Kind and Merciful God, I ask Thy help and forgiveness. I believe in Thee, and in everything Thou hast revealed and taught.

Believe in One God, Who will reward all who seek Him. I believe that in God there are three divine persons—God the Father, God the Son, and God the Holy Ghost.

Believe in Jesus Christ—the Son of God, Who became man and died on the cross for my salvation and happiness.

My God, Who art all-good and all-merciful, I sincerely hope to save my soul. Help me to do everything that is necessary to obtain eternal life.

AVE Mercy on me, O my God, and forgive me my sins. I am sorry, truly sorry for all of them, because I have offended Thee, my God, Who art all-good, all-holy, and all-merciful.

Love Thee, O my God, with all my heart, and I sincerely promise that, with Thy help, I will never offend Thee again.

Help me, O God, and have mercy on me.