

TCU DAILY SKIFF

WEDNESDAY, FEBRUARY 6, 1980

Texas state prisons quiet during New Mexico riot

HOUSTON (AP)—It was October 1978, when eight inmates of the Texas prison system brought a long list of complaints to a federal court trial in Houston.

The class action lawsuits challenged the way Texas prisoners are treated and asked for major changes in the penal system.

In 1977, several inmates in the New Mexico Prison System filed a class action suit alleging overcrowding and inhumane treatment of prisoners.

Today, the New Mexico State Penitentiary is a shattered blood-stained hulk, where so far the bodies of 39 inmates have been found, many of them the victims of torture inflicted by other prisoners. Fifteen inmates are missing.

The Texas prisons are quiet, and have been since a riot by some 1,300 inmates and a refusal to work by hundreds of others two years ago in support of the prisoners involved in the federal court trial. Thirty-four persons were injured, none seriously.

One factor which apparently figured in the carnage and destruction at the Santa Fe facility was overcrowding.

In Texas, a prison spokesman said, "Overcrowding is relative. Of course, we have more prisoners than in the past, but we are able to absorb them into the system."

The spokesman said some inmates were sleeping on mattresses placed on floors, and that cells built for one man were now housing two.

In 1974, Texas state prisons housed 17,000 inmates. Today there are about 29,000.

The accusations listed by the New Mexico inmates in 1977, and the criticisms from other sources, are, in some cases, the same as those heard in the courtroom in Houston. There also are some sharp differences.

The lawsuit filed by the inmates in New Mexico, on which no action has been taken, alleged inhumane treatment of prisoners promoted incidents of violence.

U.S. District Judge William Wayne Justice, after listening to about 10 months of testimony, still has the case under study.

In the Houston trial, William Turner, a lawyer representing the inmates, said the Texas prisoners were "constantly in fear of assault and punishment."

Leonard Ortega Diza, 28, serving 15 years for robbery, testified his jaw was broken and his right eardrum ruptured when hit in the face by two prison officials.

Texas officials denied the charges leveled by the inmates.

Ed Idar of the Texas attorney general's office said the state had taken the lead in prison reform long before the federal government moved into civil rights.

And, a prisoners' rights attorney from New York, once said, "The Texas Department of Corrections is the best around. There's hardly ever violence and there's no corruption at all."

TCU athlete in kidnapping trial

Bowen jury being picked

BY CHRIS KELLEY
Staff Writer

BROWNWOOD—Jury selection began Tuesday in 35th District Court for the trial of TCU starting tight end Joe Brad Bowen who is charged with the Aug. 13 aggravated kidnapping of a convenience store clerk.

The 6-foot-one, 220 pound Brownwood senior accounting major is charged with the abduction at gunpoint of 19-year-old Bridgette Fowlkes, also of Brownwood, who was kidnapped during the early morning hours from an all-night convenience store.

Bowen, 22, has been free on \$50,000 bond since the incident.

His attorneys had asked that the trial be delayed until after the 1979 Southwest Conference football season.

Fowlkes told police she was waxing the floor at the Town and Country convenience store near Brownwood about 3 a.m. on the morning of Aug. 13, when an "athletic type" carrying a blue steel revolver "stuck a gun in her face" and dragged her outside, Brown County Sheriff's Deputy Robert Donahoo said.

Some 40 minutes later a citizen called the Brown County sheriff's department, saying he had stopped at the store on State Highway 377 south of Brownwood but found no clerk inside.

When deputies arrived, they found Fowlkes' purse, driver's license and shoes inside the store.

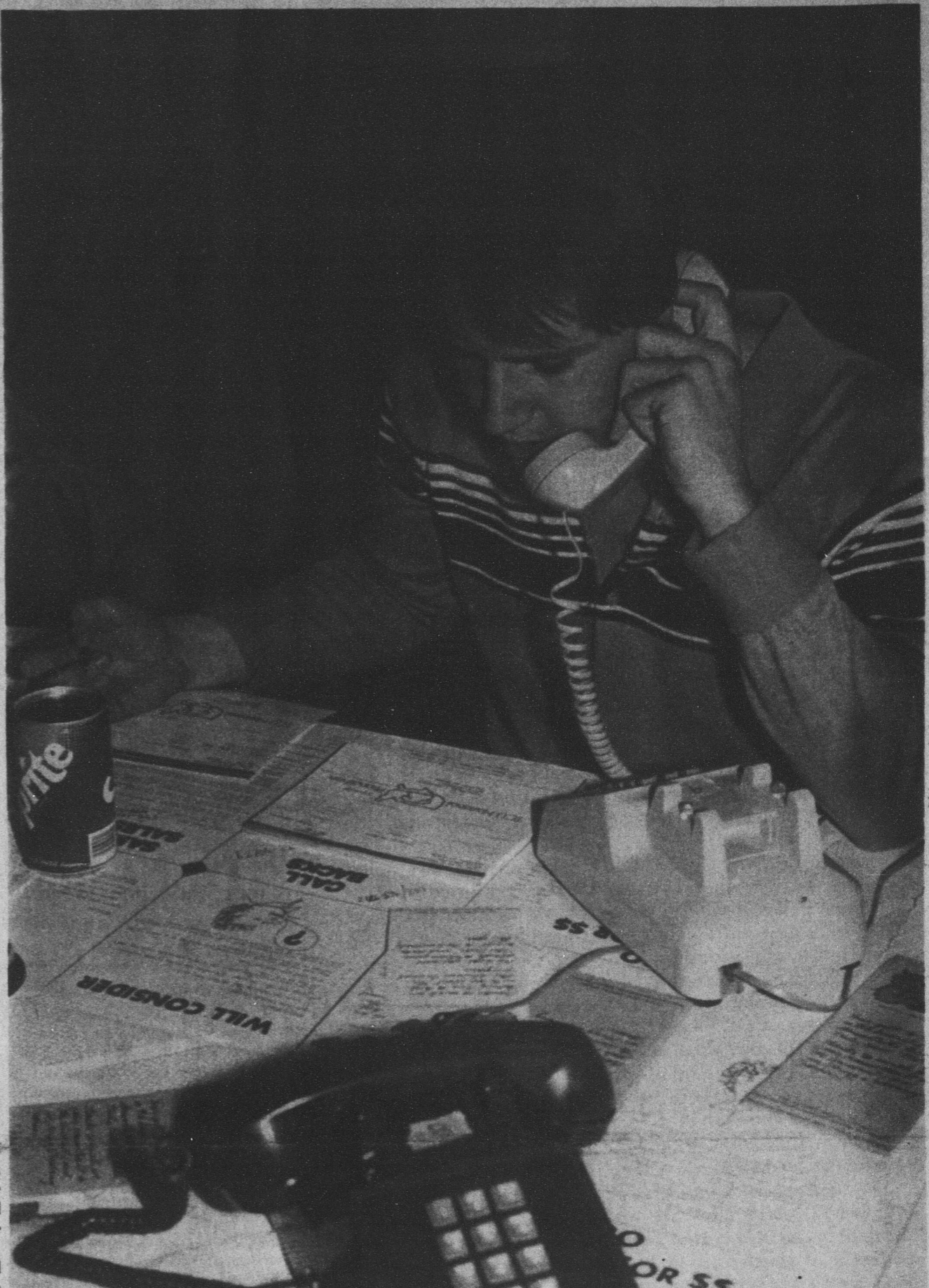
Fowlkes told police her abductor "never said a word." After a half hour of driving, she told police, she tricked her abductor into stopping his

car by insisting she was sick and needed to vomit. When he stopped the late model, brown Chrysler, she escaped, Donahoo said.

For the next several hours, Fowlkes apparently roamed the countryside. Shortly after 7 a.m. she ran from the woods to a residence 12 miles south of Brownwood, where deputies picked her up.

Police said as Donahoo, Fowlkes and her mother searched along a county road for the area where Fowlkes escaped, they approached Bowen, who was driving in the opposite direction.

Bowen saw the sheriff's car and appeared to panic, Donahoo said. He was intercepted about a mile down the road by Brown County Sheriff Danny J. Neal, who had been in touch with Donahoo.



PULLING IN THE PLEDGES—Brad Begin jots down the amount that brought his phonathon total to a record-breaking \$1,000 Monday night. Begin, representing Lambda Chi Alpha, ended the evening with more than \$1,440 in pledges. Staff photo by Ken Sparks

around the world

Compiled from Associated Press

Afghan anti-communist rebels renewed their attacks against government troops in snowswept eastern Afghanistan, but Russian and Indian reports differed on who was losing the fighting.

The Soviets said Afghan army units were "liquidating" the "bandit gangs" in three provinces. But an Indian journalist reported from Afghanistan that government troops in the area "do not seem to have the heart" to battle the rebellious tribesmen, and Western diplomats in New Delhi said Soviet units were involved in the new fighting and were suffering casualties.

Fifty Americans left for Iran Tuesday night to meet with the militants holding approximately the same number of their countrymen hostage.

Members of the Committee for American-Iranian Crisis Resolution—a group said to be sympathetic toward the Iranian revolution—left at 7 p.m. EST for an "intensive dialogue" with the Iranian militants, apparently without State Department or U.N. knowledge.

A Senate committee will investigate the role of Treasury Secretary G. William Miller in the \$5.5 million said to have been given to foreign officials by Textron Inc. when he was president and chairman of the corporation.

Attorney General Benjamin Civiletti told a Senate Appropriations subcommittee Tuesday that a special prosecutor will not be named because a Justice Department investigation could find no evidence of wrongdoing.

But Sen. William Proxmire, D-Wis., the chairman of the Senate Banking Committee, said his committee will reopen its investigation into the payments because of questions raised by last week's Securities and Exchange Commission report into the matter. The committee investigated payments before Miller was confirmed as head of the Federal Reserve in 1978.

Syria's announced withdrawal from Beirut brought armed guerrillas into its streets Tuesday, raising fears of a renewal of the 1975-76 Lebanese civil war.

Leftist gunmen slung Russian-made assault rifles over their shoulders and took up positions in predominantly Moslem West Beirut, ready to take over any spot the Syrians might vacate. Spokesmen for rightist militias in mostly Christian East Beirut reported their forces were put on "maximum alert" and the alert was only a precaution.

Two crewmen were seriously hurt when an offshore oil drilling platform capsized in the Gulf of Mexico off the Texas coast early Tuesday, the Coast Guard said.

An official at the Coast Guard's 8th District headquarters in New Orleans said one man was paralyzed from the waist down and another had a broken ankle. Five other men were injured. There were 42 people on board when the platform capsized in 60 feet of water about 40 miles southeast of Port Lavaca, located between Galveston and Corpus Christi.

IFC president offers compromise

Greeks seek lower house rent

By STEVE NICKLAS
Staff Writer

The Inter-Fraternity Council is seeking to reduce the \$2,200 per year fee each Greek organization pays for use of their chapter room, said Scott Wilcox, president of the campus organization.

Wilcox said that the IFC is proposing a compromise agreement to the TCU housing office either to lower the rent fee or to provide more services.

"We pay \$2,200, and all we get are four bare walls with no furnishings," Wilcox said. "We want what we're

entitled to."

"TCU says we pay the fee to call the houses ours, and so that they can't move anyone else in, but it's too much money," he added.

Wilcox said that the fraternity-sorority housing system has always operated this way. "No one has questioned it until the past year," he said.

Bill Collins, a Kappa Sigma fraternity alumnus and congressional lawyer, is representing the council, Wilcox said. Collins is heading a board of advisers that has been working to get a new lease assigned since January 1979.

A compromise lease agreement that was proposed to the housing office last school year was rejected, and the office responded with an even more stringent plan, Wilcox said.

"The reason for the rejection was that TCU said they couldn't change the lease because they already had adopted the 1979-80 budget."

"There are more stipulations now. They say we're responsible for any visitor's actions in our houses," Wilcox said.

Non-Greek housing on campus does not have a yearly fee for lounge areas as does Greek housing, Wilcox said.

"They have a furnished lounge area, and don't have to pay for it, but we have an unfurnished lounge and have to pay," he said.

Wilcox said the Greek organizations have been instructed by their advisory board not to submit chapter room rent for the 1979-80 school year because no agreement has been reached yet.

"They (housing) don't have to give in," Wilcox said. "We have our backs to the wall and they have the final word. We just have to keep working," he added.

Week to note blacks' achievements

By J. FRAZIER SMITH
Staff Writer

"Community Concern For Quality Education" is the theme for this year's TCU Black Awareness Week featuring state Rep. Reby Cary, D-Texas, and HEW administrator Eddie Bernice Johnson. The week, Feb. 11-14, is coordinated by Pat Kane.

"This generation sees the importance of getting a solid education," said Kane, TCU's intercultural affairs adviser.

A proclamation will start the week Monday, Feb. 11, in the student center lounge with Bob Ray Sanders, vice president of KERA-TV, acting as guest speaker.

Cary will speak in the Woodson Room that evening. He will address the civil rights movement of the 1960s and how it relates to the 1970s.

Tuesday, Feb. 12, local high schools will participate in a skit and

essay contest dealing with black history.

TCU's Jazz Band will perform Wednesday, Feb. 13, with a tribute to Duke Ellington at noon in the student center lounge.

Thursday, Feb. 14, pictures, drawings and collages depicting aspects of black history will be displayed in the student center

lounge. "The emphasis is on campus participation. Dorms, Programming Council, Inter-Fraternity Council and International Student Association have been invited to participate," Kane said.

The display will be judged by a group of TCU administrators and faculty at 4:30 p.m. Thursday.

The keynote speaker for Friday evening will be Eddie Bernice Johnson, a TCU alumnus from Harris College of Nursing, Johnson served on the TCU board of trustees. Her specialty is public health and higher education. She was appointed associate administrator in health service administration by the Carter administration.

Orchestra selects honor soloists

Graduate students Eunhee Ohm, pianist and Sue Buratto, soprano, will be honor soloists for the University Orchestra concert Feb. 14.

On March 30, the Chapel Choir will perform music composed by Kevin Isaacs, a composition major. Isaacs wrote the music, titled *Missa Brevis Parcem*, which means "short mass of peace," between December 1978 and August 1979. The piece is a "liturgically correct Catholic Mass," Isaacs said.

The Chapel Choir concert will be a program of baroque and contemporary music conducted by Ruth Whitlock of the music department.

David Dubiel, university Orchestra violinist, will be honor soloist playing the piano at the university orchestra and Musica Nova concert on April 30.

Honor soloists are selected by faculty members. The students audition and are selected to perform in various concerts throughout the semester.

United States needs strength before war

BY ROBERT HOWINGTON
Guest Columnist

What is all this talk about war with Russia?

Are our political leaders in Washington serious about starting military engagements with the Soviets?

Let's hope not.

No way could America, right now, win in the Persian Gulf over the Russians. Russia is far superior to the US of A in foot soldier power, tanks and jet fighters.

And those three are, quite frankly, what is needed to win wars.

America is weak in two of those categories. Tanks and foot soldiers. Jet-wise, America could challenge Russia, but with the other two holding them back, forget it.

That is one reason the draft is the hot talk of the nation. The draft would bring immediate strength to the foot soldier shortage.

But why are President Carter and all the Congressmen making big talk of how America is going to war if the Russians charge into the Persian Gulf, a major avenue of oil to the States?

Do they really want to put America in a position where she would be

embarrassed beyond recognition? Russia is probably hoping so. To Lenoir Breshnev and the rest of the Supreme Soviet this possible war could be the exact tool they need to show their dominance of world power.

Right now, America is showing how panic-stricken it is by putting in immediate measures to shore up its pathetic military. The Russians are laughing at this.

So are some Americans.

And what is this big Olympic boycott threat by America? Do you really think the Russians care about silly games played in their backyard?

If they did, we wouldn't be seeing them in Lake Placid next week.

And do you think Russia is really going to pull out of Afghanistan just so we'll show up in Moscow this summer? Don't count on it.

The Soviets are in the driver's seat right now. America's struggle to stop the Russians from spreading communism to other third world countries is continuing.

The only way America is going to stop the Russian's advance is to become strong again. To do that she'll have to use policies that made her the strongest nation on earth in the '40s, '50s and early '60s.

OPINION

Editorial:

Sen. Larry Pressler, R-S.D. is supposedly the only politician who refused to go along with the dishonest dealings uncovered during the FBI bribery probe.

Surely during the 14-month investigation when FBI agents posed as representatives of an oil sheik that sought dishonest legislation, there were other politicians who refused the posed bribery offer.

Yet "sources" say that Pressler was the only representative or senator who acted nobly and refused to accept the offer.

If these "sources" were FBI spokesmen, we could better accept the praise and publicity that is helping to boost Pressler's reputation. But we have seen no evidence of any such credible source; no names have been cited.

And besides, since when should a politician receive credit and publicity for merely doing his job the way he's supposed to.

Americans have gotten to the point that, regrettably, we more often expect politicians to be corrupt than we expect them to be honest. We should be flabbergasted that eight members of Congress have been implicated in this scandal, instead of being amazed that one man has rejected the offer.

It is comforting to be told that someone has acted honestly, but we should not have to be comforted by such good news. We should be able to have an inner trust and belief in honest representatives, rather than an inner doubt in our politicians' morality.

For one man, Pressler, to be a recurring subject of news, shows that something in our society is amiss. Either we have no faith in our elected officials, or we can't have faith in them, or this overdone publicity is a sham.

Why haven't we heard of other honest officials that may have rejected a similar bribe? Surely in 14 months, the FBI agents tested more than nine agents. Yet we only read of eight men that have been implicated—and one "savior" among the corrupt.

How are we to know that Pressler didn't know that he was being tested? How are we to believe that he knew no more than the others that accepted bribery? We don't want to just read of corruption, but neither can we accept all of Pressler's story without a source being named. Nor can we accept the idea that someone is getting publicity for doing his job.

PRESIDENT'S CORNER

House needs more funds

BY GARY TEAL
Skiff Columnist

of the thirteen Programming Council committees.

Since early last semester, each division of the university has spent a great deal of time and effort in planning budgets which will gradually filter up to the Board of Trustees for their approval on March 28. If the House decides to raise the House of Student Representatives fee for the 80-81 fiscal year, we are under some pressure to make the decision this week, when the Fiscal Affairs Committee of the Board of Trustees will meet.

Many students with whom I have talked have rightly questioned the House's need for more funds. Even if the House established its need, why raise the fee in a year when students will doubtlessly be hit again with other fee increases?

After considering the matter very carefully, I have come to the conclusion that the House does need more money. I will not take part in tonight's debate, but I would like you to know some of my thoughts on the subject.

First of all, I urge you to take a look at the current budget for the House. Many of you know that Programming Council spends over three-fourths of the budget each year on programming. Of course, there is not a market for unlimited programming at TCU. However, I do not think that the Films committee has reached its potential, and Forums committee is another example of a committee that could provide much better programming with more funds. Of course, this argument applies to each

This year the House spent \$850 on the Cheerleading Squad, \$1200 to retain legal counsel available to all students, nearly \$5000 for teams which compete with other schools but are not otherwise funded, and \$7000 for permanent improvements. Each of these expenditures benefitted each student at the university, just as the funds spent on Programming Council.

Student government itself will take only about 8 percent or \$6590 of the Student Body fund. This includes salaries for student body officers, expenses for elections, and office supplies.

Of course, the House has suffered, like everyone else, from 13 percent inflation. The House's buying power is only slightly more than half what it was in the 75-76 fiscal year. This would be the first increase since then. The House needs more money to simply maintain current services, not to mention any new services.

The House needs more money to provide any meaningful permanent improvements. Reed-Sadler mall should be enlarged this summer. The Corner should be made into the comfortable, 24-hour study area it was meant to be. The soccer field needs landscaping badly. Without more money the House can tackle none of these projects.

The House of Student Representatives is run completely by students at TCU. I am asking your support to make it a more powerful, more viable organization.

A play of fire

BY CYNDI PILKINGTON
Staff Writer

Play With Fire has lovers in the style of *Kiss Me Kate* and showmanship in the style of *Pippin*, but it has a message all its own.

Play With Fire, by Dale Wasserman, takes place in Prague in the 14th century when the power of the Spanish Inquisition reached the Austrian Netherlands. The play is a game of power between an aging bishop and an inquisitor sent by the pope. The stakes of the game are high. They are playing with people's lives.

'The play is a game of power between an aging bishop and an inquisitor sent by the pope.'

Play With Fire is presented in the style of much of contemporary theater. The audience is constantly reminded that this is a play. This technique pulls the audience out of the horror of the subject matter with music and comedy. The play is done much in the style of *Pippin*, a musical comedy with a serious meaning.

The performances as a whole were strong. The power struggle between the bishop, played by Jonathan Ashby, and the inquisitor—Jean Charlier, played by Anson Farrar is impressive. Both men have a hearty voice quality that fills the theater.

Richard the Healer, played by Danny Robbins, also has a robust voice quality, and a fine singing voice. The songs, however, I found to be ridiculous although doubtlessly there for a reason. Along with the theatrical tableaux and slapstick comedy, they remind the audience that *Play With Fire* is indeed a play.

'The power struggle between the bishop, played by Jonathan Ashby, and the inquisitor—Jean Charlier, played by Anson Farrar is impressive.'

BY J. FRAZIER SMITH
Skiff Columnist

Brown-Lupton Student Center recently reached a milestone when TCU marked the building's 25th year. Among the many attending the celebration in the chancellor's guest dining room, laid with a spread fit for kings and legends, were Chancellor Emeritus James Moudy, Chancellor Tucker, Trustee Pat Woodson, Dean Elizabeth Proffer, and TCU Chief Fiscal Officer L. Cecil White.

Moudy and Proffer talked of times gone by—times when there was no student center and most social activity took place in Reed Hall. They spoke of the '40s and '50s when TCU was a thriving private institution.

Then Chancellor Tucker rose to speak.

And suddenly humming and voices drifted from the room next door, music with a strong, solid beat invaded the elegant dinner setting.

To a black, the intrusion was symbolic.

In all that night's nostalgic talk about TCU's "good old days," no one mentioned the black students. That's because there weren't any.

The year 1982 will mark the 20th anniversary of racial integration at TCU. Black students were first allowed into TCU's undergraduate programs 18 years ago and have made some progress since then. Black student numbers have gone from one to some 270 students. TCU has black professors, administrators and students in several school functions.

The TCU Daily Skiff, art gallery, travel and recreation, TCU Show Girls and dance program, marching band, and student admissions counselors have black membership. This is aside from the minority group UNITY, the Minority Advisory Council and Voices United. TCU blacks also have a separate chapel service on Wednesday nights.

Obviously, all blacks don't just "do sports."

Six of the players were funny and moving. Their scenes together were both relief and horror for the audience. Particularly impressive was Stuart Spangenberg as Gorizian. He played the huge, fumbling fool with just the right combination of slapstick.

Some of the subject matter of *Play With Fire* may be a little prickly for some TCU theatergoers. Perhaps this accounts for the stiffness of some of the love scenes. Anna Sarban, played by Kay Newberry, is impressive in her cold spinsterhood, but part of that chill remains even after she becomes a lover.

Technically, *Play With Fire*, directed by Kent Gallagher, is nice. The instrumentals and the sets are interesting. Especially intriguing is the transparency of the bishop's throne and staff, and the unusual pattern on the stage floor.

Although *Play With Fire* may be offensive to some audience members, it is well worth seeing. It is interesting and enjoyable, and how often do TCU students get to see a world premiere?

Dale Wasserman is the author of *Man of La Mancha* and wrote the screenplay for *One Flew Over the Cuckoo's Nest*. He said he chose TCU to premiere *Play With Fire* because the theatre department has a good reputation and because Dr. Kent Gallagher, chairman of the department, had constructively criticized the play.

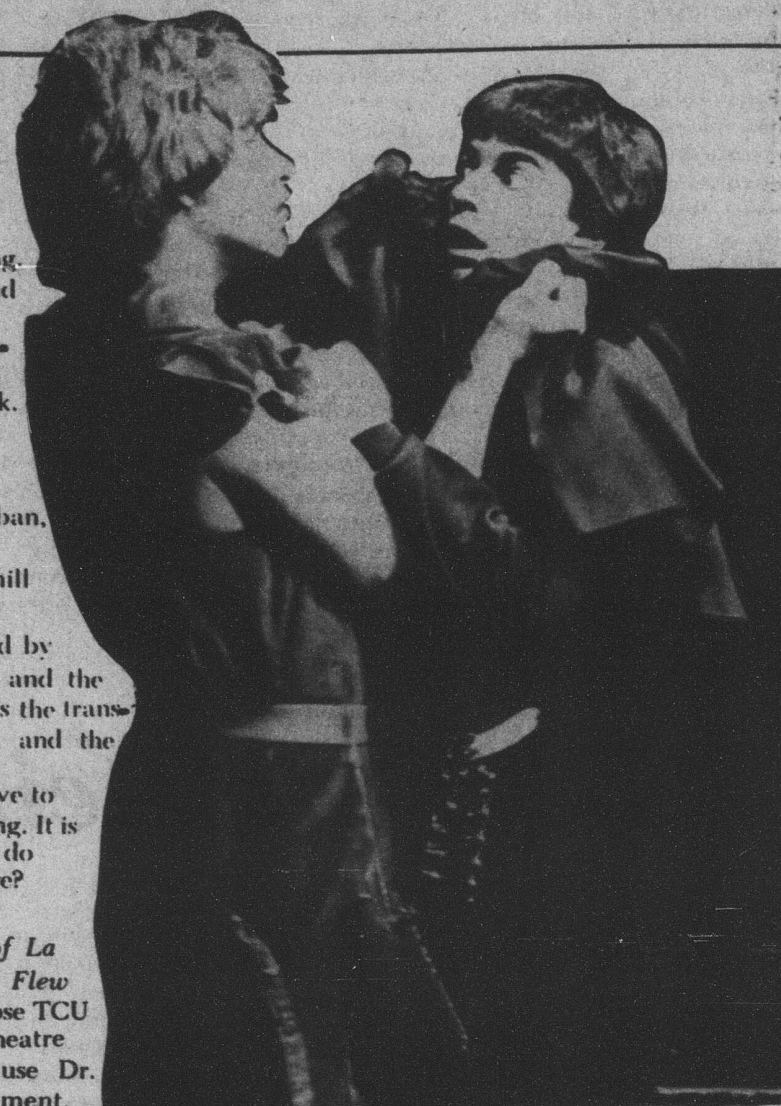
'Some of the subject matter of Play With Fire may be a little prickly for some TCU theatergoers.'

Wasserman said the play is not conventionally structured and is difficult to perform. It presents a very unconventional philosophy which requires a theatre group that is "both competent and unafraid," he added.

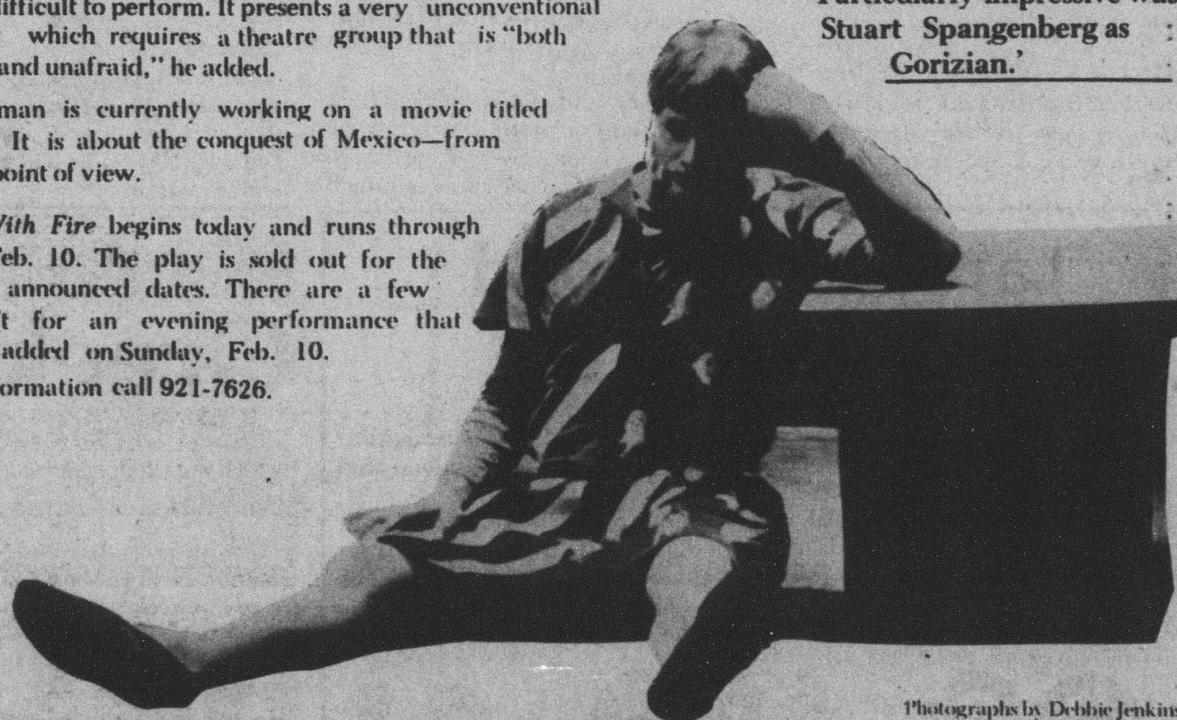
Wasserman is currently working on a movie titled *Conquest*. It is about the conquest of Mexico—from the Aztec point of view.

Play With Fire begins today and runs through Sunday, Feb. 10. The play is sold out for the previously announced dates. There are a few tickets left for an evening performance that has been added on Sunday, Feb. 10.

For information call 921-7626.



Danny Robbins as Richard the Healer and Chris Flieller as Waldo.



Photographs by Debbie Jenkins

KALEIDOSCOPE: Will blacks celebrate?

The student center is more than just a place with many rooms. It's a place where, since the mid-'60s, intercultural as well as interpersonal ideals have been born and shared.

The union is the hub of the university community. Shirley Bird Perry, former staff member of the Association of College Unions (student centers) International, believes a college union should enhance the college sense of community, and should be a place where people can express themselves openly, honestly and freely.

Perry said the union serves as "a unifying force in the life of the college, cultivating enduring regard for and loyalty to the college."

All, of course, is not perfect. There are still places in the university where blacks feel—and probably are—unwelcome. This makes the quest for equality in the '80s that much harder.

One wonders if in 1982 the black student population will have cause to celebrate the anniversary of its beginning at TCU.

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2 Wednesday, February 6, 1980 Vol. 78, No. 62

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Run

BY KEITH PETERSON
Staff Writer

Run, Dr. Ernest... him run away from anxieties, and weigh...

"I run because of a very calming effect things sort of ease. TCU biology professor there is the health motivation for running me a feeling of well... Other runners a run because I enjoy... phomore Fred K... Kauzlarich, the... Medicine at the... Osteopathic Medicine... echoes him. Many agree.

Enjoy running? When every runner straining, his legs... face contorted?

I felt as if I... whole world... had so much... nothing could... me—I was... TCU senior M...

A few years ago... before giving a lecture... became more com... has a tranquilizing... says.

Running has physical benefits. Progressions in running mind off problem... think that finishing... breathe is a benefit... while I'm running... I've have worked... that's the... For TCU seni...

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Running — 'an exhilarating, death-defying high'

BY KEITH PETERSEN
Staff Writer

Run, Dr. Ernest Couch, run. Watch him run away from his tensions, anxieties, and weight.

"I run because of the fact that it has a very calming effect and it makes things sort of easy to handle," the TCU biology professor says. "Second, there is the health. I guess the basic motivation for running is that it gives me a feeling of well-being."

Other runners are more direct. "I run because I enjoy it," says TCU sophomore Fred Kloss and Dr. John Kauzlarich, the director of Sports Medicine at the Texas College of Osteopathic Medicine in Fort Worth echoes him. Many other runners agree.

Enjoy running? How can they when every runner seems to be straining, his legs slightly limping, his face contorted?

I felt as if I owned the whole world...I felt like I had so much power, like nothing could happen to me—I was defiant,' said TCU senior Marie Smith.

"A few years ago, I found if I ran before giving a lecture, my thoughts became more composed. It (running) has a tranquilizing effect," Couch says.

"Running has psychological and physical benefits. I can take out my aggressions in running. It takes my mind off problems," Kloss says. "I think that finishing and being able to breathe is a benefit, and knowing while I'm running that when I finish, I'll have worked hard and done well... that's the best benefit."

For TCU senior Marie Smith,

running keeps her from becoming grumpy.

"I'm much easier to get along with, I always feel in a better mood, when I'm running," she says.

"Running is kind of relaxing—it reduces my tensions and anxieties, and gives me a lot of time to think. I think a lot when I'm running," said TCU junior Howard Carman.

Many runners claim to have felt what is called the runner's high by many people, but defined by no one.

It happens in different ways for different people.

Smith remembers the night when she felt a high.

"I had stayed up all night, and it was five in the morning. There was thunder and lightning and pouring rain. I ran for four or five miles, and it was great! I felt as if I owned the whole world. There was nobody else out at all. I felt like I had so much power, like nothing could happen to me—I was defiant."

I didn't care if the lightning hit me," she says.

"I guess I could say that I have experienced the high," Dr. Jerry Landwer, the director of Kinesiological Studies at TCU says.

"I think it's mainly psychological. You know, it's a nice day, and maybe depending on the mileage, your breathing is perfect and relaxed, your muscles are relaxed, and it's effortless to run. It's a pleasurable and enjoyable experience," Landwer says. "It's more of a physical relaxation that allows my mind to enjoy the day."

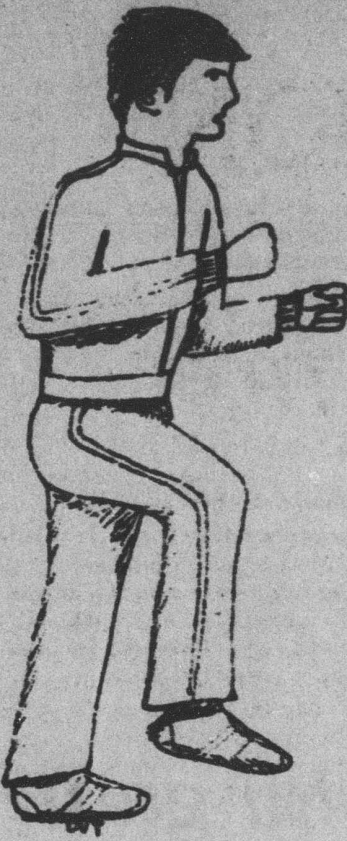
Couch, too, says he has experienced the high.

"I have a certain feeling of well-being, of complete harmony in my body. At about the third or fourth mile, I feel a very good, an exhilarating feeling, and at that time, I do a lot of thinking."

"But I don't think it's a metaphysical transformation. I think

the body has got the circulation going well. Feeling good, that's what it amounts to."

Along with providing a physical outlet for aggressions, tension, anxieties and other ills, running provides more concrete benefits than vague enjoyment. These physical benefits are well-documented.



Ever since running became popular some six or seven years ago and attracted everyone from schoolchildren to presidents to grandmothers, health has been one of the main drawing cards. It is also one of the hottest controversies.

Carman said he was able to sleep better and eat less because of running, while Smith said her wind and endurance had improved as a result of running.

Landwer and Kauzlarich cite the conditioning of the heart and lungs to provide greater efficiency and stamina, the increase in muscle endurance and strength, the reduction of blood fats such as cholesterol (which is linked to heart disease), and the control of weight.

Running a mile burns about 100 calories, with minor changes according to weight differences.

Many people, however, have not been convinced that running is all that beneficial. Critics say that running can jar fatty deposits from arterial walls and block the flow of

blood to the heart (causing a heart attack). It can also dislodge internal organs, other skeptics say.

"Totally ridiculous," Landwer said. "There is no danger of jarring any organs loose."

A greater danger of running, Landwer and Kauzlarich said, is overexertion.

Ever since running became popular...health has been one of the main drawing cards.

"You can overdo exercise as well as you can eat too much or drink too much, except with running it depends on how far and how fast you run," says Landwer, who runs between three and seven miles per day.

And Kauzlarich sees the results of overexertion limping into his Merrimac Circle office.

"Fifty percent of the runners who come into the office are runners who have overtrained," Kauzlarich said.

"Running is not detrimental unless it is overdone. My recommendation, if someone has been a sedentary person for months and wants to start to run again, is that he probably should be physically evaluated. He needs good advice on what shoes to wear, and how far and on what surface to run."

And Landwer says that running holds no monopoly on physical benefits. "There is no best exercise. All I do in running, I could do in swimming or cycling. I like to run because it takes less equipment, and gets me out in the fresh air," he said.

"There is no good research at this point that proves exercise prolongs life, but evidence does show exercise does improve the quality of life," Kauzlarich says.

And so they go—all the millions of Americans—pulling on their nylon running shorts, lacing up their \$30 and \$40 and \$50 running shoes, and trotting out the door in search of new miles to conquer.

Run, run, run. Watch them all run.

frog



fair

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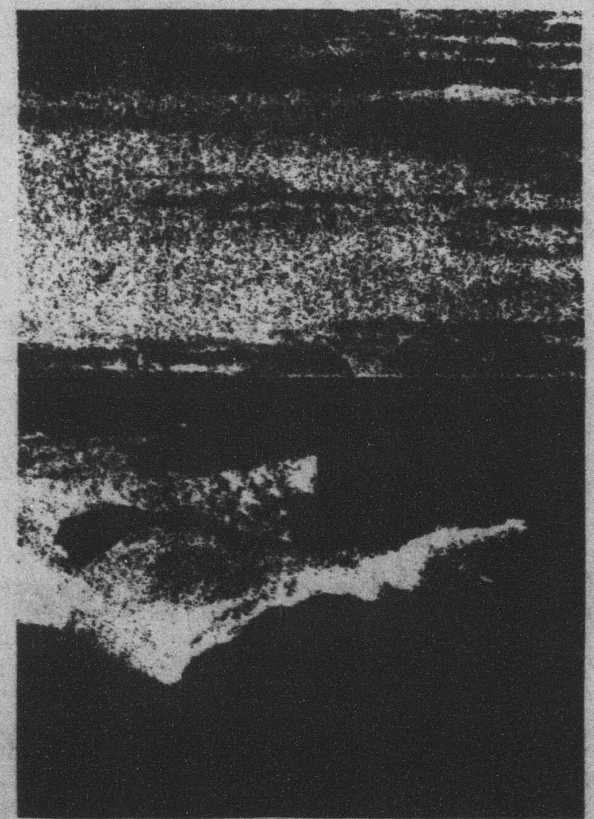
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SKIFF SPORTS

TCU's respect now a big burden

BY ROBERT HOWINGTON
Asst. Sports Editor

When TCU upset SMU and Houston, the Frogs opened a few eyes in the rest of the Southwest Conference.

And because of the Frogs' wins, instead of thinking of TCU as easy prey, the rest of the SWC said, "Hey, these guys can play. So, let's play our best against them or we'll lose."

TCU's new respect has brought it nothing but misery.

The Frogs, 2-9 in SWC play and 7-13 overall, have lost four games in a row. They'll try to regroup tonight when they entertain the Texas Longhorns, 6-5 and 13-8, at Daniel-Meyer Coliseum. Tip-off is at 7:30 p.m.

Earlier this year, the 'Horns blasted TCU 95-65. The final score, though, was not indicative of the way the Frogs played.

"After looking at the game films,

coach Killingsworth said it was our best game of the year," said TCU freshman Jeff Baker. "Things didn't work out until the SMU game."

What about the latest losing skid, Jeff? "We need to iron out a few mistakes. We're going to find out what we need to work on in practice."

"Any team can beat any team in this league," he said. "Sometimes you have your good nights and sometimes you have your bad nights."

Arkansas 74, TCU 47—The Frogs game against the Razorbacks could have been seen as more of a slam dunk contest between the Arkansas players, than a game between the teams.

The Hogs, causing nine turnovers in the second half with their tough man-to-man defense, rammed in seven dunks before the partisan crowd of 9,221 in Barn Hill Arena.

"Defense was the whole story," said Hog coach Eddie Sutton. "I've been disappointed in our defense, but

tonight we played like teams of the past.

"It could have been our best defensive effort of the year," he said. "We forced a lot of turnovers that led to a lot of layups and a lot of dunks."

"Our shot selection was good," he added. "It was a complete team effort."

The Hogs, hitting 56 percent of their shots in the first half, bolted out to a 31-13 lead with three minutes left. But TCU scored eight straight points to close the gap to 31-21.

That would be the nearest the Frogs would get the rest of the game.

"We had a little trouble playing tonight," said TCU coach Jim Killingsworth. "I think we should have gone to the bowling alley or something."

"We were a step slow all night. We were just dead."

Of Arkansas' defense Killer said, "They played much better defense than they did at Fort Worth. Steals

and dunks were the story. Maybe without those it would have been close."

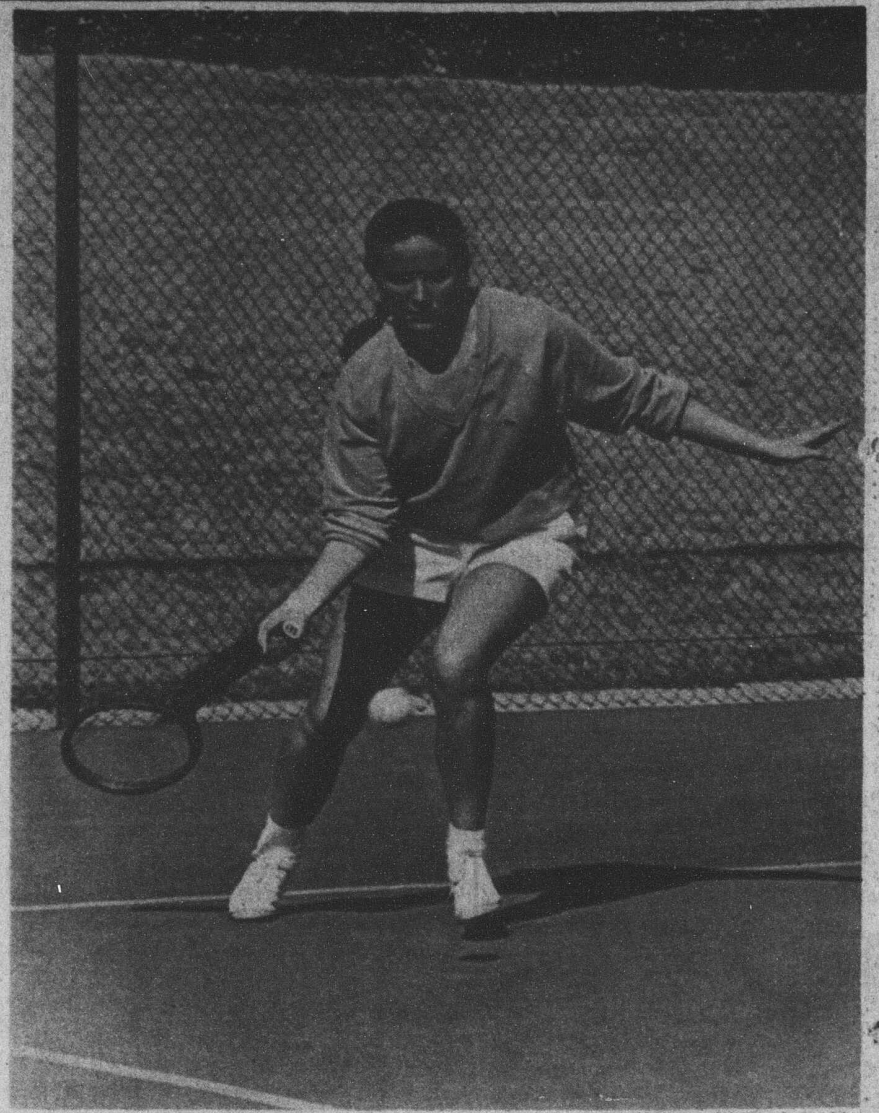
Texas Tech 57, TCU 42—When Darrell Browder hit a 25-footer to tie the score at 27-27 with 17:35 to go in the game, it looked like a possible upset for the Frogs.

But the Red Raiders scored seven straight points in the next 2:39 and never looked back, winning easily 57-42.

"That's the best defense we've played in a long time," said Tech coach Gerald Meyers. "We're getting back on the track."

"We didn't shoot real well," said Killer. "But we did play good defense and took care of the ball."

Backdoor plays—Frog point guard Jim Hund is passing up his final year of eligibility to go to law school at Baylor...Jon Mansbury came off the bench to score 10 points and grab 10 rebounds versus the Hogs.



FORHAND SMASH—TCU's Cynthia Hill, defeated her Tyler J.C. opponent 7-5 6-3 yesterday with shots like this. Skiff Photo by Frank Baddeley

Old leaves, new arrives in NBA all-star game

BY KEITH PETERSON
Sports Columnist

Nothing in the world is as constant, it has been said, as change.

That has become increasingly evident in the National Basketball Association this year, and the clinching proof was furnished in Sunday's all-star game. All the evidence was presented, and the jury has returned with the right verdict: the old guard has finally left and the new guard has arrived.

It all seemed such a short time ago that Walt Frazier and John Havlicek and Gail Goodrich and Pete Maravich and Bob Dandridge and

Jerry Lucas and Wilt Chamberlain were out there on the court. An all-star game, much less the playoff duels, without them was unheard of. They were the pillars of the 1970s, and basketball without them, well, it just seemed like beer without pretzels.

Fanfare

Of course, there were some vestiges of the 70s playing in the all-star game. Kareem Abdul-Jabbar was still rolling his stratospheric sky hook into the basket, and Julius Erving was still twisting and gyrating in mid-air and slamming the ball through the basket and thrilling the crowd.

But who were these other people out on the court? Who is this Otis Birdsong, this Jack Sikma, this Dennis Johnson, this Eddie Johnson, this Bill Cartwright, this Larry Bird,

this Michael Ray Richardson, this Magic Johnson, this Moses Malone, an NBA veteran in his early 20s who gets no recognition?

Who they are, quite obviously, are the pillars of the 1980s. It's Moses Malone, scoring 20 points and grabbing 17 rebounds, quite possibly becoming the heir apparent to Abdul-Jabbar. It's Larry Bird, a John Havlicek clone plus four inches. It's Magic Johnson, a 6-foot-8 assist machine like Oscar Robertson.

And their effect on the standings is tremendous. The world literally has been turned upside down. The Washington Bullets stand a good chance of not reaching the playoffs for the first time in over a decade, as the rejuvenated Boston Celtics and Philadelphia 76ers lead the division. The traditionally weak Atlanta Hawks lead another division. The Kansas City Kings—once pushovers

for many college teams—lead another division. The Seattle SuperSonics have now been lead to the promised land of the NBA finals after wandering in the wilderness for years.

It doesn't matter that sportswriters and sportscasters will have to learn and remember a lot of new names. In basketball in the 1980s, they will be using these new names a lot. It doesn't matter that these players were double-knotting their first pair of Keds while Clyde and Hondo polished their moves on college campuses all over the country.

Clyde and Hondo aren't dueling each other now. Bird and Magic and Moses and Dennis and Otis are doing the dueling now. And if the All-Star game is a preview of what the NBA and the 1980s have to offer, the sport of the 70s may arrive a decade late with the players of the 80s.

Lady netters win tourney

BY CARY HUMPHRIES
Sports Editor

Continuing in their winning ways the TCU women's tennis team defeated both Tulane and Houston in a tournament last weekend.

The lady netters shut out Tulane 9-0 and dropped Houston 8-1 before the weather prevented a final match with the Rice squad.

Rice had fallen in an earlier match to Tulane (7-2) so although no trophies were awarded, TCU was the only undefeated team at the tournament.

Angela Bartzten, playing in the first singles position, suffered the only loss of the weekend for the Frogs, as they

recorded victories in 17 of 18 matches.

The Frogs have a young squad, with only one senior (Janie Bowen) and one junior (Bartzten). The bulk of the team is made up of sophomores Cynthia Hill, Lori Nelson, Kerri Asiford, Ann Oliver, Barbara von Demleux and Lynn Davis.

"Although six sophomores sounds great it will make recruiting new girls tough and we'll be losing six players in one year," said women's coach Betty Sue Wert.

The Lady Frogs played Tyler J.C. yesterday and have several more junior college matches this month before beginning their toughest matches in March.

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For the complete story, Reserve and appointment at the Placement Office or visit the information booth at the student center February 5-8.

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"That didn't... formation obtain...

"We did not... when you're deal... some hope that w...

Krueger spoke... reporters.

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BY NATALIE HILL
Staff Writer

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