more information on any of these positions go to [www.hr.tcu.edu](http://www.hr.tcu.edu).

Accompanist - Classical & Contemporary Dance

Computer Aided Design Tech - Technology Services

Dean - College of Education

Dean - College of Science & Engineering  
Director of Development (regional) - Advancement

EMCS Operator - Physical Plant

Student Immigration Coordinator - International Student Services

Lab Assistants - HCN Learning Lab

Licensed Vocational Nurse - Health Center

Police Officer (2) - TCU Police

PRN-On Call - Health Center

Security Guard - TCU Police

Service Assistant (long-term temp) - Physical Plant

Service Assistant - Facility Services

Structural Maintenance Technician (2) - Physical Plant

Temporary Stitcher - Theatre

To view the latest details on campus construction and parking, go to the TCU homepage and click on Campus Construction, listed under Featured Links on the left-hand side.