## IN THE WORLD BUT NOT OF THE WORLD

By

### SHAFAQ N AHMAD

Bachelor of Fine Arts, 1991 Virginia Commonwealth University Richmond, Virginia

Submitted to the Faculty Graduate Division College of Fine Arts Texas Christian University In partial fulfillment of the requirements for the degree of

### MASTER OF FINE ARTS

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Thesis approved:

Major Professor: Jim Woodson

Professor Ronald Watson

Dr Mark Thistlethwaite

Graduate Studies Representative

For the College of Fine Arts

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### BIOGRAPHY

Shafaq Ahmad was born and raised in Pakistan. After completing her Bachelor of Science degree at the Punjab University in Lahore, she left Pakistan at age 20 and lived in England, Iran and Denmark before settling in the United States. She received a Bachelor of Fine Arts degree from Virginia Commonwealth University, in Richmond, Virginia in 1991. The following year she opened an interior design studio/art gallery, Interior Dynamics, Inc., in Richmond, Virginia, which she operated until moving to Texas in 2002. She specialized in residential and commercial interior design and represented local and international artists; she was also the Director and Chief Curator of the gallery.

During this time she designed art glass for Barovier & Toso in Czech Republic from 1995 to 2002, where she worked closely with the glass masters to create hand blown art objects. Her work was represented in the "Ambiente", Frankfurt Germany International Fair", and the New York International Gift Fair, among other venues each year. Her designs were also made by Ajeto Studio, Studio Hut Charlotta and Studio Hut Prince in the Czech Republic and Studio Lindshammar, in Sweden.

After moving to Texas, Ahmad pursued her interest in art at North Lake Community College in Irving and Brookhaven Community College in Dallas, by studying painting, printmaking and photography from 2006 to 2009. She is currently completing a Master of Fine Arts degree in studio arts at Texas Christian University, in Fort Worth. After she finishes her MFA program in the

spring of 2011, she plans to move into her own studio, where she would continue to paint, and keep experimenting with other media to make her work.

Shafaq Ahmad currently lives in Irving, Texas, with her husband Naeem Ahmad.

She has two sons Faisal and Fahd and daughter Shehrazade.

# VITA

## SHAFAQ AHMAD

9510 Valley Lake Lane Irving, TX 75063 Phone: 972 868 9464 Mobile: 214 577 1938 Email: fanoosart@hotmail.com

#### EDUCATION

MFA BFA	2011 1991	Texas Christian University, Fort Worth, Texas Virginia Commonwealth University, Richmond, Virginia Summa Cum Laude
	2008-2009	Brookhaven College, Dallas, Texas, Academic Achievement List
	2006-2008	North Lake College, Irving, Texas
WORKSHOPS	i	
	2009	Printmaking with Timothy High, Assistant Professor University of Texas at Austin, Austin, Texas
		Print making with Tom Reed, Faculty, Washington University, St Louis, Montana
		Painting with Margo Margolis, Professor, Tyler School of Art, New York
	2008	Painting on Glass with David Kittrell, Kittrell Riffkind Art Glass, Dallas, Texas
AWARDS SCHOLARSHI HONORS	PS	
	2011	Finalist, Photographer's Forum, Best of College Photography International Competition, 2011
	2009	Graduate Assistant ship, Texas Christian University, Fort Worth, Texas
		Purchase Award, Brookhaven College, Dallas, Texas
		Forum Gallery, Brookhaven College, First Place Award
		Academic Achievement List, Brookhaven College

	2008	Purchase Award, North Lake College, Irving, Texas
		Texas And Neighbors Regional Art Competition, Irving Arts Center, Irving, Texas, Award
		Finalist, League of Innovation, Mountain View College, Dallas, Texas
		Image selected by Dallas County Community College District for fundraising, Award
	2007	Purchase Award, North Lake College, Irving, Texas
		Images selected by Dallas County Community College District for fundraising, Award
	2005-2006	Member, Grant Review Board, Irving Arts Center, Irving, Texas
	1999-2003	Member, Multi Cultural Advisory Council, Virginia Museum of Fine Arts, Richmond, Virginia
	1996-2000	Vice President, The Collector's Circle, Virginia Museum of Fine Arts, Richmond, Virginia
	2000	Recipient, Residential Design, Category 1, American Society of Interior Designers, Virginia Chapter, First Place Award
		Recipient Residential Design, Category 2, American Society of Interior Designers, Virginia Chapter, Award
	1991	Graduated Summa Cum Laude, Virginia Commonwealth University, Richmond, Virginia
		Member Honor Society of Phi Kappa Phi
		Member Golden Key Honor Society
INTERIOR DESIGN		
	1992-2003	Owner/Designer, Interior Dynamics, Richmond, Virginia Residential, commercial, furniture
ART GALLERY	,	
	1992-1997	Director/Curator, Interior Dynamics, Richmond, Virginia
ART GLASS		
	1993-2004	Designer, Fanoos, Richmond, Virginia

1995-2002 Designer, Barovier & Toso, Vsetin, Czech Republic

2000-2004	Visiting Designer, Ajeto Studio, Novy Bor, Czech Republic
1999-2003	Visiting Designer, Studio Prince, Czech Republic
2000-2003	Visiting Designer, Studio Hut Charlotta, Vsetin, Czech Republic
1997-1998	Visiting Designer, Lindshammar Sweden, Vetlanda, Sweden

#### **EXHIBITIONS**

2011	Moudy Gallery, MFA Thesis Exhibition, Fort Worth, Texas 500 X Gallery, Dallas, Texas
2010	Fort Worth Contemporary Arts, Fort Worth, Texas Twelve Gates Gallery, Philadelphia, Pennsylvania
2009	Gallery 414, Fort Worth, Texas Dallas Art Revue, Bathhouse, Dallas, Texas 500 X Gallery, Dallas, Texas Texas Visual Arts Association, Dallas, Texas
2008	Forum Gallery, Brookhaven College, Dallas Texas Jaycee Park Gallery, Irving, Texas
2007	Sabira Gallery, Dallas, Texas Fort Worth Community Arts Center, Fort Worth, Texas
2006	Sabira Gallery, Dallas, Texas
2004	Fanoos, Dallas International Market Center, Dallas, Texas
2003	Cantoni Furniture and Gallery, Dallas, Texas Cantoni Furniture and Gallery, Houston, Texas Cantoni Furniture and Gallery, Irvine, California Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina Fanoos, Dallas International Market Center, Dallas, Texas
2002	Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina Barovier & Toso, Ambiente Frankfurt International Fair, Frankfurt, Germany
2001	Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina Ambiente Frankfurt International Fair, Frankfurt, Germany
2000	Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina Fanoos, Atlanta Gift Mart, Atlanta, Georgia Barovier & Toso, Ambiente Frankfurt International Fair, Frankfurt, Germany
1999	Fanoos, Javitz Center, New York, New York Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina

	Fanoos, Atlanta Gift Mart, Atlanta, Georgia Barovier & Toso, Ambiente Frankfurt International Fair, Frankfurt, Germany
1998	Fanoos, Javitz Center, New York, New York Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina Fanoos, Atlanta Gift Mart, Atlanta, Georgia Barovier & Toso, Ambiente Frankfurt International Fair, Frankfurt, Germany
1997	Fanoos, Javitz Center, New York, New York Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina Fanoos, Atlanta Gift Mart, Atlanta, Georgia Barovier & Toso, Ambiente Frankfurt International Fair, Frankfurt, Germany
1996	Javitz Center, New York, New York Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina Fanoos, Atlanta Gift Mart, Atlanta, Georgia Barovier & Toso, Ambiente Frankfurt International Fair, Frankfurt, Germany
1995	Fanoos, High Point International Furniture and Accessory Market, High Point, North Carolina

1991 Anderson Gallery, Virginia Commonwealth University, Richmond, Virginia

#### JURIED SHOWS/COMPETITIONS

2011	Photographer's Forum, Best of College Photography International Competition, 2011, catalog
2010	Cross Talk, Texas Christian University, Juror, Vance Wingate, Curator, Texas Women's University, Denton, Texas
	24 <sup>TH</sup> International Juried Art Competition, Contemporary Visual Arts Center, New Jersey, Juror, Susan Kismaric, Curator Museum of Modern Art, New York, New York
2009	Forum Gallery, Brookhaven College, Dallas, Juror, Patricia Meadows, Dallas, Texas
	Texas and Neighbors Regional Art Competition, Irving Arts Center, Juror, Randal Hasson, New York, New York
	Digital, Texas Visual Arts Association, Juror, David Blow, Dallas, Texas
	Chuckles, Texas Visual Arts Association, Juror, Pier Lassard, Dallas, Texas

		Multicultural Show, Texas Visual Arts Association, juror, Sussan Afrasiabian, Director, Dallas, Texas
	2008	Texas and Neighbors Regional Art Competition, Irving Arts Center, juror, Pamela Nelson, Dallas, Texas
		Kiva Gallery, League of Innovation, Mountain View College, Dallas, Texas
		Regional Art Competition, Richardson Civic Art Society, juror, Millie Giles, Dallas, College, Dallas, Texas, catalog
	2007	Let's go Kandinsky, Texas Visual Arts Association, juror, Liz Netherland, Dallas, Texas
		Art Gallery, North Lake College, Irving, Texas
IN PRINT		
	2011	Photographer's Forum Magazine, Best of College Photography, Catalog
	2010	Glasstire, Texas visual art on line, Texas Dallas Art Revue, April , Dallas, Texas News at Brookhaven College, Dallas, Texas
	2009	Star Telegram, December, Dallas, Texas Dallas Art Revue, June, Dallas, Texas Brush Strokes, Texas Visual Arts Association newsletter, Texas News at Brookhaven College, Dallas, Texas
	2008	Brush Strokes, Texas Visual Arts Association newsletter, Texas Irving Journal, Irving, Texas DCCCD News Letter, Texas
	2007	North Lake College News, Irving, Texas
	2000/1	Valassko, Vlastivedna Revue, Czech Republic
	2000	Home Magazine, March Issue
		VAIA, bont VOOR BINNEN, The Netherlands
	1999	Ceramic & Glass", Italy

#### COLLECTIONS

Private	International
Public	North Lake College, Irving, Texas Brookhaven College, Dallas, Texas Fas Mart Corporate Office, Richmond, Virginia

## IN THE WORLD BUT NOT OF THE WORLD

In my work I am intrigued and inspired by mysticism, which is to believe in the unity of Allah, signifying that all creation emerges from one source and eventually goes back to it. It is an all-encompassing unity and nothing exists without it. This belief influences both the conceptual and formal aspects of my work. My mystical thought manifests in the physical reality of my work as it relates to our existence in the Universe. It attempts to convey the realization and acceptance of people of diverse backgrounds and cultures and bridge the disparity to convey the message of sameness and equality. The universal aspect of being the threads of the same human fabric is expressed through my artistic process of layering, adding, subtracting and mark making.

The process involves intuition, experimentation and decisions made at subconscious level. For me, the process of repetitive calligraphic text applied in layers is deeply meditative, when the hand is moving and the heart is in flux, but the soul is still. Each layer intends to create a unique spiritual space for the mind to penetrate, pass through and enter the realm of imagination.

I draw from childhood memories, Arabic, Persian and Urdu literature, and other diverse cultural influences from Pakistan, steeped in rich history and always saturated with colors, textures, and flavors. During my travels around the world and my study of world religions, I have found similarities in religious and mystical thought pointing to universal collective consciousness.

Although I have learned from and appreciated the study of various world religions and believe that mysticism is a universal spirit, which is at the heart of

all religions, personally I am most familiar with the Islamic mysticism or Tasawwaf, or Sufism.

Sufism is based on the wisdom of one's own heart, and strives for union that will bring enlightenment through the chance to know Allah at an intimate level. Once the Sufi sets out on the path toward enlightenment, he or she will be led by an inner light that grows stronger and polishes the mirror of his or her heart with the removal of each layer of the material and transient world, to which the title "In the World but not of the World" refers.

Accompanying the Sufi path Prayer is Zikr, a rigorously disciplined practice of remembering Allah through the constant repetition of and meditation on the divine attributes or other sacred phrases. Only after purification followed by illumination, when the seeker is filled with love and higher wisdom or gnosis, can the seeker achieve unity, the mystical union with Allah that will lift the veil of ignorance and surround the seeker with divine light. The seeker who has achieved unity has passed beyond the veils that stand between him or her and arrived at the final goal. Although, the veils are infinite and every instant in life in this world and for all eternity represents a continual lifting of the veils. Sufis are fully aware of their ambiguous situation as a result of the bewilderment of finding and knowing Allah and of not finding and not knowing at the same time.

For me, the act of making the paintings serves as contemplative process through which I attempt to show the connection of the universal spirit of all living beings. My process always starts in the center of the canvas and spreads out in a radiating fashion. I repeat the process by going back to the center and then

coming out again. The center is the point of origin and the point of final return for all things (Plates 1 and 3).

I focus and am absorbed in the meditative act of painting. The application and choice of colors is primarily instinctive. I choose intense colors to signify an inner light and its outer manifestation. I see color as light of different transparencies, playing the role of inner enlightenment expressed as outer beauty. The Arabic calligraphy is repetitive and it intertwines through the process of layering representing veils that keep us from seeing the ultimate truth, a common origin.

I attempt to express an experience of being embraced by the beauty of the universal spirit through luminosity of color and light, movement through gesture, richness through layering of color, and depth through intertwining mark making. The element of geometric shapes coming through is inspired by the long tradition of geometric Islamic art that manifests beauty through balance and harmony (Plates 5 and 6).

I chose the square as the canvas shape in my work to represent the Perfection of Allah and because the simplicity of the shape points to the humility of a human being and the annihilation of the ego. The calligraphic mark with a sense of forever being repeated in the paintings represents the infinite consciousness. The movement and the energy of the calligraphic marks show the constant state of flux of each thing. The words come from Sufi Zikr or meditation, in which attributes of Allah are rhythmically repeated. I believe that the calligraphy moves from right to left in a circular composition mimicking the movement of the atoms, the circular motion of the planets, which is also repeated symbolically by the

pilgrims around the Kaa`ba, which Muslims believe to be the first temple built to honor Allah, by the prophet Abraham and his son Ismail.

The white writing or woven incantations in the paintings represent a sliver of light piercing through the veils and making a uniform noise like movement as if in the act of meditation (Plates 2, 4 and 9). It also represents the thin sliver of last light remaining just before night and the light that appears just before the sun rises separating day and night and night and day, pointing to the mysteries and realization during the mystic's journey on the spiritual path. The inspiration for the white writing also is reminiscent of the tradition of micrography, a technique developed in the ancient Middle East by scribes who were able to render sacred texts into minute form. The glowing quality of the paintings represents the inner light, the realization of the higher consciousness coming through the veils as if reaching out to encompass the viewer.

In the *Transparent Veils* (Plate 7), a solid cube with transparent cube on top made up of twelve layers of clear acrylic painted with slivers containing minute calligraphic marks is a metaphor for material and spiritual existences coming through the transparent veils and inviting the viewer to participate visually through the layers from all sides. To me the six directions of the cube symbolize The all-encompassing universal consciousness.

As I work I realize that all painting retains an awareness of the history of painting. I draw from Persian miniature paintings, traditional Arabic calligraphy, contemporary Islamic paintings as well as the work of Modern masters including, Wassily Kandinsky, Joan Miro, Piet Mondrian, Paul Klee and the Abstract

Expressionist painter Mark Tobey. The words in my work are based in part on the tradition of automatic writing where phenomenology of calligraphic gesture is poised at the boundaries of verbal and graphic forms of representation and are inscriptions of a living pulsating body. Superimposed words in the painting create different visual planes and as the eye shifts from one plane to the other, a sensation of movement is created: the unexpected color combination adds an effect of brilliance.

Combining the two arts of calligraphy and painting enhances and accentuates each of the other's qualities. Using the words as abstract structures enables the letters to transform themselves into painting. Deconstruction of the word makes it obscure. The script is not easily readable and at some point the word loses its meaning and a new form is born out of this. As the structure of the word is decomposed and the reading is challenged by different orientations and interrupted script, it results in a composition that emphasizes the creative aspect of the artwork over the interpretive one. The compositions strive to be the manifestation of the divine appearing as vehicle for the spiritual ecstasy sought by the mystic seeker. Even when the words are clear the meaning is abstract and the message is somewhat subliminal. In order that such writing manifests its truth, it must be literally unreadable to some extent. The illegibility of words in my work for the Western viewers is easily achieved, as most of them are unable to read the text, but I also intentionally obscure the writing to an extent for those able to read the Arabic alphabet. Obscuring the text generates mystery and another layer to visually pass through to find the legible letters or words, which

demands extra attention from the viewer and, hopefully, piques their interest. My paintings are open to two different readings and in a way this ambiguity represents the two aspects of my identity. It is an encounter between East and West with the intention of an image that is capable of having a wide appeal. One does not need to know the Arabic language to derive pleasure from its lyrical calligraphic marks, and what the viewer is invited to do is to explore the different realities presented that could be defined as intercultural or multicultural. A rhythm is created by the sense of the repetition of the prayers from my childhood and echoes of mystic incantations. The word acts as an isthmus to go through from the world of existence to the world of imagination and thought. Words also play a role in paintings' titles. The titles I choose are inspired by the poetry of mystic poets like Mohammad Iqbal, Fariduddin Attar, Jallaluddin Rumi and others. The dialog between the poetic titles and the work allows the intellectual and spiritual content to submerge the word into painting. The inscription of my title may seem to be ambiguous, but signifies a great deal. In the words of Michael Leaman, the contributing author to the book Art Word and Image, 2,000 years of Visual/Textual Interaction, by John Dixon, David Lomas and Michael Corris, "words in painting have a special meaning, one beyond natural language and communication".

In my painting it is not so important that the meaning be read, but rather, I want the viewer to experience the result of all the elements combined. I am not just dealing with mark making and layers, but with an extended spatial world where calligraphy ends and painting begins. The word is transformed into imagery in a

kind of an imaginary world. The space created hints at the vastness of the universe with all its complexities and the mysterious spiritual space, which is sometimes translucent and some times a denser veil. My work evokes a sense of organized chaos creating flux and energy through back and forth and up and down movement (Plates 5, 6, and 9).

# PLATES

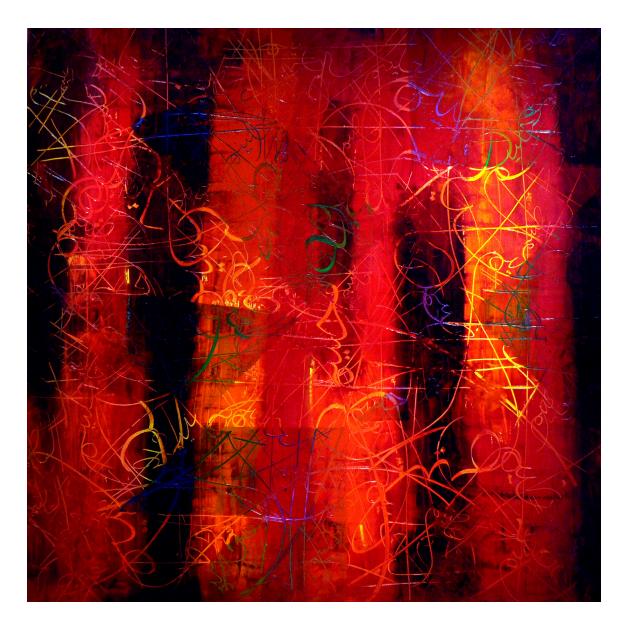


Plate 1. "*Cluster of Roses Spring from the Face of the Fire*" 74 x 74 inches, oil on linen, 2011



Plate 2. "*Firmaments revolve and Merge*" 60 x60 inches, oil on linen, 2011

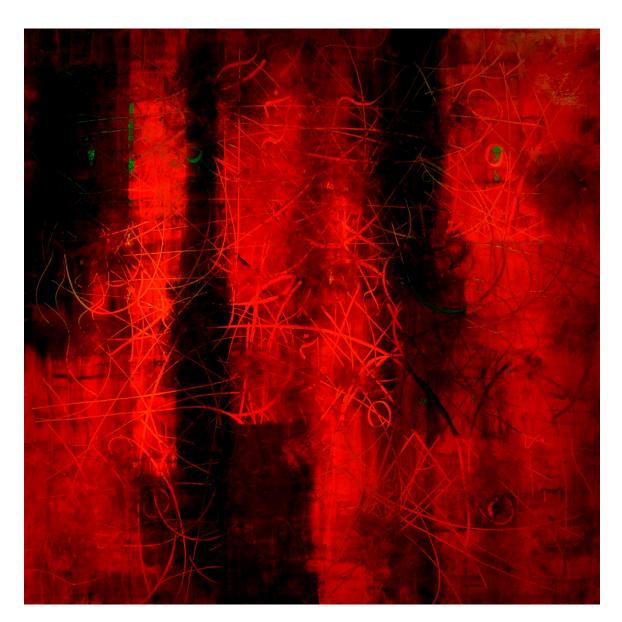


Plate 3. "*Eternity of Before and After*" 74 x 74 inches, oil on linen, 2011



Plate 4. "*Uniform Repose*" 60 x60 inches, oil on linen, 2011



Plate 5. "*When the Veils Dissolve*" 74 x 74 inches, oil on linen, 2011



Plate 6. "*When the Veils Dissolve*" 74 x 74 inches, oil on linen, 2011

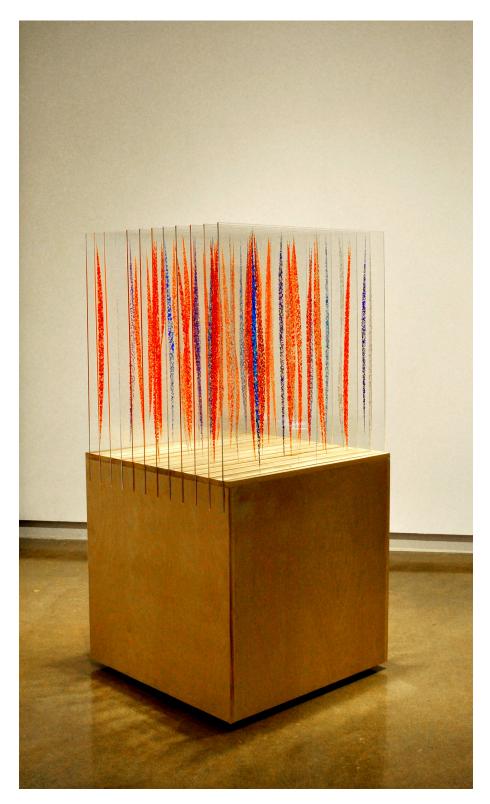


Plate 7. "*Transparent Veils*" 30 x30 x 60 inches, oil, acrylic sheets, wood, 2011



Plate 8. "Hundred Thousand Veils of Light and Darkness" 42 x 210 inches, oil on canvas, 2011



Plate 9. "Veils upon Veils Merge" 54 x 109 inches, oil on canvas, 2011