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TUESDAY



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The women's tennis team is confident in its young talent.
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TCU

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Symposium to be offered as honors credit substitute

By KATIE WINTER
Staff Reporter

The honors program is initiating a new option for its second-year students to gain honors elective hours, the program's assistant director said.

Ronald Pitcock, assistant director of the honors program and assistant professor of English, said The Contem-

porary Reading Symposium will meet on three different nights throughout the semester, and participants will meet with an honors professor and discuss the professor's chosen text.

Second-year students can receive the equivalent of three hours of honors elective credit toward their lower-division honors requirements, Pitcock

said. These hours do not count toward graduation, but help fulfill the lower division requirements, he said.

The first symposium meeting in February will be led by Linda Hughes, who holds the Addie Levy professor of literature endowed professorship. Hughes chose Tom Stoppard's "Rock N' Roll" to discuss.

Hughes said the symposium

is a great opportunity for students to engage, share and discover new points in every text chosen. Everybody will learn something from one another at the symposium, she said.

Pitcock said the symposium was initially brought to his attention by a group of upper-level students who expressed interest in studying contemporary texts.

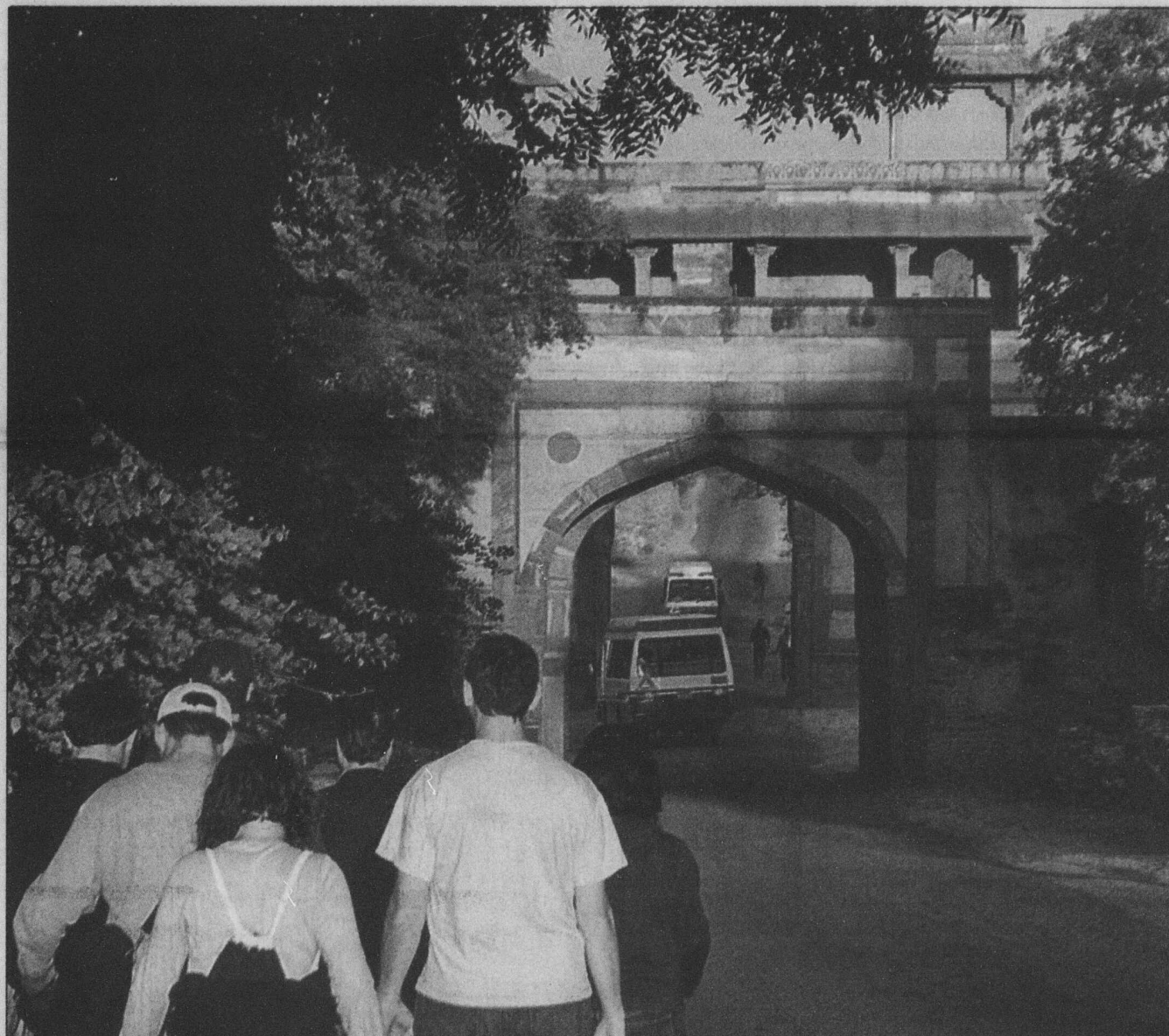
"The (symposium) is an opportunity for honors program students to explore recent textbooks, plays and films that are well regarded and award winners," Pitcock said. "The (symposium) can also help students who have joined the honors program late or need help fulfilling their 15 hours of lower division hours."

Drew Atkins, a sophomore finance and accounting major and honors student, said he is looking forward to interacting with intelligent people and discussing contemporary literature and film.

"The fact that it takes so little time out of my schedule but still provides me the opportunity to take something away

See **HOURS**, page 2

WORLD VIEW



Students from the Neeley School of Business walk through a neighborhood in India during a December trip to observe the country's business practices.

Courtesy of CATHERINE LEONARD

Students experience business abroad

By ELIZABETH SEHON
Staff Reporter

Next to congested streets and wandering cows lies a thriving business industry where Neeley business students witnessed a rapidly growing economy.

A December trip to India exposed

some Neeley students to international business methods and a better understanding of a global economic force, said Nancy Nix, an associate professor of supply chain practice and director of the Supply and Value Chain Center.

"Every business student should

assume that whatever job that can be digitized, done electronically or by phone can, and will, be done in India or some place else," Nix said. "It dramatically changes the nature of work here and the role students need to play."

See **INDIA**, page 2

Campus competes for second year in recycling contest

By ANNA HODGES
Staff Reporter

The race to recycle is on again.

Campus organizers of RecycleMania, a national recycling competition that began Sunday and will last until April 7, said they are ready to bounce back from a disappointing finish in last year's competition.

The Horned Frogs finished last in the region and 149th out of 175 schools nationwide. TCU students collected 4.42 cumulative pounds of recyclables per person, while the winning school, Lamont-Doherty Earth Observatory of Columbia University in New York, collected 101.12 pounds per person, according to RecycleMania's Web site.

Lack of student participation is one of the greatest obstacles to this competition, said members of Adduco Viridis, an environmental club on campus that is a Latin phrase for "to lead green."

Taylor Schadt, a junior business major, said things would be different if recycling bins were more visible around campus.

"People would do it [recycle] a lot more if they knew they could," Schadt said.

AV President Kimberly Banzhaf said inaccurate weekly calculations hurt TCU's standings in last year's competition.

"We had some logistics to work out that took us longer than we had expected," Banzhaf said. "We know our

strategy this year."

This year's RecycleMania will involve two competitions — one among dormitories and another among university departments.

"This program will educate the community on what TCU does now, which isn't much — but it certainly is a stepping stone to more awareness on campus and better practices in the future," said Ellen Schwaller, AV education chair.

Housekeepers at residence halls and designated officials within certain departments will keep count of how many recycling bags they take out, and AV will report TCU's progress by the pound each week to RecycleMania, Banzhaf said. According to AV club members, participating departments have not yet been determined.

See **RECYCLING**, page 2

FOR YOUR INFO RecycleMania 2007 results

Texas Schools

- 1 University of Texas Medical Branch Galveston
- 2 Rice University
- 3 University of Texas at Austin
- 4 University of Texas at Dallas
- 5 Baylor University
- 6 University of Texas at San Antonio
- 7 Southern Methodist University
- 8 Texas Christian University

Mock interviews prep students for post-graduation job hunt

By CHARLES RICE
Staff Reporter

Practice makes perfect and University Career Services is trying to help students achieve, well, perfection.

Career Services hosted mock interviews Wednesday and Thursday in hopes of better preparing students for the interview process when they apply for jobs.

This year the event was different from mock interview sessions in the past, Kimshi Hickman, interim co-executive director of the Alcon Career Center said.

Fifty-nine students took part in the mock sessions that were run by company representatives from companies such as Alcon, Deloitte & Touche, Enterprise Rent-A-Car, Brandt Engineer-

ing Co., Walgreens, Zale Corporation, Buckle and Wells Fargo Financial.

"I thought it would be a wonderful opportunity for students to have a chance to practice not with just the Career Services staff but with employers who are doing interviews day in and day out," Hickman said.

Hickman said she invited

employers who frequently hire interns and offer full-time positions to TCU students to come and run the mock interviews.

The sessions covered every aspect of what employers look for in interviews, including body language, verbal responses and effectiveness in describing strengths. One of the key focuses was behavioral interviewing,

Hickman said.

"(Behavioral interviewing) is still the type of interviewing that most of our students are encountering regardless of what industry or what their major is," Hickman said.

Ty Codner, regional recruiting manager for the greater Fort Worth area for Enterprise Rent-A-Car, said she has been

impressed with TCU students.

"I've seen some very neat and professionally assembled resumes," Codner said.

The way students incorporated their student affiliations into their deliveries was outstanding, she said.

Codner said she would like to see TCU students fine tune

See **INTERVIEWS**, page 2

WEATHER

TODAY: Mostly sunny, 59/40
TOMORROW: Partly cloudy, 66/53
SUNDAY: Few showers, 73/52

PECULIAR FACT

NEW YORK — An entrepreneur is setting up a speed dating event for rich older women and hot younger guys.

— Reuters

TODAY'S HEADLINES

SPORTS: Men's basketball to play Air Force, page 6
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CONTACT US

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INDIA
From page 1

Mark Muller, assistant dean for finance and administration, said students visited Canadian company CGI in India, where they learned how CGI passes work from country to country and cuts project completion time in half.

Students were also introduced to India's infrastructure issues. They learned if a company wants expansion in India, there are certain prob-

lems that could arise, Muller said.

Badly damaged roads, insufficient transportation, horrible traffic and state regulations can turn a six-hour trip into a two-day trip in India, Muller said. Students applied ideas to the infrastructure problem and saw that improving roads could benefit future business.

Andrew Reynolds, a professional MBA student with a concentration in supply chain management, considered a "cold chain logistics" solution to India's horrible

infrastructure effects. With such long trips from farms to markets, something as simple as a refrigerated truck could greatly reduce rotted waste, he said.

"It was interesting to see booming billion-dollar companies across the street from poverty," said Cathleen Cook, a graduate accounting student.

Nix said good communication skills are vital and should be used with delicacy when doing business internationally.

Communicating in a dif-

ferent environment requires great listening skills and asking deeper questions to ensure accuracy, Nix said.

"Although many people do speak English in India, there is still a high chance of miscommunication," Nix said.

A business student should also focus on "face-to-face interactions," Nix said. Actively engaging with clients in the community is vital and cannot be accomplished offshore. Students should strive to add value here while the daily transactional work is done

elsewhere, Nix said.

India's economy is more open today because of multinational companies, a growth students may be impacted by in the future, Muller said. Students have an opportunity to market and distribute work in India and should apply that information to their careers. The trip familiarized students directly to competition and what it is like to sell and do business in India, he said.

"They saw the service and product side," Muller said. "The students can now ask:

Is the job that I'm looking for acceptable to competition off-shores?"

"It was the richest of the rich and the poorest of the poor."

India's advancement is a reality and people should understand the imminent force and influence it will have on a global scale, Muller said.

"Anyone anywhere can compete today and one must think how they can add value where someone else cannot," Nix said.

HOURS
From page 1

from the class is what I find most intriguing," Atkins said.

Pitcock said many older students are going to participate in the symposium just for the sake of learning and not just for honors elective hours. Symposium participants aren't just getting off the hook easy, he said.

"Students will be doing the essay and attending the meetings on top of their full school load," Pitcock said. "There will be nothing easy about the symposium, but it will be a great learning experience."

Kaushal Amatya, a junior psychology major and honors student, said he is not jealous of

the younger students but questions if students would be able to capture the essence of an honors class by meeting only three times a semester.

"I don't know if the participants will be able to get out of it what we did," Amatya said. "By not being in a class you lose the social aspect of being and learning with other students."

Pitcock said in the future, alumni honors students and faculty will collaborate together to choose the texts covered at symposium meetings. For second-year students taking the symposium for credit, a critical essay about the covered text will be due finals week. Today is the deadline to sign up for the symposium.

RECYCLING
From page 1

This year, the university will face twice the number of competitors as it did last year. More than 400 schools are entered nationwide, including SMU, Baylor and the University of Texas. Banzhaf said this competitive element will not distract her from the group's overall goal.

"I just want us to do the best we can," she said. "I would say our main goal

is to raise awareness and to do better than we did last year."

John Hernandez, manager of residential housekeeping, said recycling bags are made available to students year-round, but in the past two years he has noticed an increase in students' willingness to recycle.

"This program has been a tremendous help in maintaining an overall awareness among students and faculty," Hernandez said.

INTERVIEWS
From page 1

their ability to communicate just how effective they have been in a particular position and to be able to express it with examples.

When describing her overall experience, she said TCU students have done "absolutely fantastic."

Fred Butler, store manager for Walgreens in Weatherford, reiterated Codner's sentiments. He said some of the things he looks for are eye contact and hand

movements when answering questions. He said this is important because gestures like that can distract an interviewer.

The interviews were informational and it was helpful to get feedback from professionals, said Ambika Sharma, senior political science and international economics major.

"I like that they told me strengths and gave me areas to work on," Sharma said.

Hickman said Career Services feels the new format has been successful and hopes to continue hosting the event.

STREAK
From page 6

have been incorporated into our team like they've been here for four years," Harkins said.

Senior captain Kewa Nichols agreed and said she has lofty, top-20 expectations for her final season.

"We definitely had some

changes that happened between the two years, but every year is different and I know we will bounce back this year," Nichols said.

The team will be tested early this season with a Texas tour opening at 23rd-ranked UT, followed by a trip to UNT, returning home to face 25th-ranked Texas A&M and ending at 13th-

ranked Baylor. Last season, the Lady Frogs struggled with both A&M and Baylor, losing both meetings with both teams.

The wait has been long for the Horned Frogs to prove that they are better than they finished last season. It has been even longer for Harkins to get a chance to compete on the court. Both are ready.

"As a team (our goals are), to win our conference, be able to improve our ranking and make it to the NCAA's, but our personal goals are to really come together as a team and fight for each match that we play."

The Horned Frogs home opener is against Texas A&M, Saturday, Feb. 16th.

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RAMBO: 12:25p 2:30p 4:45p 7:00p 9:20p 11:50p
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QUOTE OF THE DAY
"Honest differences are often a healthy sign of progress"
— Mahatma Gandhi

THE SKIFF VIEW

Honors credit option weak

The addition of the Contemporary Reading Symposium to the Honors Program will alleviate some pressure second-year honors students experience by making it easier to receive lower-level classification in the program. Instead of regular and often rigorous course requirements, honors students can relax for a semester because the Contemporary Reading Symposium is essentially a book club for smart people, and it substitutes a lower-division honors requirement. What a deal — three class meetings and one essay. Students who have completed lower-division honors requirements probably wish they had been offered this cop out. Apparently, the Honors Council is trading high academic standards for more prestige. According to the 2007-2008 TCU Catalog, "The Honors Program holds as its central purpose and philosophy the stimulation and

encouragement of academic activity at the highest level." Meeting three times a semester to discuss books like Tom Stoppard's "Rock N' Roll" and writing a conclusive essay doesn't sound like the highest level of intellectual stimulation. It sounds like a ploy to increase honors student retention. Students who worked to graduate with honors previous to this change probably don't appreciate this academic compromise that could devalue the prestige of their degree. The Honors Program is preparing to fulfill a 2006 proposal to establish an Honors College by 2009. In order to expand, it seems that the Honors Program is sacrificing its academic integrity. Breathless expansion doesn't always require lower standards.

Associate editor Ashleigh Whaley for the editorial board.

BY JACOB BRANCE



Jacob Brance is a freshman criminal justice and political science major from Cedar Park.

McCain's bipartisan views make him ideal candidate

Following his critical win in Florida, John McCain told The Associated Press he was the candidate who could unite the Republican Party. As the solidified front-

COMMENTARY



Kara Peterson

runner in the race for the Republican nomination, McCain may be right, but he's got a long way to go. Enabling voters to move past the legacy left by President Bush is only a start to uniting the fractured GOP, divided over what to do about an economy near recession, a seemingly endless war and a failed immigration plan. Military service and firsthand knowledge of the trials of war benefit McCain in his quest for GOP unity. Despite disagreeing with his stances on certain issues, some Republicans are enamored with McCain's story and view him as experienced and capable of leading the country. His long career in Congress prevents the talk

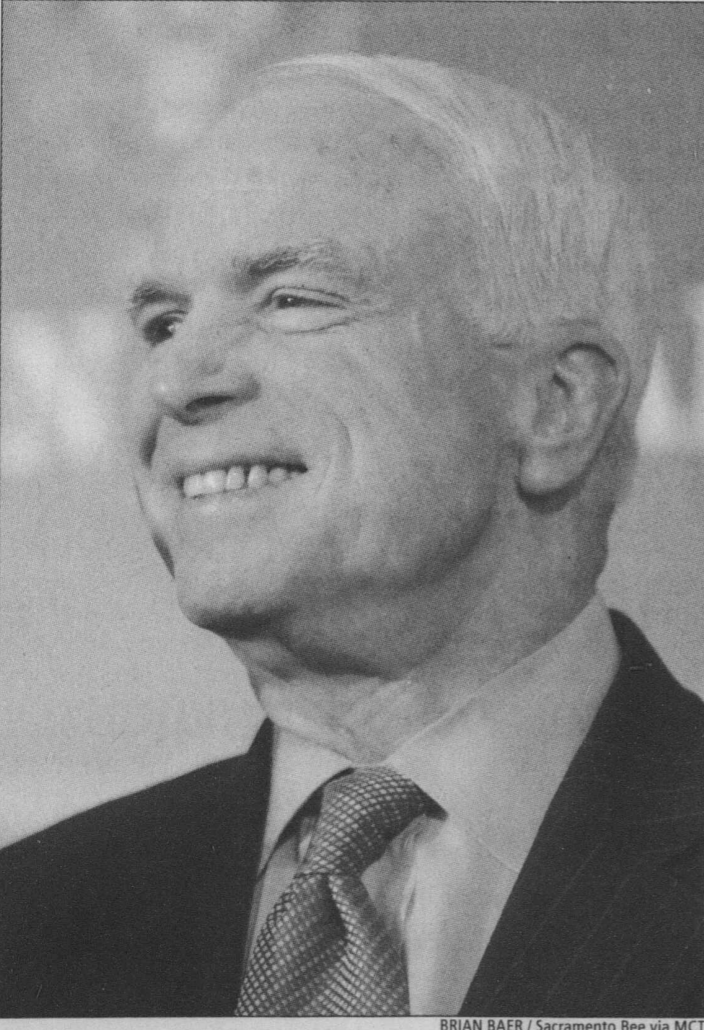
of inexperience that has plagued Democratic candidates, but his time in the Senate has left McCain branded a maverick in the party. His defection from the GOP's traditional stance toward a more moderate platform on several issues hasn't played well among conservatives and could hurt his efforts to unify the party. Following his failed bid for the Republican presidential nomination in 2000, McCain butted heads with President Bush on a number of issues, including tax cuts, global warming initiatives and gun control. Additionally, his campaign reform act and Patients' Bill of Rights were opposed by much of the party, according to a story in The Arizona Republic. During this period, Voteview, a Web site that tracks political leanings, ranked McCain the

sixth most liberal Republican senator. Then, in a turnabout, McCain adamantly supported Bush following the Sept. 11 attacks and during the lead-up to war. His support of Bush's War on

Terror did not, however, spread to all his votes. He twice voted against tax cuts, arguing that they weren't a good idea in a time of war, according to the St. Petersburg Times. In 2006, however, McCain voted in favor of the tax cuts — a change in his stance that may have been a way for him to gain support from conservative Republicans, a group with which he had previously disagreed. Although McCain has often dissented with conservatives, his recent rhetoric suggests it may not be an issue in the future. In December, McCain said that as president he would overhaul the nation's tax codes, saving millions of middle-class families \$60 billion, according to an article in The Washington Times. His fervent support of the war and his more fiscally conservative position will encourage more right-wing support, but it could cost him the moderates.

He is a complex politician, neither completely liberal nor conservative, but McCain has a demonstrated ability to adapt — both in times of national stress and when campaigning. His appeal to moderate Republicans lies mostly in his Senate votes prior to the wars in Afghanistan and Iraq. Hard-right voters will gravitate toward his more conservative position in recent years. Whether he will unite the moderate and conservative Republican factions is still in the air, but if McCain continues to deliver for both groups, his battle is nearly won.

Kara Peterson is an advertising/public relations graduate student from Fort Worth.



BRIAN BAER / Sacramento Bee via MCT

Charity chicken dances shouldn't bring NFL fines

Super Bowl advertising has always been relegated to the commercials, until now. Kentucky Fried Chicken has offered to donate \$260,000 to charity in the name of the first New England Patriots or New York Giants player to score a touchdown in Sunday's Super Bowl, provided that he flaps his arms like a chicken afterward — you know, like the move from the chicken dance.

COMMENTARY



David Hall

The reason: to support the fast food chain's new line of successful hot wings. We've all seen the commercial for this novel new product. It features some posh neoyuppies throwing a party in a Manhattan loft, dressed like they're hosting a symposium on contemporary jazz fusion and the poetic works of Sylvia Plath.

However, instead of eating rare Ecuadorian squid that tastes like compost for the snob factor of it all, like good Sylvia Plath fans would, they're chowing down on a bucket of finger lickin' chicken from the Colonel. KFC wants the nation to know about these wings in a big way. The money would be given to Colonel's Scholars, a KFC-affiliated charity that gives college scholarships to students attending public in-state universities. The NFL, however, is not so keen on the whole operation. League spokesman Brian

McCarthy said KFC's plan was "a textbook case of ambush marketing 101." He said, "There are many different companies that try to draft off the excitement of the Super Bowl that have no right to any of the activities going on." Any player who performs the chicken dance could face fines from the league. Apparently, the NFL wants to keep any and all advertising revenue to itself. That way, they can deprive needy kids of college scholarships and force them to be migrant workers for the rest of their lives. Charity is evil and could give the serfs enough money to build a printing press. What would the NFL do if the general populace discovered movable type? Then people would read instead of rotting on the couch and watching games in their \$99 Peyton Manning jerseys! We can't have that! Sure, KFC is getting publicity for a fraction of the cost of a Super Bowl ad, and they're giving the money to their own charity, but scholarship money is scholarship money.

I could understand the NFL's reaction if KFC wanted to push its "Addicted to Biscuits" campaign by having New York Giants wide receiver Amani Toomer chain smoke after scoring a touchdown. Acting like a chicken is family friendly and doesn't support substance abuse. Some player has to do the dance. Yeah, the NFL has a reputation for levying ridiculous fines. Washington Redskins running back Clinton Portis had to open up his wallet after wearing the wrong-colored socks in a game. While I don't have a figure handy, I think they fined him \$27 billion and repossessed his house. Or maybe it was in the neighborhood of \$5,000 and a wag of the finger. I can't remember. Professional football players are incredibly rich. Well, at least the kind who score touchdowns or tackle hard. They can afford a fine, especially if it means giving a brighter future to young minds. Sylvia Plath would be proud.

David Hall is a sophomore news-editorial journalism major from Kingwood.



MCT

LETTER TO THE EDITOR

Fort Worth a city full of opportunity

Thank you for including the story "Fort Worth ranks No. 5 for top job hunting cities."

The article stated that Forbes magazine named the Dallas/Fort Worth area the No. 5 place for people to live and work. Several credentials were considered, such as the state's employment rate, income and job growth, and cost of living. The article also mentioned that having a TCU

education reinforces students' chances of finding a job. I think it is very significant not only for graduating seniors but also for all students to understand the vast opportunities the Fort Worth area can offer. Instead of TCU graduates going out of state for employment, I encourage them to give back to the Fort Worth commu-

nity by sharing the knowledge and skills TCU bestowed upon us. We should take advantage of the fact that our education gives us an upper hand, recognize our potential, and who knows — the DFW area might be ranked No. 4 or better next year.

Lauren Hicks is a senior communication studies major from Fort Worth.

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SUPER CASSEROLES

Casseroles can be a healthy alternative to typical party snacks

By GAIL BORELLI
Kansas City Star

Like Rodney Dangerfield, the casserole gets no respect.

To many, the word conjures up church basements and pans filled with bland blends of mushy noodles, cream soups, mayonnaise, sour cream and cheese.

But why? "Casserole" is a broad term that applies to any food baked and served in the same dish. As such, it describes not only the bourgeois recipes on soup cans but also culinary sophisticates such as cassoulet and tagine.

In America, casseroles got a big push when women started working after the war. Manufacturers of canned foods published recipes that emphasized the convenience of one-pot cooking and can openers.

"That's how casseroles started out with a not-so-good pedigree," says Sylvia Lovegren, author of "Fabulous Food: Seven Decades of Food Fads."

"Advertisers kept coming up with weird recipes. If you connected your tongue and your brain, there were combinations you would never do."

"We think casseroles are things people dump all this stuff in and didn't work that hard on," says Susan Mills-Gray, nutrition and health specialist for University of Missouri Extension.

But maybe it's time to change that perception. In 2008, casseroles deserve a place in the home cook's repertoire. Not only are they the ultimate comfort food, browned and bubbling on a cold winter's evening, but they also are economical, stretching meat with the addition of pasta or rice. They can be prepared in advance and freeze nicely. A typical 9-by-13-inch pan usually makes enough for two meals, and leftovers are easy to reheat in the microwave.

One rap against casseroles over the years has been their artery-clogging combinations of hamburger, sour cream, eggs and cheese — lots of cheese. But with a few tweaks, casseroles can be part of a healthy diet.

Reducing is the first line of defense. The amount of butter in a recipe can be cut by one-fourth with no discernible difference in taste, Mills-Gray says.

And if a casserole recipe calls for salt, it can always be omitted.

Second, learn to substitute for the high-fat, high-sodium offenders. Casseroles are a forgiving bunch. When low-fat or low-sodium substitutes are mixed in among the other ingredients, "No one can tell the difference unless you tell them ahead of time and put that thought in their mind," says Shelly Summar, weight management program coordinator at Children's Mercy Hospital in Kansas City, Mo.

Among the suitable substitutes:

Meat. Summar recommends using meat that is at least 90 percent lean. When cooking with turkey, look for packages labeled "breast." Ground turkey that isn't breast meat may contain skin and dark meat with more fat and calories, she says.

Starches. You can triple the fiber in a casserole by using whole-wheat pasta in place of egg noodles. "They're great — not sticky, gummy pasta like they used to be," Summar says. Use more fibrous brown rice in place of white rice.



HEALTHY TATER TOT CASSEROLE

Makes 8 to 10 servings

- 1 medium onion, chopped
- 1 tablespoon olive oil
- 2 to 3 cloves garlic, minced
- 1 large red bell pepper, seeded and chopped
- 3 medium carrots, peeled and chopped
- 3/4 cup sliced mushrooms
- 1 pound extra-lean ground turkey
- 1/4 cup flat-leaf parsley, chopped
- 1 1/2 tablespoons onion powder
- 1 tablespoon paprika
- 1 (2-pound) bag frozen tater tots
- 2 (10.5-ounce) cans low-sodium cream of mushroom soup

If family members, particularly children, have issues with the darker-hued whole-grain noodles or rice, start by substituting whole-grain for one-fourth of the regular noodles. Then increase the proportion each time you make the casserole, Summar says.

Vegetables. Colorful vegetables not only boost the nutrition of casseroles but also add visual interest to the typically beige dishes.

Cooks can usually get away with including 50 percent more vegetables than a recipe calls for, says Suzanne Havala Hobbs, a registered dietitian and faculty member in the School of Public Health at the University of

North Carolina-Chapel Hill.

If a recipe doesn't call for vegetables, add some. Tough veggies like broccoli may need to be precooked (cut them in uniform chunks), while corn and peas can be folded into the casserole right before baking.

If you want to be really sneaky, mix in baby food. Two 4-ounce jars of pureed carrots, green beans, squash or sweet potatoes disappear easily into a 9-by-13 casserole, Summar says. Baby food adds fiber and vitamins without any lumps that may raise suspicions among young eaters.

Sauces. Without a sauce to bind everything together, casseroles

would be dry indeed. Sauce mainstays include cheese and other dairy products, as well as canned cream soups.

Light or reduced-fat sour cream, mayonnaise, milk, cheese and canned soup can be substituted for full-fat products with little taste difference.

Be careful using fat-free products, however. Fat-free cheese does not melt well, and fat-free sour cream or skim milk might turn a casserole watery, Havala Hobbs says.

Another option is to use a full-fat product with a more assertive flavor, but less of it.

- Preheat oven to 350 degrees. In a large skillet over medium heat, cook onion in olive oil until translucent. Add garlic, red pepper, carrots and mushrooms and cook until soft. Add turkey, parsley, onion powder and paprika and cook until turkey is browned and fully cooked. Place meat mixture in a 9-by-13-inch baking dish.
- In a large bowl, combine frozen tater tots and soup. Top casserole with the potato mixture. If desired, sprinkle with extra parsley and paprika. Bake 55 to 60 minutes.
- Per serving (based on 8): 283 calories (36 percent calories from fat), 11 grams fat (3 grams saturated), 28 milligrams cholesterol, 33 grams carbohydrates, 13 grams protein, 471 milligrams sodium, 4 grams dietary fiber.

—healthycooking.suite101.com

A cook's guide

Some standard measurements:

- A pan 8 by 8 inches makes 1 1/2 quarts and 4 to 6 servings
- A pan 7 by 11 inches makes 2 quarts and 6 to 8 servings
- A pan 9 by 13 inches makes 3 quarts or 8 to 12 servings

SPICE IT UP WITH SUBSTITUTIONS

- One criticism of casseroles is that their flavors tend to be unadventurous. To jazz up a family favorite:
- For processed or mild cheddar cheese, substitute smoked Gouda or other more flavorful cheese.
- For plain egg noodles, substitute tri color pasta wheels or fun squiggly shapes.
- For vegetables, use wild mushrooms instead of canned button mushrooms, and edamame instead of peas.
- For a flavor boost, try red pepper sauce; lemon or yuzu juice; wine or sherry; or ethnic flavorings such as curry, hoisin sauce and feta cheese.
- For the cracker-crumb topping, substitute finely chopped nuts, wheat germ, sunflower seeds or vinegar-flavored potato chips.

COOK'S TIPS

- Slightly undercook pasta for casseroles. Noodles will continue to cook in the oven.
- When making recipes ahead, store casserole fillings and sauces separately.
- Bring prepared casserole to room temperature before baking.
- Allow casserole to cool a few minutes before serving. This allows flavors to meld and the layers to bind together.
- To free up casserole dishes for other uses, line the dish with heavy-duty aluminum foil and spray with cooking spray. Assemble casserole in pan and freeze as directed. Once frozen, use foil to lift out casserole and wrap tightly. When it's time to serve, put casserole back in the dish and follow recipe directions for thawing and cooking.

Sources: "America's Test Kitchen," *Cooking Light*

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Bliss



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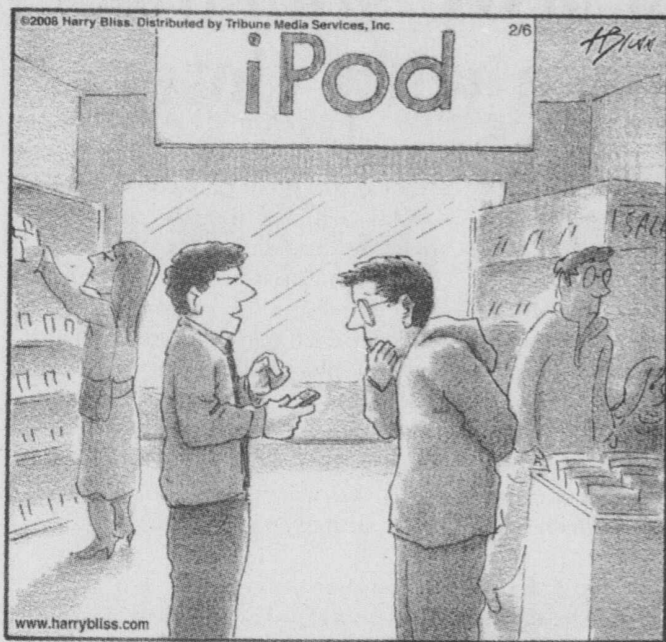
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TODAY IN HISTORY
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 A: Because he had no body to go with.

Bliss

by Harry Bliss



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	7		6		8	
5		4				6
	2		8			4
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Directions
 Fill in the grid so that every 3x3 box, row and column contains the digits 1 through 9 without repeating numbers.

Thursday's Solutions

5	2	4	7	1	6	3	9	8
3	9	8	2	4	5	7	6	1
6	1	7	3	9	8	2	5	4
8	6	3	5	2	1	4	7	9
1	5	9	4	3	7	6	8	2
7	4	2	8	6	9	1	3	5
4	7	6	9	5	2	8	1	3
2	8	5	1	7	3	9	4	6
9	3	1	6	8	4	5	2	7

See Tuesday's paper for answers to today's Sudoku puzzle.

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 4 Multi-talented Rivera
 9 Perpendicular
 14 Abu Dhabi, Dubai et al.
 15 Deli subs
 16 Main artery
 17 One-time connection
 18 Robin Williams in "Jumanji"
 20 Kidnapper's demand
 22 Quite cold
 23 Pack (down)
 24 Smarted
 26 Pirates' take
 30 Escargot
 32 Bowler's button
 34 Stout cousin
 35 Martha of mysteries
 37 Pandemonium
 39 Day-night tie?
 41 Makes up
 42 Well-matched
 43 Subtle difference
 44 Average score
 45 Stairway part
 47 "I dunno" gesture
 50 Putin turnaround
 52 "Like a Rock" singer
 54 '90s hairdo
 55 Supernumerary
 57 Help out
 59 Robin Williams in "Dead Poets Society"
 63 Screwball
 64 Czar's decree
 65 Postulate
 66 Indians, score-board-style
 67 Stares
 68 Politico Perot
 69 Solo of "Star Wars"

DOWN
 1 Liquid measures
 2 Luzon Island battle site
 3 Robin Williams in "Good Will Hunting"
 4 Actress Rosalind
 5 Ships' tillers
 6 Pers. pension
 7 Languages
 8 Quaking trees
 9 -mutual
 10 Feudal masters
 11 Swiss canton
 12 Atlas abbreviation
 13 -humbly!
 19 Formula math
 21 Ghost
 25 "Bang a Gong (Get It On)" band
 27 Robin Williams in "Insomnia"
 28 Winglelike parts
 29 Precious stones
 31 Cruise ship
 33 Second decade
 36 Fashion designer
 38 Russian villas
 39 Cable str.
 40 Wharf
 41 Make well
 43 Denier
 46 Six-winged angel
 48 Writer LeGuin
 49 Obtained cargo
 51 Wound up
 53 Indian royalty
 56 Classic Jags
 58 Some NCOs
 59 Water pitcher
 60 Volga tributary
 61 -mat (dangerous cargo)
 62 Late starter?

By Allan E. Parrish
 Mentor, OH

2/1/08

Thursday's Puzzle Solved

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See Tuesday's paper for answers to today's crossword.

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 Agape Baptist Church 3954 Southwest Blvd. Fort Worth, TX 76116 www.agapebaptist.org Sunday Services 11:00 a.m. and 6:00 p.m. Sunday School 9:30 a.m.

Catholic
 Holy Family Catholic Church 6150 Pershing Ave. 817.737.6768. Weekend masses Saturday 5:00 p.m., Sunday 7:45 a.m., 9:15 a.m., 12:00 noon. Young Adult Ministry contact Katie Kernich, kknernich@holyfamilyfw.org
 There's a Catholic parish just around the corner! 3717 Stadium Drive. Join St. Andrew's young adults for scripture, study and faith sharing Tuesday 7 p.m. Questions? E-mail rihelen@standrewcc.org or check www.standrewcc.org

Methodist
 Arborlawn United Methodist Church www.arborlawnumc.org 5001 Briarhaven Rd., Fort Worth, TX 76109 817.731.0701 Sunday Services-Traditional 8:45 and 11:00 Insearch Contemporary 11:11 Sunday school 9:45

Disciples of Christ
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 South Hills Christian Church (DOC) Rev. Dottie Cook Minister. Worship 8:30 and 10:50 a.m. Young adult Sunday school with breakfast - 9:45, 3200 Bilglade Road, 817-926-5281. Call for directions.

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WOMEN'S TENNIS

NEW ACES

Team combines experience, youth

By JOSH DAVIS
Staff Writer

For junior Macall Harkins, last season was one of disappointment and angst. After transferring from the University of Illinois, Harkins was looking forward to contributing immediately to the women's tennis team. Illinois, however, would not grant her release to join in NCAA play.

"I was able to get to know (my teammates) from what I guess you could call a cheerleader's perspective," Harkins said. "But I like to be in the competition as well. It was really difficult."

She will get her chance this year to join the Horned Frogs, which enters the season ranked 35th in the Intercollegiate Tennis Association poll. Harkins and her teammates look to rebound from last season's 38th-ranked finish after top 20 campaigns in 2005 and 2006.

The team was not only hindered by Harkins' ineligibility, but the departure of Karine Ionesco, whose graduation left a hole in a

promising lineup. Head coach Jefferson Hammond said he believes the three new freshman on the team will be able to fill any cracks in the lineups this year, after the Lady Frogs were at times left with only five active players last spring.

Maria Babanova, Katariina Tuohimaa and Idunn Hertzberg are the new additions to the team and all three are international products. Babanova and Hertzberg played with the team last fall, while Tuohimaa joined just weeks ago.

"Idunn comes in with a really steady game and a great approach to tennis — she's very even keel," Hammond said.

He also praised the young Babanova, who turned 17 her first week of school.

"She's very young, but she continued to improve all semester and shows a lot of promise in doubles," Hammond said.

"Katariina brings a ton of experience in doubles from the International Tennis Federation women's



Anna Sydorska along with partner Ana Cetnik (not pictured) compete in a doubles match against Ole Miss.

circuit and is as good a recruit as anyone across this country could ask to get."

Now the question is whether Harkins and the youth can mesh with the returning talent such as All-American Anna Sydorska and

junior Nina Munch-Soegaard, who enters the year ranked 66th nationally.

"Even though it has only been a few months for (Babanova and Hertzberg) and even less for Katariina, they

MEN'S BASKETBALL

Knot in MWC standings will loosen with victory

By JOHN BOLLER
Staff Reporter

The men's basketball (11-8) team will be looking to bounce back from a two-game losing streak Saturday. With a 3-3 record in the Mountain West Conference, the Horned Frogs are in a three-way tie for third place.

The Frogs' opponent, the Air Force Falcons (11-8, 3-3) will also be looking to rebound from a loss after losing to Brigham Young on Wednesday night.

So far this season, the Falcons are shooting 45 percent from the field and just under 40 percent from behind the arc. Air Force is also plus 30 in the turnover margin and senior Tim Anderson leads the team with 15.5 points per game.

Last season, TCU and Air Force split their two games during the regular season; both teams' wins were at home. The Falcons embarrassed the Frogs in Colorado Springs, Colo., 72-39, TCU's most lopsided loss of the year. In its blow-out win, the Falcons shot better than 50 percent from behind the arc. As a team, they also shot 61 percent from the field.

The Frogs avenged its worst loss of last season with its best win, beating the No. 13 ranked Falcons in the next matchup 71-66.

"In practice we have reminded our players about (Air Force's) shooting ability," head coach Neil Dougherty said. "Air Force is a team that consistently shoots well and you have to be ready to defend the jump shot."

In TCU's upset win last season, the team played strong defense that led to 24 points off of turnovers and 11 fast-break points.

"Air Force is not a bad team," said senior guard Brent Hackett. "We have to play a lot of intensity and play smart defense against Air Force."

Also in the win, TCU's bench played a big role, outscoring Air Force's bench 32-9. Dougherty said he will look to try and use the bench against them Saturday.

"We would like to make the bench a factor in the game," Dougherty said. "We will figure out what our exact strategy will be during practice."

Dougherty said TCU has to be ready to defend against the Falcons' offense for the full 40 minutes, and hitting shots from the field early is a must.

As far as motivation goes, Dougherty said he feels his team will be ready and focused to play Saturday, hoping to stop the losing streak.

"We might show the guys some clips from when they beat us pretty bad at their place," he said. "I don't think we will need to worry about the motivation factor. With two losses in a row, our guys will be ready to play."

See **STREAK**, page 2

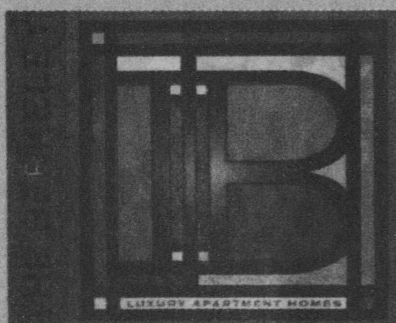
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WHERE: Daniel-Meyer Coliseum

Women's Basketball

OPPONENT: Air Force
WHEN: 3 p.m. Saturday
WHERE: Colorado Springs, Colo.
BROADCAST: KTCU 88.7 FM

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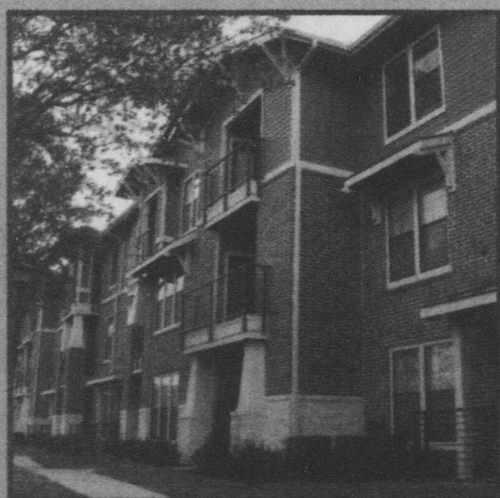


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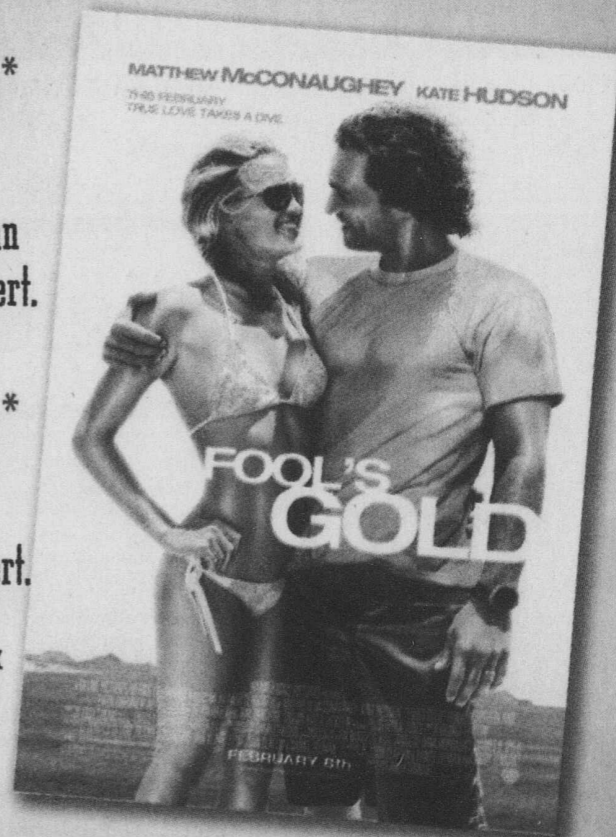
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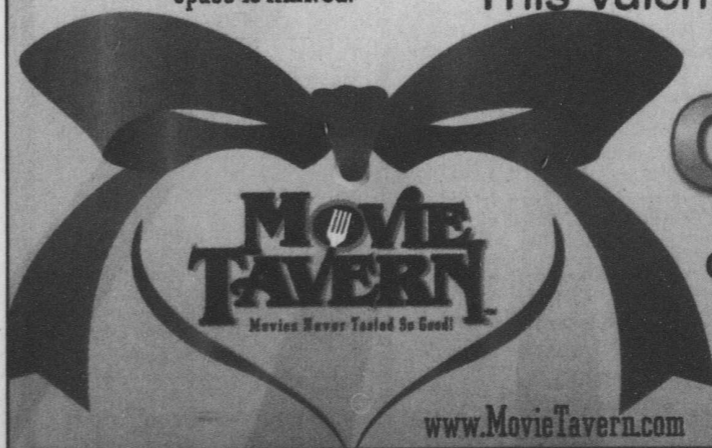


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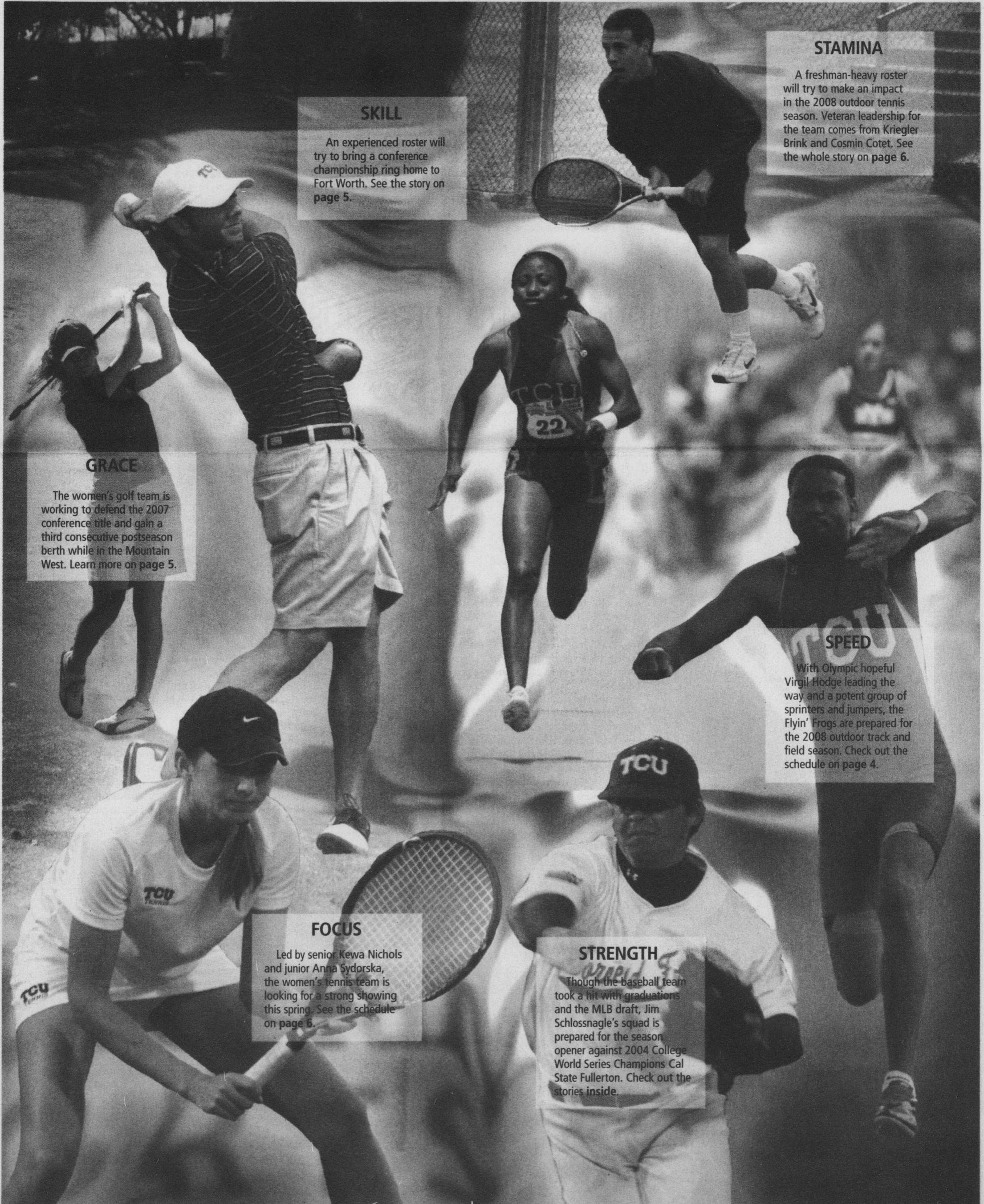
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Spring Sports 2008

What makes a Horned Frog?



SKILL

An experienced roster will try to bring a conference championship ring home to Fort Worth. See the story on page 5.

STAMINA

A freshman-heavy roster will try to make an impact in the 2008 outdoor tennis season. Veteran leadership for the team comes from Kriegler Brink and Cosmin Cotet. See the whole story on page 6.

GRACE

The women's golf team is working to defend the 2007 conference title and gain a third consecutive postseason berth while in the Mountain West. Learn more on page 5.

SPEED

With Olympic hopeful Virgil Hodge leading the way and a potent group of sprinters and jumpers, the Flyin' Frogs are prepared for the 2008 outdoor track and field season. Check out the schedule on page 4.

FOCUS

Led by senior Kewa Nichols and junior Anna Sydorska, the women's tennis team is looking for a strong showing this spring. See the schedule on page 6.

STRENGTH

Though the baseball team took a hit with graduations and the MLB draft, Jim Schlossnagle's squad is prepared for the season opener against 2004 College World Series Champions Cal State Fullerton. Check out the stories inside.

BASEBALL

Team relies on hustle, grit to win ballgames

By BRETT LARSON
Sports Editor

College baseball teams usually start with known commodities such as a tested pitching staff and an experienced batting lineup, but TCU's baseball team is starting the 2008 season from scratch in most areas.

The team lost the 2-5 hitters in its batting order, the entire starting pitching staff and All-American closer Sam Demel.

"There's certainly a lot of areas that are unsure or up for grabs right now," head coach Jim Schlossnagle said.

The holes left in the pitching staff by graduation and the pro draft equal opportunities for players that haven't had the chance to crack the rotation yet.

Schlossnagle said the start total for the entire starting rotation is probably about five or six games.

The infield is built around four players who have all started games for TCU in the past.

The outfield is anchored by senior center fielder Clint Arnold, who will be flanked by platooning left and right fielders.

Arnold said one of the team's

big advantages is that most players can play multiple positions. Several players who have mostly played infield will have a chance to play in the outfield this season.

The team has categorized itself as a dirtbag, blue-collar type squad, which focuses on hustling and concentrated, mistake-free play.

"Just hustle, get after it, (get) a lot of doubles, play great defense and we're going to run a lot better than last year," Arnold said. "We're really going to have to do the small-ball type things."

The team plan is a more grind-it-out style during ball games.

"There's not going to be too many days we outscore people," Schlossnagle said. "We're going to have to play good defense, and we're going to have to pitch well, but that's also how you have to win in the postseason."

Last year the team was knocked out of the postseason by the Rice Owls in the championship game of the NCAA Regional tournament.

Arnold said the team's lack of power should not be a prob-

lem when it comes to scoring runs.

"We've got some guys that can swing the bat. The way we score runs and the style we do it is different, but we're still going to be able to score," Arnold said. "We're going to steal some bases, (and) hit some doubles and triples rather than home runs."

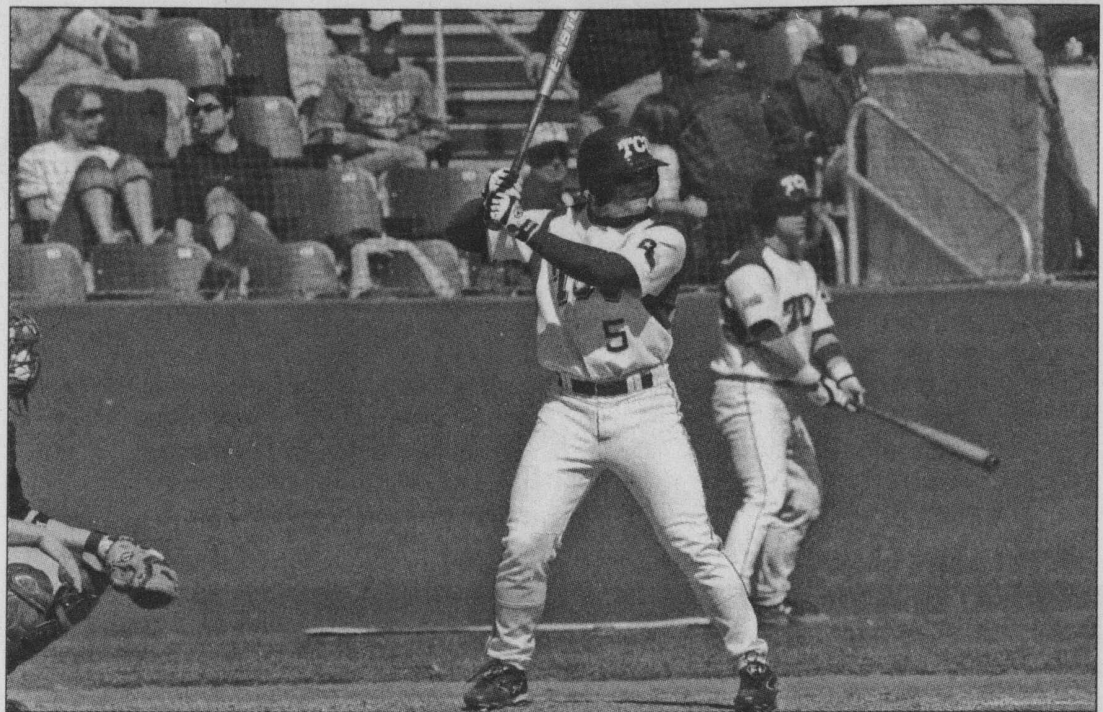
By having a team that cannot rely on power and offensive explosions, Schlossnagle said, he believes this will help the team compete in the postseason against teams with great pitching.

"Teams that rely on the home run sometimes can struggle in the postseason, so maybe that style of play will better suit us at the end of the season," Schlossnagle said.

TCU ended last season one spot out of the USA Today college baseball poll, and at times was ranked in the top 20.

Schlossnagle said grabbing such a high ranking may not happen again this season, but said even with a difficult schedule, if the team gets on a roll, a return to the rankings is possible.

Junior Chris Ellington, who



Courtesy of TCU ATHLETICS
Senior Clint Arnold is the unquestioned leader in the TCU outfield. His track record as a First-Team All-Mountain West outfielder and potency at the plate lands him a role as one of the go-to guys for the Horned Frogs in 2008.

transferred from Grayson County College, said everyone on the team is really close and they are hard workers.

"That's what it takes to win," Ellington said.

As if the team's player losses were not enough, TCU also has one of the more difficult non-conference schedules

in the nation, Schlossnagle said.

TCU starts off with a bang, playing 2004 College World Series Champions Cal State University Fullerton at Lupton Baseball Stadium, in what will be the inaugural round of a four-year series.

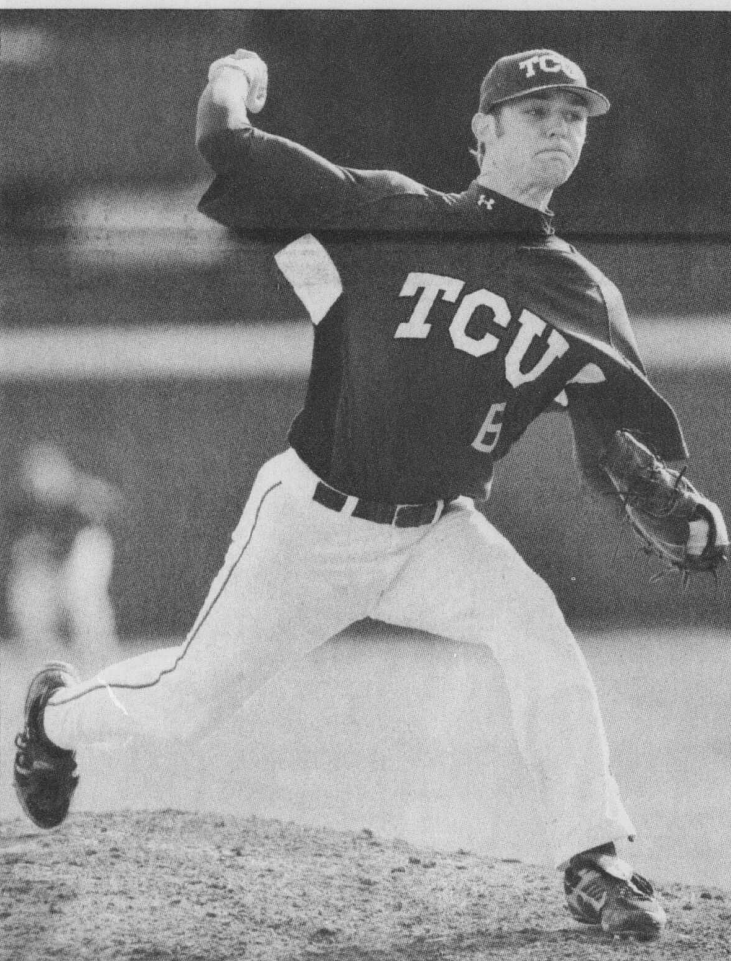
"They just don't leave home

for anybody," Schlossnagle said.

NCAA rule changes this season required the team to hold off practice until today. The NCAA season features a true opening day on Feb. 22, when the Horned Frogs face Fullerton in the first game of the four-game set.

BASEBALL

Open starting rotation slots up for grabs by untested staff



Courtesy of TCU ATHLETICS
Andrew Cashner, a transfer from Angelina Junior College, is a right handed pitcher looking to nab one of the spots in the Horned Frogs pitching rotation.

By ROB CRABTREE
Staff Reporter

After losing the entire starting rotation from last season, the TCU pitching staff will start practice on Feb. 1 with several question marks.

Head coach Jim Schlossnagle said rotation spots are going to be very competitive heading into this season.

"We have a lot of fresh faces this season," sophomore right-handed pitcher Tyler Lockwood said. "We have some transfer guys, but mostly it's guys who have been with the team and haven't gotten their shot yet."

Lockwood said the coaching staff has been emphasizing that young guys will have to fill some roles this season.

Senior right-handed pitcher Seth Garrison is expected to return to the rotation after season-ending Tommy John surgery in 2007.

Before going on the disabled list, Garrison posted an ERA of 1.96 with 23 innings pitched and 3 starts.

"We're really glad to have Seth back this season. He's a huge asset to our staff," Lockwood said.

"One of the best things you can have as a coach is open competition on your team," Schlossnagle said.

Schlossnagle said he likes the staff's ability level, but most of the guys are relatively untested at the college level.

"Last year we had guys who were known commodities who we could run out onto the mound every game," Schlossnagle said. "Meaning we knew what we could expect out of our pitchers almost every game. We don't know what are known commodities yet for this staff."

One of those known commodities from last season was Sam Demel who made appearances in a little more than half the games and pitched 49.2 innings with a 2.17 ERA.

Last season the team rarely played more than three games in a week Schlossnagle said. This season the Frogs have ten weeks where the team will play at least five games per week.

"Those weeks are really going to test the durability of our staff," Schlossnagle said.

"One of the best things you can have as a coach is open competition on your team," Schlossnagle said. "It gives a lot more guys the opportunity to pitch, even to the point where we may not be able to have the same closer every night."

He said with some losses to the batting lineup, the team is not going to outscore a lot of teams, and it's going to be important for the pitching staff to perform well to keep them in games.

Schlossnagle said it's more important for a good team to have a competent pitching staff and good defense than a power hitting team.

He said teams with pitch-

ing and defense are more likely to do well in the postseason, and teams with this style of play should perform well with greater consistency.

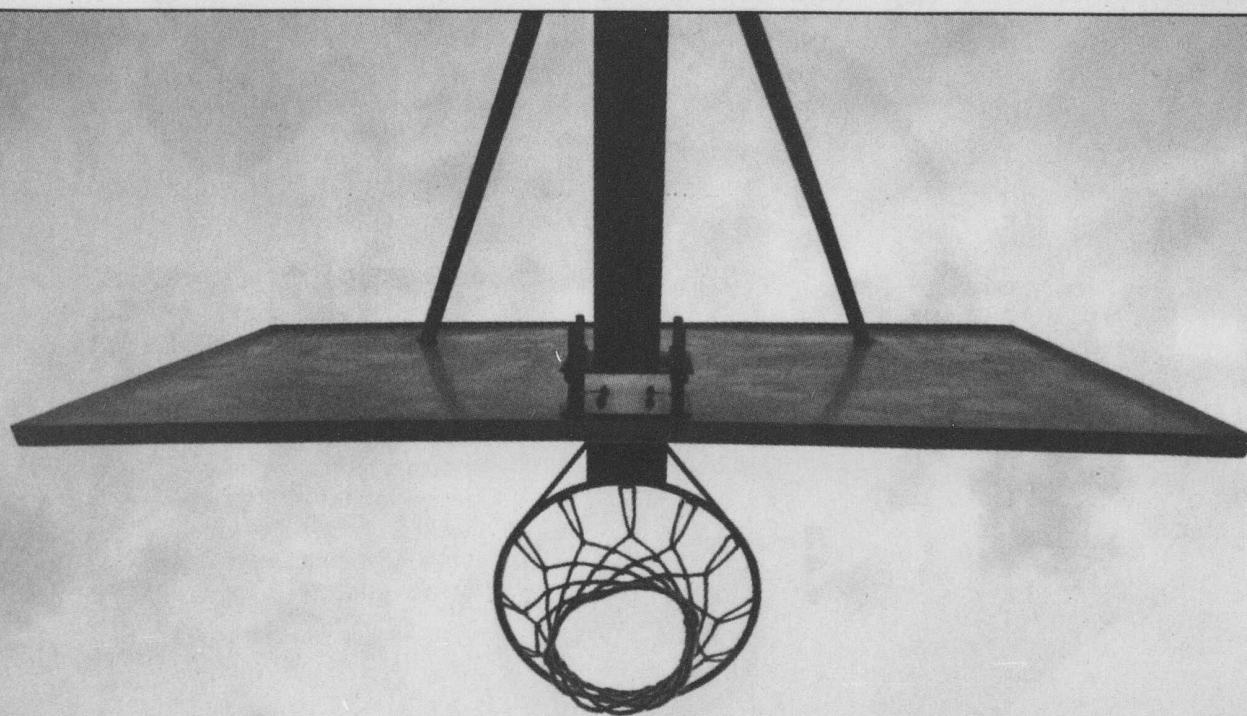
The Frogs open the season Feb. 22 with a three game series against 2004 College World Series champion Cal State Fullerton.

The Titans are ranked No. 15 in the preseason USA Today/ESPN coaches poll.

Last season Fullerton advanced to the College World Series where it eventually finished in seventh place, losing to Arizona State and the University of California, Irvine.

Sophomore left-handed pitcher Derek VerHagen said it is going to be an exciting series for the Frogs because Fullerton is a well respected program in college baseball.

"Fullerton had a really good season last year," VerHagen said. "I think we had a great season last year. So it should be an interesting series to watch."



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Ex

By ROBERT
Staff Reporter

The Horned Frogs team will be in the infield to

"I think the Horned Frogs first baseman said, 'A lot of their positions before. The Horned Frogs of our team'."

All four of their regulars past. The Horned Frogs for stabilizing starting pitcher and having a pitching order.

"With the Horned Frogs being a dominant team and an elite pitching staff, the Horned Frogs needs to have a head coach," Schlossnagle said.

The 2007 season for fielding Schlossnagle said. Matt O'Connell, a junior, will be base following Steven O'Connell team. Ca-

Ce

By BRETT
Sports Editor

An excellent year's of Frog baseball also be a lot of infielders deeper p-

Head coach Jim Schlossnagle said center fielder Clint Arnold is the team's veteran most of the team look-

This weekend season since transferred to University of California, Irvine.

Last season's First-team All-Conference pitcher for the best batting team.

Arnold, the outfielder, a rotation of other two presence in the field for other team.

"Most

BASEBALL

Experienced infielders defensive backbone of team

By ROBERT BEMBER
Staff Reporter

The Horned Frogs baseball team will lean on an experienced infield to lead the team.

"I think we have a very veteran infield coming back," junior first baseman Corey Steglich said. "A lot of guys have played their positions and started there before. That should be the anchor of our team this year."

All four infielders have started at their respective positions in the past. The team will look to them for stability after losing the entire starting pitching staff, its closer and having the middle of the batting order essentially gutted.

"With our offense maybe being a different kind of offense and an inexperienced pitching staff, that's something that needs to be really consistent," head coach Jim Schlossnagle said. "That needs to be a strong point of our club."

The 2007 team set a record for fielding percentage at .975, Schlossnagle said.

Matt Carpenter, a redshirt junior, will be a staple at third base following the graduation of Steven Trout from last year's team. Carpenter missed almost

the entire 2007 season recovering from elbow surgery, for which he received a medical redshirt.

As a sophomore, Carpenter started all 62 games and committed only six errors in 256 chances. He was also second on the team in batting average, hitting .349. Schlossnagle said he values the leadership the junior brings to the team.

"He's been in this program for a long time," Schlossnagle said. "He's evolved as a player, as a leader and as a student. He's very invested in TCU baseball."

Senior Bryan Kervin and junior Ben Carruthers return at shortstop and second base, respectively, to make for an experienced double play combination.

"Kervin plays a lights out shortstop," Schlossnagle said. "(And) Carruthers is the best defensive second baseman I've ever coached."

Behind the plate will be the platoon of sophomore Bryan Holaday and junior Hunt Woodruff. With the changes to the NCAA schedule, the Horned Frogs will sometimes play 5 games in a week, requiring

depth at the catcher position.

"That's not just going to put stress on your pitching staff," Schlossnagle said. "It's going to put stress on your catching. You're going to need to play more than just one guy back there."

Woodruff saw some action during the 2007 season, but Andrew Walker, a fifth-round draft pick of the Pittsburgh Pirates, was the everyday catcher.

Junior Matt Vern is projected to start at first base, Schlossnagle said. Steglich will likely see time there too, as well as at designated hitter.

Vern put up solid power numbers last season with a .519 slugging percentage and tied for the team lead in triples.

"We lost a lot of run production," Schlossnagle said. "We're really going to depend on guys like Carpenter, (Matt) McGuirk and Matt Vern becoming run producers instead of just support players."

"We're just going to have to step up," Steglich said. "It's going to have to be somebody else each and every day. Whether it's the guy in the nine hole or the guy in the one hole, you



Junior Matt Vern is projected to start the season at first base, joining a group of infielders that represents the most experienced section of the team. Each infielder has started at his position for the Frogs in past seasons. Rounding out the infield defense is the tandem of junior Ben Carruthers and senior Bryan Kervin playing second base and shortstop, respectively.

never know who's going to have to make a contribution because we did lose a lot in the middle of the order."

Schlossnagle said the team likely won't be able to equal last

season's power numbers.

"That's one thing we've been preaching to the players," Schlossnagle said. "We're going to have to be a blue collar, dirt

bag, base running-type club."

Kervin said: "I think we're going to have to do the small stuff — get our bunts down when we need it, get the hit and runs and those sort of small things."

BASEBALL

Center fielder vocal leader of Frogs platoon outfield

By BRETT LARSON
Sports Editor

An experienced leader in center field headlines this year's outfield for Horned Frog baseball, which will also be relying on a handful of infielders adjusting to the deeper position.

Head coach Jim Schlossnagle said senior center fielder Clint Arnold is one of the team's vocal leaders — a player most everyone else on the team looks to for guidance.

This will be Arnold's second season playing for TCU since transferring from the University of Arkansas.

Last season he was named First-team All-Mountain West Conference after hitting .326 for the year, the fifth highest batting average on the team.

Arnold will shore up the outfield, which should see a rotation of players in the other two positions.

Schlossnagle said Arnold's presence and play in the center field make TCU a dangerous team.

"Most good teams are

strong in the middle of the field. We've got that," Schlossnagle said.

Schlossnagle said he predicts to start the season with junior Matt McGuirk in right field and freshman Aaron Schultz in left.

McGuirk, a hometown product who went to Arlington Heights High School, returned from a medical redshirt last year and started 25 games as designated hitter and one in left field.

The lefty has had two shoulder surgeries in the past two years, and as a result has not been able to play at maximum potential, Schlossnagle said.

"McGuirk played last year, but really was never at 100 percent," Schlossnagle said.

McGuirk, who has only been able to play as a support player since his surgeries, is going to need to become more of a run producer this season, Schlossnagle said.

The predicted left fielder, Aaron Schultz, is a freshman playing his first year of college baseball.

Arnold said Schultz is prob-

ably more of an infielder but expects great numbers from him.

"He's going to play a lot of left field and he's a really good hitter, great swing," Arnold said.

During Schultz's junior year in high school he led his team in the spring in home runs, RBIs and doubles.

The right field position will most likely feature a rotation or platoon of players, Schlossnagle said.

Juniors Matt Vern and Chris Ellington, as well as senior Steve Ellington could all see time in the outfield this season.

Vern started 55 games last season and is primarily used as a first baseman.

Schlossnagle said he expects Vern to start the season at first, but a time in the outfield is a possibility.

Arnold said he thinks Vern will see some time in the outfield this year in right field.

"I don't want to jinx him or anything, but I predict a great year," Arnold said. "I really think he's going to drive the ball this year, hit more home runs and he's a really good outfielder too."

Chris Ellington is another possibility to get some innings in right.

In his first year at TCU since transferring from Gray-

son County College, Chris Ellington said it's a good thing the team has so many options for outfield.

"If somebody's not getting the job done we have a lot of different options to go to get people to produce," he said.

Steve Ellington, who has no relation to Chris Ellington, started 16 games in left field last season.

Although Steve Ellington isn't necessarily a potent hitter, batting only .200 last season in 65 at-bats, he makes up for it with his defensive skills. He finished last season without an error in 20 chances.

Arnold said one of the team's bigger strengths is that it has so many players able to make the switch from infield to outfield.

"We've got a lot of flexibility, guys that can play a lot of positions," Arnold said. "We can adapt to things, God forbid injuries and things like that."

This year's outfield has a lot of unknowns and one team leader.

But that team leader, Arnold, said he knows good things are going to happen with this group.

"We're going to really surprise some people," Arnold said.



Senior Chris Ellington is playing his second season for the Frogs. The outfield is led by senior center fielder Clint Arnold, while left and right field will use a rotation of players.

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Baseball Schedule

02/22/08	vs. Cal St Fullerton	Fort Worth	6 p.m.
02/23/08	vs. Cal St Fullerton	Fort Worth	2 p.m.
02/24/08	vs. Cal St Fullerton	Fort Worth	1 p.m.
02/26/08	vs. Dallas Baptist	Fort Worth	6 p.m.
02/29/08	vs. Minnesota	Minneapolis	6 p.m.
03/01/08	vs. Pepperdine	Minneapolis	12 p.m.
03/02/08	vs. Tulane	Minneapolis	11 a.m.
03/04/08	vs. Texas-Arlington	Fort Worth	6 p.m.
03/05/08	vs. Texas State	Fort Worth	6 p.m.
03/07/08	vs. Ole Miss	Fort Worth	6 p.m.
03/08/08	vs. Ole Miss	Fort Worth	2 p.m.
03/09/08	vs. Ole Miss	Fort Worth	1 p.m.
03/11/08	vs. Prairie View A&M	Fort Worth	6 p.m.
03/12/08	vs. Prairie View A&M	Fort Worth	6 p.m.
03/14/08	at Wichita State	Wichita, Kan.	7 p.m.
03/15/08	at Wichita State	Wichita, Kan.	2 p.m.
03/16/08	at Wichita State	Wichita, Kan.	1 p.m.
03/18/08	vs. Mcneese State	Fort Worth	6 p.m.
03/20/08	vs. New Mexico	Fort Worth	6 p.m.
03/21/08	vs. New Mexico	Fort Worth	6 p.m.
03/22/08	vs. New Mexico	Fort Worth	2 p.m.
03/24/08	vs. Dallas Baptist	Frisco	6 p.m.
03/25/08	vs. Texas A&M		
	Corpus Christi	Fort Worth	3 p.m.
	vs. Texas A&M		
	Corpus Christi	Fort Worth	TBD
03/28/08	at UNLV	Las Vegas	8 p.m.
03/29/08	at UNLV	Las Vegas	4 p.m.
03/30/08	at UNLV	Las Vegas	3 p.m.
04/01/08	vs. Baylor	Fort Worth	6 p.m.
04/02/08	at Texas State	San Marcos	6 p.m.
04/04/08	vs. Air Force	Fort Worth	6 p.m.
04/05/08	vs. Air Force	Fort Worth	2 p.m.
04/06/08	vs. Air Force	Fort Worth	1 p.m.
04/08/08	at Baylor	Waco	6 p.m.
04/11/08	vs. UNLV	Fort Worth	6 p.m.
04/12/08	vs. UNLV	Fort Worth	2 p.m.
04/13/08	vs. UNLV	Fort Worth	1 p.m.
04/15/08	vs. Oklahoma	Fort Worth	6 p.m.
04/17/08	at BYU	Provo, Utah	8 p.m.
04/18/08	at BYU	Provo, Utah	8 p.m.
04/19/08	at BYU	Provo, Utah	2 p.m.
04/21/08	at Dallas Baptist	Dallas	6 p.m.
04/22/08	at Oklahoma	Norman, Okla.	7 p.m.
04/25/08	at San Diego State	San Diego	8 p.m.
04/26/08	at San Diego State	San Diego	3 p.m.
04/27/08	at San Diego State	San Diego	3 p.m.
04/29/08	vs. Texas A&M	Fort Worth	6 p.m.
04/30/08	at Texas-Arlington	Arlington	6 p.m.
05/02/08	vs. Utah	Fort Worth	6 p.m.
05/03/08	vs. Utah	Fort Worth	2 p.m.
05/04/08	vs. Utah	Fort Worth	1 p.m.
05/10/08	vs. Texas-Pan American	Fort Worth	6 p.m.
05/11/08	vs. Texas-Pan American	Fort Worth	1 p.m.
05/12/08	vs. Texas-Pan American	Fort Worth	6 p.m.
05/15/08	at New Mexico	Albuquerque, N.M.	1 p.m.
05/16/08	at New Mexico	Albuquerque, N.M.	1 p.m.
05/17/08	at New Mexico	Albuquerque, N.M.	1 p.m.

Track & Field Schedule



DATE	OPPONENT / EVENT	LOCATION
02/01/08	Kentucky Invitational	Lexington, Ky.
02/02/08	Kentucky Invitational	Lexington, Ky.
02/15/08	Tyson Invitational	Fayetteville, Ark.
02/16/08	Tyson Invitational	Fayetteville, Ark.
02/28/08	Mountain West Indoor Championships	USAF Academy, Colo.
02/29/08	Mountain West Indoor Championships	USAF Academy, Colo.
03/01/08	Mountain West Indoor Championships	USAF Academy, Colo.
03/07/08	Last Chance Meet	TBA
03/08/08	Last Chance Meet	TBA
03/14/08	NCAA Indoor Championships	Fayetteville, Ark.
03/15/08	NCAA Indoor Championships	Fayetteville, Ark.
03/22/08	Horned Frog Invite	Fort Worth
03/29/08	UTA/Bobby Lane Arlington Invitational	Arlington
04/03/08	Texas Relays	Austin
04/04/08	Texas Relays	Austin
04/05/08	Texas Relays	Austin
04/12/08	John Jacobs Invitational	Norman, Okla.
04/18/08	TCU Invitational	Fort Worth
04/19/08	TCU Invitational	Fort Worth
04/24/08	Penn Relays	Philadelphia
04/25/08	Penn Relays	Philadelphia
04/26/08	Penn Relays	Philadelphia
05/02/08	Arkansas Twilight	Fayetteville, Ark.
05/14/08	Mountain West Outdoor Championships	Fort Worth
05/15/08	Mountain West Outdoor Championships	Fort Worth
05/16/08	Mountain West Outdoor Championships	Fort Worth
05/17/08	Mountain West Outdoor Championships	Fort Worth
05/30/08	NCAA Midwest Regional	Lincoln, Neb.
05/31/08	NCAA Midwest Regional	Lincoln, Neb.
06/11/08	NCAA Outdoor Championships	Des Moines, Iowa
06/12/08	NCAA Outdoor Championships	Des Moines, Iowa
06/13/08	NCAA Outdoor Championships	Des Moines, Iowa
06/14/08	NCAA Outdoor Championships	Des Moines, Iowa
06/27/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
06/28/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
06/29/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
06/30/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
07/01/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
07/02/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
07/03/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
07/04/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
07/05/08	2008 U.S. Olympic Team Trials	Eugene, Ore.
07/06/08	2008 U.S. Olympic Team Trials	Eugene, Ore.

Rifle Schedule

DATE	OPPONENT / EVENT	LOCATION	RESULT
01/19/08	vs. Mississippi	Fort Worth	W 4641-4627
01/26/08	at Nebraska	Lincoln, Neb.	W 4637-4554
02/02/08	vs. Air Force	Fort Worth	
02/09/08	at UTEP	El Paso	
02/16/08	NRA Regionals & NCAA Qualifier	Fort Worth	
03/14/08	NCAA Rifle Championships	Fort Worth	

Men's Tennis Schedule

Date	Opponent / Event	Location	Time
02/02/08	at Texas-San Antonio	San Antonio	10 a.m.
	vs. St. Edward's	San Antonio	3 p.m.
02/04/08	vs. Idaho	Fort Worth	2 p.m.
02/06/08	vs. Texas-Arlington	Fort Worth	2 p.m.
	vs. Abilene Christian	Fort Worth	6 p.m.
02/11/08	vs. Dallas Baptist	Fort Worth	2 p.m.
	vs. Texas A&M		
	Corpus Christi	Fort Worth	6 p.m.
02/17/08	vs. Texas Tech	Fort Worth	2 p.m.
02/23/08	vs. Minnesota	Fort Worth	2 p.m.
02/24/08	vs. Oklahoma State	Fort Worth	2 p.m.
03/05/08	vs. Oklahoma	Fort Worth	6 p.m.
03/08/08	at Texas A&M	College Station	1 p.m.
03/10/08	at Wisconsin	Madison, Wis.	3 p.m.
03/12/08	at Illinois	Champaign, Ill.	6 p.m.
03/14/08	vs. Wake Forest	Fort Worth	6 p.m.
03/18/08	vs. Columbia	Fort Worth	6 p.m.
03/21/08	at Fresno State	Fresno, Calif.	3 p.m.
03/22/08	at Pepperdine	Malibu, Calif.	3 p.m.
03/27/08	vs. Air Force	Las Vegas	4 p.m.
03/28/08	vs. BYU	Las Vegas	12 p.m.
03/29/08	at UNLV	Las Vegas	12 p.m.
04/10/08	vs. Utah	Provo, Utah	2 p.m.
04/11/08	vs. San Diego State	Provo, Utah	11 a.m.
04/12/08	vs. New Mexico	Provo, Utah	11 a.m.
04/16/08	at SMU	Dallas	2 p.m.
04/24/08	MWC Championships	Fort Worth	TBD
04/25/08	MWC Championships	Fort Worth	TBD
04/26/08	MWC Championships	Fort Worth	TBD



BRETT LARSON / Sports Editor
Sophomore Margaret Low shoots an air rifle at her target. The rifle still has matches against conference foe Air Force and UTEP before Regionals and the team NCAA Qualifier.

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MEN'S GO

Go

By KYLE ARN
Staff Reporter

The men's golf team look to cap work as in Wednesday's Intercollegiate koala, Ha coach said. Five out ers on the t event, and c said success total team o five golfers their best time, Mont Junior Scheck, s determinin represent t sometimes that the eve This com been evide Frogs' hard the season, their capta pening, Mo Corpenin good leade younger g and his lea through his tigel said. Corpenin as captain takes a lot on himself as well as of encourag ers on the He said i experience

RIFLE

Tea

By REESE GO
Staff Reporter

Going in the women high expect ing six-lett a group th in the nati versity of ago, the te set on loft After inc ings earli son, the te has captu three cons utive wi including first-ever v tory agai Nebraska 4641-46 The te aggre scores for e squad w the highes the year. "I thi starting ou was more e coach Kare think that their menta game. But a gone on, the confidence.

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MEN'S GOLF

Golfers compete for Hawaii

By KYLE ARNOLD
Staff Reporter

The men's golf team will look to capitalize on its hard work as it opens spring play Wednesday at the UH Hilo Intercollegiate event in Wai-koloa, Hawaii, the team's coach said.

Five out of the eight golfers on the team travel to each event, and coach Bill Montigel said success will hinge on a total team effort this year. All five golfers will have to play their best golf at the same time, Montigel said.

Junior golfer, James Sacheck, said the qualifier determining which five will represent TCU in Hawaii is sometimes more competitive than the event itself.

This competitive nature has been evident in the Horned Frogs' hard work throughout the season, and it started with their captain, Franklin Corpening, Montigel said.

Corpening, a senior, is a good leader for some of the younger guys on the team and his leadership is shown through his hard work, Montigel said.

Corpening likes his role as captain, and he said he takes a lot of responsibility on himself to keep morale up, as well as acting as a source of encouragement for all players on the team.

He said his three years of experience have helped a lot,

especially during tough times on the course. He said that he finds it easier to bounce back from a few bad shots now as a senior, more so than when he was a freshman.

Montigel said he likes where his team is both mentally and physically, and he said if the players can keep this up, they have a good shot at doing well this year.

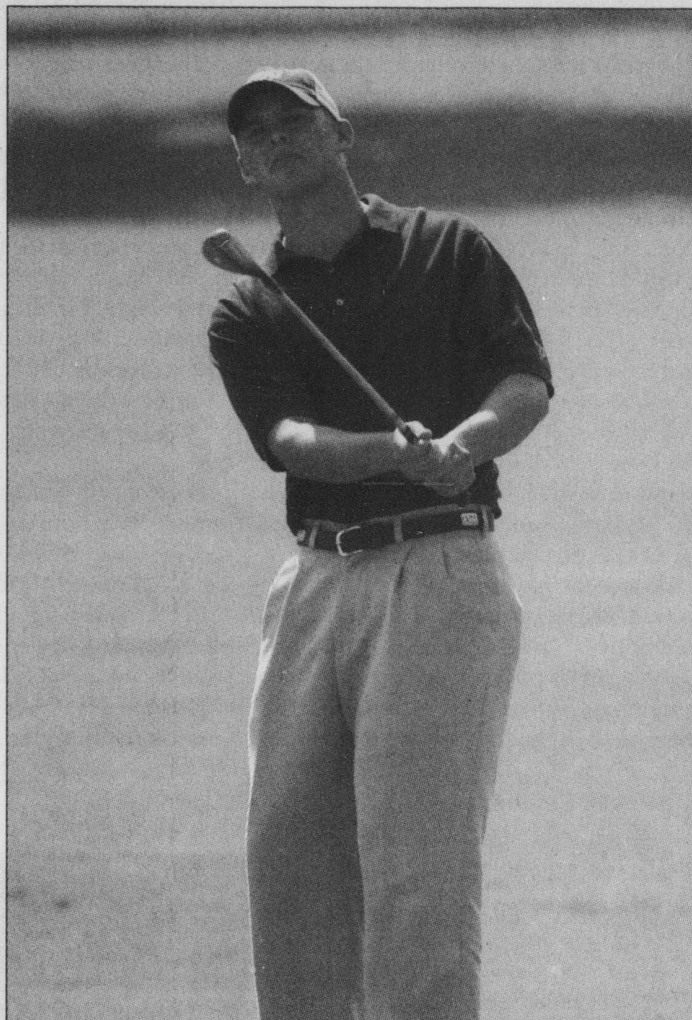
"We've worked out really hard in the mornings with our workout programs, and we have had a lot more structured practices," Montigel said. "I think the kids' attitude is awesome, and if they can keep the same attitude and keep working hard, we will have a real successful year."

Individually, Sacheck has worked extremely hard, and shown improvement this year, Montigel said.

Sacheck attributed his better play to more practice driving the ball off the tee, his short game, a better mental approach and trying to keep risky shots at a minimum.

Montigel said he expects hard work from his players on and off the course. At the start of every school year, the team meets and discusses its goals for the upcoming season.

In addition to conference and NCAA Championship aspiration, Montigel asks his team to try to maintain a 3.0 GPA.



Courtesy of TCU ATHLETICS
Junior James Sacheck is one of the returning members of this year's golf team. He said he is practicing his drives and shortgame for the 2008 season.

On the course, Montigel wants each player to do the best he can and take it one shot at a time.

"If a guy shoots a 64, I try not to get too excited and do cartwheels, but if he shoots

an 80, I am not going to yell at him either," Montigel said.

Montigel and the Horned Frogs have won five conference championships in the last seven years.

WOMEN'S GOLF

Top-10 opponents fill schedule slots

By MARCUS MURPHREE
Multimedia Editor

Consistency is paramount in golf — for the women's program, top-25 finishes when the seasons come to a close are the status-quo under coach Angie Ravaoli-Larkin.

Since entering the Mountain West Conference, the Horned Frogs have earned three consecutive NCAA Regional Tournament bids and have taken a conference championship title.

Following a strong fall with a victory at the Lady Paladin Invitational at Furman University in South Carolina, the team is preparing for a spring schedule that is heavy with ranked opponents, Ravaoli-Larkin said.

"It's going to be challenging with the number of top-10 teams we are playing on a regular basis," she said.

The team currently is ranked No. 28 as the spring tournaments approach, but Ravaoli-Larkin said the team's main goal is getting a postseason berth.

"We are going into each tourney with a goal of winning," she said. "And one of our goals is advancing beyond conference."

The roster is built on a

majority of freshmen and sophomore golfers with six of the nine team members falling into those classes.

However, Ravaoli-Larkin wants leadership from both senior Carrie Morris and sophomore golfer Valentine Derrey, from France, to help guide the team during the 2008 campaign.

"I really look for all my players to step into their own roles," Ravaoli-Larkin said. "Ultimately we're looking for Carrie and Val — even though she's just a sophomore — to step up."

While individual scores help a player's personal record in a tournament, it is the team's overall performance that dictates placement. As a result, Ravaoli-Larkin said she wants Derrey to provide some leadership during team competitions.

"She understands team golf because it's so important in France, and she really brings that into the mix," Ravaoli-Larkin said.

The first tournament of the spring season will take place in Palos Verdes, Calif., during the Regional Challenge competition. One of the teams in the field for the Feb. 11 tourney is the current top-ranked UCLA Bruins.

RIFLE

Team negates fall losses with current streak

By REESE GORDON
Staff Reporter

Going into this season, the women's rifle team faced high expectations. Returning six-letter winners from a group that tied for No. 5 in the nation with the University of Nebraska a year ago, the team has its sights set on loftier goals.

After inconsistent showings earlier in the season, the team has captured three consecutive wins, including its first-ever victory against Nebraska, 4641-4627. The team aggregate scores for each squad were the highest of the year.

"I think starting out this year there was more expectation," head coach Karen Monez said. "I think that kind of affected their mental approach to the game. But as the season has gone on, they've gained some confidence. They've come to

realize that they are capable of shooting the scores they can win the NCAA (championship) with."

Sophomore Lauren Sullivan, who shot 574 in small-bore and 584 in air rifle against Nebraska, said the win over the Cornhuskers may be indicative of where the team is heading.

"I definitely think it was a turning point for the year," Sullivan said. "We had all struggled for a semester and were starting to worry about the NCAA's and everything. After break, we all came back fresh and ready to go."

Lauren Sullivan
sophomore

In November and December, the team dropped matches against Jacksonville State, Alaska-Fairbanks and Army.

As the NCAA qualifying matches draw near, sophomore Emily Paper said the team knows that it needs to

turn in quality scores. Paper tallied an overall score of 1164 against Nebraska.

"We're definitely trying to peak when it's important and try to shoot more quality scores," Paper said. "But also this year, because we did so well last year, we're shooting against all the top schools in the nation."

While the team has enjoyed recent success and holds the long-term goal of placing in the top three at the NCAA championship, Sullivan said the focus should be on the present.

"I think you can break it down to a shot-by-shot basis," Sullivan said. "You have to refocus for every shot. Otherwise it will all go down hill from there."

Every shooter on the team has the responsibility of preparing for a match, but Monez has helped build the team's mental approach.

"A shot has nothing to do with what just happened and each shot has nothing to do with what's ahead," Monez said. "I try to stay positive and give them positive reinforcement when they do well."

In addition to the improved shooting of Paper and Sullivan, sophomore Erin Lorenzen and junior Tanya Gorin have continued to pace the team. Lorenzen held

the team's highest air rifle average as a freshman in 2006-2007.

She finished sixth overall against Nebraska, with an aggregate score of 1153.

Gorin scored 545 in small-bore and 563 in air rifle, respectively.

The next match for the rifle team is Feb. 2 against Air Force at home.



BRETT LARSON / Sports Editor
Sophomore Erin Lorenzen practices with a smallbore rifle. After a slow start to the season, the team has picked up ground, winning its last three matches including one against the University of Nebraska for the first time in team history.

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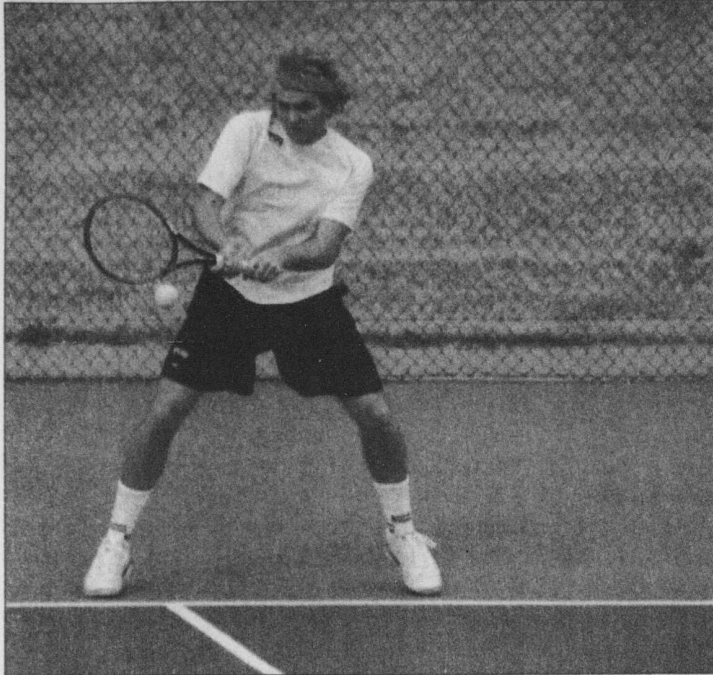
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MEN'S TENNIS

Veteran leadership to guide youthful tennis squad



Junior Kriegler Brink returns a shot from his own baseline in a match against UT-Pan American last spring. He was on a nationally-ranked doubles team in 2007.

By CHARLES RICE
Staff Reporter

The men's tennis team entered the season as a group of mostly young and untested players, but this youth has produced results and a common bond that is one of the squad's biggest strengths.

The team is one of the youngest in the nation, head coach Dave Borelli said, but his confidence in the team is high. The team comprises six freshmen, one junior and one senior.

Instead of letting the team's youth be an obstacle to overcome, the group is embracing it.

"It's been a lot of fun. All these guys come in, they are all fresh," sophomore Caleb Bulls said. "Everyone wants to do well and it has been a lot of fun because we can really establish the attitude we want."

Borelli said he isn't worried about the lack of seniority.

"I look at it as positive. Everyone is really eager, hungry and excited," Borelli said. "It's all new to them and it's an opportunity for

them to stamp their type of attitude, tradition and heritage to their program."

The team wasn't very good last year, but this year's players have the opportunity to make their identity as a team, Borelli said.

"It's fun to start a new tradition and a winning program," Borelli said. "They are the pioneers."

One person on the team who isn't lacking experience is senior Cosmin Cotet, who is ranked No. 27 in the nation by the Intercollegiate Tennis Association. Instead of feeling added pressure because of the team's youth, he said he is enjoying it.

"It gives me a lot of confidence," Cotet said.

Cotet already notched wins over three top-ranked players during last semester's fall season, including an upset victory over then No. 2-ranked Steven Moneke of Ohio State.

Cotet has also found success with his doubles partner Kriegler Brink, earning a pre-season ranking of No. 43.

Doubles matches are something the team is really trying to focus on this sea-

son, Borelli said.

"I think we have the potential to be really good in (doubles) where we can compete with anyone in the country," Borelli said. "We are capable of winning at one or two or other positions, particularly down at the bottom of the lineup, I think we are going to be stronger."

The team only won 10 matches of 44 possible matches at the five and six spots last year, but the team did post a winning record at the one through four spots.

"We weren't experienced enough down at the bottom," Borelli said. "This year we are more experienced and solid all the way through."

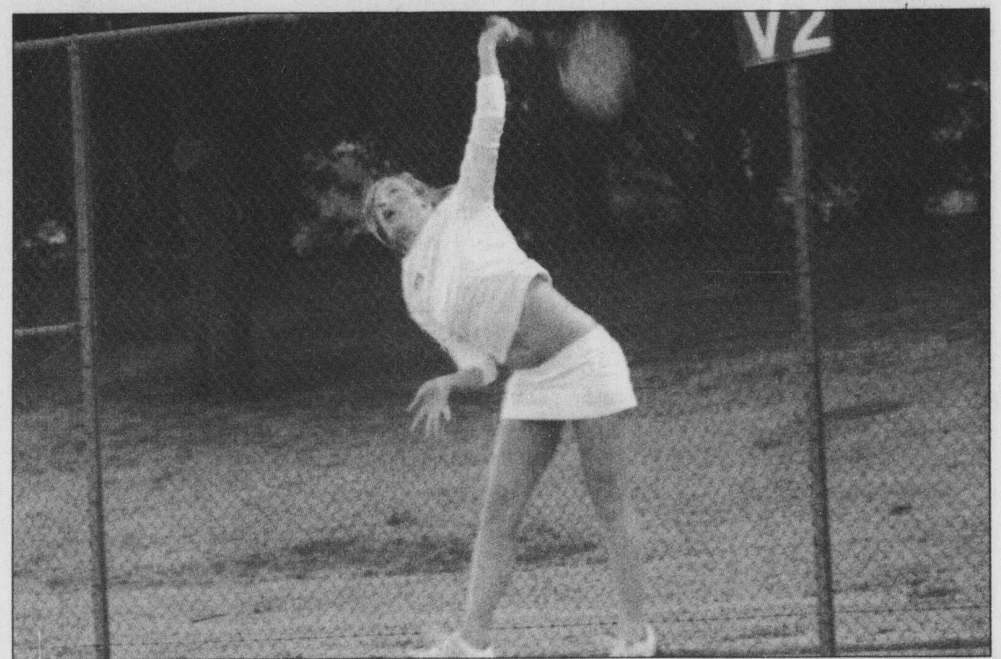
The team has a lot of good opportunities outside of conference play this semester, and the goal is to win conference as well, Bulls said.

The first tournament of the semester is Feb. 2, against the University of Texas at San Antonio and St. Edward's University.

"I think we are going to be a lot better than our pre-season ranking," Borelli said.

WOMEN'S TENNIS

DATE	OPPONENT/EVENT	LOCATION	TIME
02/09/08	at Texas	Austin	12 p.m.
02/13/08	at North Texas	Denton	3 p.m.
02/16/08	vs. Texas A&M	Fort Worth	12 p.m.
02/20/08	at Baylor	Waco	5 p.m.
02/24/08	vs. William & Mary	Fort Worth	10 a.m.
02/27/08	vs. SMU	Fort Worth	6 p.m.
03/01/08	vs. Texas Tech	Fort Worth	12 p.m.
03/03/08	vs. Fresno State	Fort Worth	2 p.m.
03/06/08	at Wake Forest	Winston-Salem, N.C.	2 p.m.
03/08/08	at VCU	Richmond, Va.	10 a.m.
03/11/08	at Auburn	Auburn, Ala.	2 p.m.
03/13/08	at Mississippi	Oxford, Miss.	1 p.m.
03/16/08	vs. Virginia	Fort Worth	12 p.m.
03/22/08	vs. Oklahoma	Fort Worth	12 p.m.
03/28/08	vs. Colorado State	Fort Worth	6 p.m.
03/29/08	vs. Air Force	Fort Worth	10 a.m.
03/30/08	vs. Wyoming	Fort Worth	10 a.m.
04/04/08	at UNLV	Las Vegas, Nev.	12 p.m.
03/30/08	vs. Wyoming	Fort Worth	10 a.m.
04/04/08	at UNLV	Las Vegas, Nev.	12 p.m.
04/05/08	vs. San Diego State	Las Vegas, Nev.	12 p.m.
04/11/08	vs. BYU	Albuquerque, N.M.	TBD
04/12/08	vs. Utah	Albuquerque, N.M.	TBD
04/13/08	at New Mexico	Albuquerque, N.M.	12 p.m.
04/23/08	MWC Championships	Fort Worth	TBD
04/24/08	MWC Championships	Fort Worth	TBD
04/25/08	MWC Championships	Fort Worth	TBD
04/26/08	MWC Championships	Fort Worth	TBD



Nina Munch-Soegaard serves in a doubles match against Baylor University. She was recently named Tennis Athlete of the Year by the Panhandle Sports Hall of Fame.

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