

## **2019 Native American & Indigenous Peoples Health & Wellness Fair Topics & Teachers:**

- **Plants as medicine**

Annette Anderson (Chickasaw and Cherokee) is a Licensed Clinical Social Worker and a member of the Council for the [Indigenous Institute of the Americas](#) (IIA), located in Plano, TX. She is the founder of the IIA Seed Protector Education initiative which helps youth as well as adults grow through an understanding of the connection between plants and humans to the preservation of Native life ways.

- **Diabetes/Diabetes prevention and education - A Pre-Colonial Perspective**

Helen Bradbury, BA, RN, CCP, is a Registered Nurse and Certified Health Coach, with over 20 years-experience supporting people with long term conditions. From 2010-2017, she was the Diabetes Coordinator for the Special Diabetes Program for Indians at the Urban Inter-Tribal Center of Texas (located in Dallas).

- **Traditional Indigenous medicines**

J. Albert Nungaray (Puebloan) was a summer camp instructor at the El Paso Museum of Archaeology from 2010-2014, where he taught ancient tools, techniques, and medicines. He graduated from Texas Christian University in 2017 with a BA in History and Anthropology and was a founding member and officer of TCU's Native and Indigenous Student Association. He is currently working in the University of Texas at Arlington Transatlantic History PhD program.

- **Art as wellness**

Brian Larney is a Choctaw/Seminole artist whose art has been exhibited in a variety of places, including the Family Place in Dallas, the Mississippi Choctaw Museum in Choctaw, MS, the Choctaw Nation's Capital Museum, and the Oklahoma Choctaw Nation Headquarters. He also is president of [American Indian Heritage Day in Texas](#), a Dallas-based educational group responsible for the Texas legislature designating the last Friday in September as American Indian Heritage Day in Texas.

- **Spirituality and well-being**

Chebon Kernell is a member of the Seminole Nation of Oklahoma, a traditional leader of a Muscogee/Creek ceremonial ground, and the Executive Director of the Native American Comprehensive Plan for the United Methodist Church.

- **Inter-generational trauma**

Sandra Galindo Blackbear is a member of the Kiowa Tribe of Oklahoma, has lived in Dallas since 1963, and is a recently retired registered nurse who, among other things,

worked with Native American women, children, and youth at an indigent health care clinic serving Native Americans in Dallas and the surrounding counties.

Johnna James is the Tribal Liaison for the Oklahoma Department of Mental Health and Substance Abuse Services. She is a citizen and enrolled member of the Chickasaw Nation. As an advocate and consultant for Indian country, Johnna's passion includes indigenizing prevention and treatment models and developing trainings and curriculums in a way that they address historical trauma so that they are meaningful and appropriate for indigenous people. Johnna earned her undergraduate degree in Business Administration from the University of Science and Arts of Oklahoma prior to earning her Master's Degree in Native American Leadership from Southeastern Oklahoma State University.

- **Missing and Murdered Indigenous Women**

Jodi Voice Yellowfish (Cherokee, Muscogee/Creek, Oglala Lakota) is a Dallas resident, and works on a variety of issues, including foster parenting and other aspects related to the Indian Child Welfare Act, Missing and Murdered Indigenous Women (MMIW), and representations of Native American peoples.

- **Kinetic Prayer - Dance as Medicine**

Evelio Flores is of Coahuiltecan /Mexican descent, a pipe carrier, Sundancer, and currently leads Mitotiliztli Yaoyollohtli (Heart of the Warrior) Aztec Dance group. He co-founded Kalpulli Tonalpilli (Temple of Precious Sun) Native American Church in 2005 as a means of practicing and preserving the cultural traditions of the Indigenous Ancestors.

- **Suicide prevention and drug and alcohol abuse**

[Shelby Rowe](#), a member of the Chickasaw Nation, is the suicide prevention program manager for the Oklahoma Department of Mental Health and Substance Abuse Services, and the 2016 Chickasaw Nation Dynamic Woman of the Year. A public health professional, crisis intervention expert and suicide attempt survivor, Ms. Rowe has been a leader in the suicide prevention movement at the local, state and national level since 2007.

- **Indian Health Service**

Indian Health Service is an agency within the U.S. Department of Health and Human Services that is responsible for providing federal health services to American Indians and Alaska Natives. Barbara Roland, a member of the Cherokee Nation, is the Director of Behavioral Health for the Oklahoma City Area of the Indian Health Service, which covers Kansas, Oklahoma, and Texas. She is a Licensed Professional Counselor – Supervisor and consults with federal, tribal, and urban Indian clinics serving American Indian and Alaska

Natives. She has provided leadership in suicide prevention services and suicide survivor recovery for twenty years.

- **Chickasaw Nation Department of Health**

The [Chickasaw Nation](#), with its headquarters located in Ada, Oklahoma, provides a large variety of health and wellness services and resources for its citizens (see the [Chickasaw Health Information Center](#)). Drucilla DeCoteau will discuss the Define Your Direction initiative and Heather Summers will represent the overall Chickasaw Nation Department of Health. Define Your Direction (DYD) is the Chickasaw Nation's Prevention Program, funded by a Partnerships For Success grant. DYD uses a multi-pronged approach to reduce underage drinking, prescription drug abuse and related deaths. It has a media campaign which includes the website [defineyourdirection.com](http://defineyourdirection.com), print media, video and Facebook, Instagram and YouTube. DYD is youth and community driven and has Youth Advisory Councils that play a major role in planning social media messaging, choosing which pro-social activities are implemented, how to incorporate cultural activities and assist with the implementation of all activities.

- **Moncrief Cancer Institute**

A non-profit community-based early detection and support center in Fort Worth that houses UT Southwestern's Harold C. Simmons Comprehensive Cancer Center which provides chemotherapy, cancer imaging, and access to the latest clinical trials. In an effort to provide early detection and support services to everyone who needs them, Moncrief Cancer Institute partners with over 50 hospitals and healthcare providers in more than 30 rural counties across North Texas. At the fair, Moncrief will provide education and screening information on their breast, cervical, and colorectal cancer screenings programs.

- **TCU Nursing**

Since 1946, TCU's Harris College has been educating students for excellence in nursing practice, health care, and educational settings. TCU's Nursing faculty and students will be offering Hands only CPR, stroke risk assessment and using BE-FAST to recognize signs and symptoms of stroke, blood pressure screenings, and information on the DASH diet.