

HEADQUARTERS ARMY SERVICE FORCES
Office of The Provost Marshal General
Washington 25, D. C.

The Provost Marshal General directs me to inclose W. D. P. M. G. Form No. 19 which may be used within the date stamped thereon for the purpose of sending a prisoner of war or civilian internee parcel. Should you desire to use this label, it is suggested that the following package mailing instructions be strictly followed.

Only one label at a time will be issued to the designated next of kin, or emergency addressee, to each American internee or prisoner of war officially reported. The label may be transferred to another person if so desired. Each label will be issued in duplicate. The original to be securely pasted on the outside of the package and the duplicate to be placed on top of the contents inside of the package in order that it may be removed by the postal censor. Additional labels will be issued from time to time.

The contents of the package must be listed on Post Office Department Custom Declaration Form No. 2966, at the time of mailing. If this form is not available at your local post office, the contents may be listed on plain paper and attached to the package. No postage is required.

The weight of your package should not exceed 11 pounds, gross dimensions, not over 18 inches in length, nor 42 inches length and girth combined. The package should not be sealed and should be wrapped in a manner which will facilitate opening for postal inspection.

Current Export Bulletin 100, Office of Economic Warfare, provides that the following articles only may be included in the package:

SMOKING ACCESSORIES

Tobacco pouches
Pipes
Cigarette holders (except paper)
Cigarette cases (non-metallic)
Pipe cleaners

TOILET ARTICLES

Washing powder
Medicated soap
Bath Soap
Towels, bath and face
Mouth washes and dentifrices (non-liquid)
Wash cloths
Shoe polishing cloth
Toilet kits
Tooth powder (in non-metallic containers)
Tooth brushes
Shoe brushes
Combs (non-metallic)
Brushes, scrubbing
Hairbrushes (non-metallic)
Clothing brushes
Safety razors
Safety razor blades
Shaving brushes

Non-breakable shaving mirrors
Talcum powder (in non-metallic containers)
Styptic pencils
Shaving soap cakes and powder
Small metallic mirrors
Women's toilet articles except liquids
(in non-metallic containers)
Cleansing tissues
Toilet paper
Camphor ice (cardboard containers)
Sanitary supplies for feminine hygiene
Orange sticks

ITEMS FOR CHILDREN

All kinds of clothing and shoes
Crayons
Small indestructible wooden toys and games

SPORTS AND GAMES

Playing cards
Backgammon
Checkers and other similar board games
Chess
Cribbage
Puzzles and games
Chinese Checkers

Ping Pong or Table Tennis sets
 Softballs
 Baseballs
 Medicine balls
 Footballs
 Softball or baseball gloves
 Poker chips
 Dice
 Dominoes
 Horseshoes
 Miniature bowling
 Miniature golf
 Jump rope (individual type)
 Boxing gloves
 Soccer ball
 Volley ball

CLOTHING

Athletic clothing and shoes
 Socks
 Sock supporters
 Belts
 Shirts (regular Army or Navy if prisoners of war) (Khaki color only to members of the Army or Navy who are prisoners of war in Italy)
 Slacks (regular Army or Navy if prisoners of war) (Khaki color only to members of the Army or Navy who are prisoners of war in Italy)
 Underwear
 Gloves
 Handkerchiefs
 Mufflers
 Sweaters
 Shoes (military types only to prisoners of war in Italy)
 Shoe laces
 Insoles
 House slippers
 Overshoes (rubbers)
 Bathrobes
 Pajamas
 Nightgowns
 Suspenders
 Neckties (only service ties for prisoners of war)
 Bathing suits
 Women's wool hose

Officers' blouses
 Overseas caps
 Women's blouses
 Skirts
 Dresses
 Ribbon
 Cotton raincoats

MISCELLANEOUS ITEMS

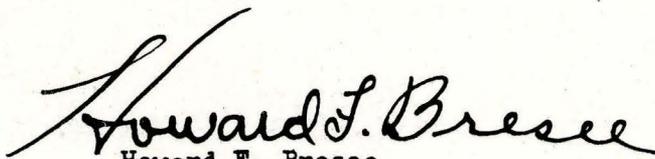
Chewing gum
 Shoe polish in tins
 Toothpicks
 Nail clippers
 Wallets
 Mending kits
 Small scissors
 Sewing kits
 Shoe repair leather and nails
 Buttons (non-metallic)
 Hair clippers
 Vitamin tablets in cardboard containers
 Safety pins
 Standard phonograph records and needles
 Watches (low priced)
 Eyeglasses (securely packed)
 Service insignia (for prisoners of war)
 Religious emblems
 Fountain pens
 Pen holders
 Pen points
 Pencils
 Water color paints
 Oil paints for artists
 Paint brushes
 Glue (powdered)
 Small musical instruments
 Rulers
 Hair nets and pins
 Knitting needles (non-metallic)
 Crochet needles (non-metallic)
 Crochet thread
 Knitting yarn
 Elastic
 Pillow covers and pillow slips
 Table scarfs
 Sheets
 Rugs
 Cooking utensils
 Iodine Crystals
 Sponges (except rubber)

FOOD ITEMS

Processed American or Swiss Cheese
(must be packed in cellophane
and cardboard container)
Dried prunes, raisins, or apricots
peaches and apples (in one-
pound or one-half-pound cello-
phane packages)
Dried soups (in cellophane bags)
Bouillon cubes ($\frac{1}{4}$ pound)
Meat extracts, dried ($\frac{1}{4}$ pound)
Cereals of the whole grain variety
as the oatmeal and dark farina
type, or vitamin fortified white
grain cereals (cardboard containers)
Nuts - only pecans, Brazil nuts, or
pecans in shell or salted (cello-
phane bags or cardboard boxes)
Rice (one pound in cellophane or other
transparent paper package or card-
board boxes)
Plain or chocolate powdered malted
milk in press-in top tins not
in excess of one pound
Malted milk tablets in press-in top
tins not in excess of 500 tablets
Hard candy

Sweet chocolate in bars (one pound)
Candy bars
Dried cocoa
Dried vegetables in cellophane or
cardboard packages
Onion flakes
Dried noodles, macaroni or spaghetti in
cardboard boxes
Biscuits, cookies and crackers (one
pound in cardboard containers)
Coffee in plain bags not in excess of one-
fourth ($\frac{1}{4}$) pound
Tea - bulk (loose) in one-fourth ($\frac{1}{4}$) or
one-half ($\frac{1}{2}$) pound bags or cardboard
boxes
Postum (in press-in top tins)
Nescafe (in press-in top tins)
Ovaltine (in press-in top tins)
Cocoa in press-in top cans or cellophane
bags not in excess of one-half ($\frac{1}{2}$)
pound
Sugar in paper bags or cardboard boxes
not in excess of one pound
Saccharin
Seasoning materials (salt, pepper and spices)
Bananna flakes
Roasted Soy Beans

The signature and address of sender must appear in ink in the space provided
on the label.



Howard F. Bresee,
Colonel, C. M. P.,
Assistant Director,
Prisoner of War Division.

1 Incl.
Label