

Eaters Digest

QUICK MUSHROOM SAUCE

Good mushroom sauce makes dozens of things more interesting to the palate. Just add blended butter and flour to a tin of Heinz home-recipe cream of mushroom soup, stir and cook until thickened—and in minutes you have a gravy good enough for royalty.

SINKER SWIM

If you want to keep your doughnuts crisp and greaseless, put a teaspoon of Heinz vinegar into the cold fat. That will prevent any sinker from absorbing grease!

KING OF FEASTS

Here's a recipe developed by an amateur male foodster which has made him famous as a conjurer of feasts. He cooks a tin of Heinz home-recipe mock turtle soup until it thickens a bit—then tosses into it some diced veal which has been simmered to tenderness, and whatever leftover vegetables he has on hand. That is all. Then he sits by and bows to applause.

SCRAMBEANS

Scrambled eggs take on a hearty, masculine quality when into the skillet with the eggs goes a tin of Heinz oven-baked beans, to be scrambled with the eggs.

TASTY TARRAGON

Adventurous saladeers have discovered new flavor heights in dressings concocted with Heinz tarragon vinegar, which is a blend of fine malt vinegar and distilled white vinegar delightfully infused with that pungent aromatic herb, tarragon, then aged in the wood for many months before it is bottled.

\$5 REWARD If you have any smart, original recipes or interesting facts about the 57 Varieties, let Demi Tasse in on your discoveries. You'll get a check for five dollars if your contribution is printed. Mail to Demi Tasse, c/o The House of Heinz, Pittsburgh.

SOUP PICKLE

For the customary lemon slice on jellied consommé, many a hostess is substituting a slice of Heinz fresh cucumber pickle, which not only provides the needed tartness, but also lends a delightful touch of spiciness to the cold soup.

—Demi Tasse

TRANSPORT

Post's Plane

At Seattle last month on his way north into Alaska with Will Rogers, Wiley Post changed the landing gear of his new plane to pontoons. Arrived at Fairbanks, he remarked to Joe Crosson that nose-heaviness on take-offs and landings had resulted. This and the formation of ice in the carburetor were the probable reasons for the tragic crash, announced Air Commerce Director Eugene L. Vidal last week in a careful report which completely exonerated Wiley Post of any blame.

Other findings: 1) Post & Rogers "could not be considered careless" in their "reported indifference to weather reports" since they were traveling by "contact flying"—i. e. turning back and landing whenever bad weather threatened; 2) the Eskimo report that the plane had fallen from about 50 ft. was probably wrong. From the condition of the wreckage, it appeared that Post had risen to about 200 ft., was banking in a logical maneuver to avoid the low ceiling at that height, could not keep control of the nose-heavy plane when the motor suddenly cut out.

Cruise

Month ago, the Cunard White Star liner *Laurentic* suffered a minor collision as she left England on a Mediterranean cruise, had to transfer her passengers to the *Doric* of the same line. Last week, this 16,484-ton vessel was churning blithely back from Gibraltar in a woolly fog 36 miles off Portugal. Since it was 3:15 a. m., most of her crew and passengers were asleep. Suddenly, they were jolted wide awake as the squat French freighter *Formigny* plowed into the *Doric*, dealt her an 18-ft. gash at the waterline below the bridge. Speedily, Captain Grieg issued an SOS, ordered his 520 passengers & some crew members into the lifeboats, whence they were soon picked up by the *Orion* and the *Viceroy of India*, carried on toward England. The *Doric* and the *Formigny* limped to Vigo and Lisbon for repairs.

London Omnibus

Supreme over all London's buses, coaches, trams, suburban & underground railways is the London Passenger Transport Board of seven. Created in 1933, it is a Government bureau in charge of co-ordinating all London transport lines within 30 miles of Charing Cross, has power over salaries, equipment, elimination of unneeded competition, establishment of new routes, etc., but leaves the actual management in private hands. Since the companies under its control gain cheap credit, stability, and profits proportionate to their value, the Board has been universally welcomed.

Constantly striving for new efficiency, it has lately been scanning the fuel costs of its 6,000 buses and coaches, 850 of which use Diesel engines. Last week, on the basis of these tests, it announced it would buy no more gasoline-driven vehicles, would make all future contracts for oil-burning, Diesel-engined equipment, which it found much less expensive to operate.

DO AS DOCTORS DO

More than 50,000 Doctors Recommend and

USE PLUTO WATER

Quicker, Safer Relief from CONSTIPATION



When a doctor is constipated, what does he take for relief? That ought to prove how safe, how gentle, how effective a laxative is.

Now more than 50,000 doctors use Pluto Water themselves to keep "regular." And—recommend it for their patients. For they know that Pluto is the sure way to eliminate dangerous accumulated poisons. They know it is not a habit-forming medicine. They know its action is gentle and quick.

WHAT DOCTORS SAY

Dr. H. A. O. of Wisconsin, writes: "I not only prescribe Pluto almost daily, but use it personally." Your own doctor, too, will tell you there is nothing better. That's why you also can always depend on this famous laxative.

So, when constipated, *do as doctors do*. Follow the gentle "water way" to relief. Take the tasteless, non-habit-forming dose—1/5 glass Pluto with 4/5 hot water. In one hour or less you'll get sure but gentle relief!

Pluto Water is simply a saline laxative mineral water bottled at famous French Lick Springs, Indiana. All drug stores have it. Two sizes—25c and 50c. Two hundred million bottles of Pluto have been used—millions more each year. The most economical, most effective laxative you can buy!



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