

4th Annual Native American and Indigenous Peoples Day Symposium



Native American and Indigenous Perspectives on Health, Healing, and Well-Being



*“To be sovereign or self-sufficient,
Native peoples must have control
of the life cycle from birth through
death.”*

Dr. Patrisia Gonzales
(Kickapoo, Comanche, and Macehual)
University of Arizona

October 7, 2019

**2:00 PM Lecture: “What Does Healing Entail? Traditional Indian/
Indigenous Medicine (TIM) and Healing Ways”** Palko 130 (Limited Seating)

**4:30-6:00 PM Health and Wellness Fair: Issues in Native American
Communities** BLUU Ballroom

Topics include: Plants as Medicine; Diabetes/Diabetes Prevention and Education: A Pre-Colonial Perspective; Traditional Indigenous Medicines; Art as Wellness; Indian Health Service; Spirituality and Well-being; Inter-generational Trauma; Missing and Murdered Indigenous Women; Suicide Prevention and Drug and Alcohol Abuse; Kinetic Prayer: Dance as Medicine; Moncrief Cancer Institute; TCU Nursing; and Chickasaw Nation Department of Health

**7:00 PM Keynote Address: “Our Ancestors, Our Elders: The Four
Elements and Plants are Our Grandparents”** BLUU Ballroom

Sponsored by Chancellor's Office, Provost's Office, Women and Gender Studies,
and Native and Indigenous Student Association

For further information, contact s.langston@tcu.edu